



We would love to know more about you...

We know that we believe in the blend of feeling safe and familiar, as it makes for a great start to anything new. You might feel "new" now, but as the weeks pass, you will find your swim confidence grows, but lets find out a little about you. Use the space below to draw us a picture or a few sentences from your grown-up of your interests.

Swimming is just around the corner, we would love to know how you are feeling. Are you excited just like us? Don't worry if you feel a little nervous, let your grown up know too. Use the space below, you might want to simply draw us a face. **Your grown up can help you too.**

Note to parents/caregivers: Take a screen shot and email in, so we can pass this information onto their teacher. This will provide us with a visual prompt for anything we need to know and can plan for your child's needs. Or if you would prefer, bring this to your first class, our teachers love drawings and hearing about your child's adventures or indeed challenges.

Name Class time/day

Email: hello@swimworks.co.uk

