



KIDS PRAYER & FASTING GUIDE

Hi Kids ☺ We are so proud of you for choosing to fill up on more of God! God is LOVE and He wants you to experience His LOVE in a BIG way. This week, as you are praying and fasting, focus on God's LOVE for you and the seal of approval you have in Jesus. There are verses below for you to read and pray each day. The Bible is the story of God's LOVE for you, so feast on it!

SUNDAY:

- **READ:** Psalm 8:2-5
- **THINK:** What did you discover about God's Love?
- **PRAY:** God, thank you for loving me so much and for looking after me. I praise you for thinking about me and giving me a crown of glory and honor. That means I am created to belong to your family because you love me oh so much. *(use your own words to ask God to show you more about His LOVE for you)*

MONDAY:

- **READ:** Psalm 139:13-15
- **THINK:** What did you discover about God's Love?
- **PRAY:** Lord, thank you for making me so wonderful and amazing. You know everything about me and that means I know I am special. God, I pray that you will tell me some of those precious, priceless thoughts you have about me. *(listen quietly for God to speak to you about what He thinks about you)*

TUESDAY:

- **READ:** Psalm 143:5-6
- **THINK:** What did you discover about God's Love?
- **PRAY:** Holy Spirit, remind me of the good things God has done in my life. I want to remember and think about all the ways God is good. I open and lift up my hands to you in prayer, as a sign, that I am ready to receive all you have for me. I am thirsty and hungry to see you do more in my life. *(tell God some of the things you need His help with)*

WEDNESDAY:

- **READ:** Ephesians 1:4-5
- **THINK:** What did you discover about God's Love?
- **PRAY:** God, it is so marvelous to know that you love me and chose me to be holy, even before you created the world. Thank you, Lord, for wanting me to be a part of your family. As a part of your family, my sins are forgiven and I am who you say I am. *(ask God who He says you are and write down what He tells you)*



THURSDAY:

- **READ:** Exodus 34:6-7
- **THINK:** What did you discover about God's Love?
- **PRAY:** You are the Lord, the God who never gives up on me. You are kind towards me, giving me what I don't deserve. I am so happy that I have your love which forgives all my sins. God, I ask for you to help me in every area that I am struggling with sin. *(tell the Lord you are sorry for any wrong choices you are making and thank Him that His love empowers you to not sin any more)*

FRIDAY:

- **READ:** Romans 8:35-39
- **THINK:** What did you discover about God's Love?
- **PRAY:** Oh, how my heart rejoices in knowing that there is nothing that can ever separate me from your love God. Your love is always with me! God, I ask that you heal my heart of any hurts that I have because of wrong things that have been done to me. Help me to forgive those who have hurt me. Let your love fill up every part of my life that is hurt. *(have someone who loves you join in prayer with you)*

SATURDAY:

- **READ:** John 15:9-12
- **THINK:** What did you discover about God's Love?
- **PRAY:** Father, help me to live like Jesus did. Help me to obey your Word and share your love with others. I know I am a world changer and the greatest way I can change the world is to share your love. *(in your own words, make a promise to God that you will keep loving Him and loving others)*

You did it! You have filled up on God's LOVE! While this is the end of your fasting, for right now, don't let it be the end of your time with God! He wants you to spend your entire life seeking Him and finding Him. Keep treasuring and feasting on His Word. There is so much more He wants you to discover about who He is and who you are in Him! 😊

main street kids.

LOVED | EMPOWERED | WORLD CHANGERS