

# EXPERIENCES



Natura Cabana  
An eco-conscious escape

# RELAXING AT THE BEACH

## CAYO ARENA

One of the jewels of the Dominican Republic, famous for its diving and snorkeling. It is a coral islet with soft, white sand surrounded by turquoise waters, with a wide variety of coral and tropical fish. Includes beach day and lunch at Punta Rucia, a small fishermen's town. Shopping stop on the way back.



\$30 USD tour with boat + food  
Transportation 1-6 pax: \$200 USD  
Transportation 7-15 pax: \$250 USD

## LAGUNA GRI GRI + PLAYA GRANDE



Start at Laguna Gri Gri, where you will be able to navigate through mangroves, bathe in a natural pool and be amazed by the beauty of the swallow cave. Then you will visit Playa Grande, where you will be able to enjoy a typical Dominican lunch if you wish.

Laguna Gri Gri boat: 2000 RD  
Optional lunch at Playa Grande (not included)  
Transportation 1-6 pax: \$130 USD



# COMPLETE MARINE TOUR

This tour has stops to different beaches and lagoons on the north of the country, where you will find the flora and fauna that define the Dominican Republic.

Everything begins at Laguna Gri Gri, where you will be able to navigate through mangroves, bathe in a natural pool and be amazed by the beauty of the swallow cave. Then you will visit 3 beautiful beaches, starting with Playa Caletón, then an optional lunch at Playa Grande, and a rest at Playa Preciosa.

Finally, a trip to a national park and Laguna Dudú, where you will see 2 cenotes. In one, you can descend by zip-line, and in the other one you can bathe in a relaxing and tranquil area.



Laguna Gri Gri boat: 2000 RD  
Entre fee to Laguna Dudú: \$5 USD  
Optional lunch at Playa Grande (not included)  
Transportation 1-6 pax: \$170 USD



# FUN AT THE BEACH

## TIP TOP CATAMARAN



Enjoy while sailing on a 23-meter Fountain catamaran in Sosua Bay and snorkeling in crystal clear waters with beautiful coral reefs admiring the marine life. Buffet lunch served on board with drinks and some party time!

\$80 USD with buffet lunch  
Transportation included

Practice paddle boarding on the Yásica River! Eat typical food for lunch, use the pool to cool off, and then take a tour of the plantations to learn about local fruits and vegetables.

## STAND UP PADDLE



\$50 USD: paddle, lunch + tour  
\$35 USD: only paddle  
Transportation included





# ADVENTURES IN THE WATER

## 27 CHARCOS



Puerto Plata's most precious adventure: climb the 27 Charcos of Damajagua, offering a day of hiking and adventure through lush forests while crossing bridges and discovering Dominican flora, before reaching the rocky top of a hill from where you will start your journey down, jumping or sliding through a series of waterfalls. You can climb 7 waterfalls, 12 or do the full 27.

7 waterfalls: \$16 USD | with lunch \$20 USD | with lunch + zipline: \$50 USD

12 waterfalls: \$18 USD | with lunch \$25 USD

27 waterfalls: \$18 USD | with lunch \$28 USD | with lunch + zipline \$55 USD

Transportation 1-6 pax: \$130 USD

Transportation 7-15 pax: \$200 USD

## MAGIC MUSHROOM WATERFALL

Climb through spectacular scenery by plunging into spring-fed pools and rappel down a mushroom-shaped waterfall into the blue water. Then, enjoy a Dominican lunch at the camp.



Ask for the price at reception

Minimum 4 people



# ADVENTURES IN THE WATER

## KAYAK BY THE RIVER



\$69 USD pp

Transportation 1-4 pax: \$20 USD pp

Includes 10 km of adventure through jungle and farmland. Paddle to the mouth of the Yásica River where it meets the ocean, having the opportunity to swim in its waters and also swing on ropes. Enjoy a typical Dominican lunch served at a famous local restaurant near the river. Great fun for all ages!

## JUNGLE RIVER TOUR

A tour of a plantation and a mini zoo, followed by a boat ride on the Yasica River where you can admire the flora, fauna and fishermen. A Dominican lunch is served at the plantation.



\$60 USD pp adults

\$45 USD pp kids

Transportation included



# WATER SPORTS

## SURF AT PAUHANA SCHOOL

Get personalized wave surfing lessons at Playa Encuentro: the pride and joy of Cabarete and a blessing to all surfers.



\$50 USD pp per class  
Transportation included

## KITESURF



\$75 USD pp per hour  
Transportation included

Learn to kitesurf in one of the best places in the world, and in the process add some new Dominican slang words to your vocabulary.

### PACKAGES

Standard: \$449 USD  
(6 hours of class + 2 supervisions)

Intensivo: \$649 USD  
(9 hours of class + 4 supervisions)

VIP: \$949 USD  
(12 hours of class + unlimited supervisions)



# FUN OUT OF THE WATER

## PUERTO PLATA CITY

Discover the beautiful city of Puerto Plata with us! Delight your palate in our chocolate factory and intensify your senses in the rum factory. Get to know colonial places, reach the highest point of the city and travel back in time to the San Felipe fortress, among other things!



\$110 USD 1-6 pax

Transportation included for 1-6 pax

## MONKEY JUNGLE



At monkey jungle you can enjoy cool breezes and spectacular views as you glide through the jungle. Animal lovers are enchanted by the squirrel monkeys that roam freely in a botanical garden.

\$40 USD pp monkey tour

\$90 USD pp monkey tour + zipline (adults)

\$75 USD pp monkey tour + zipline (kids up to 11 years old)

Transportation: \$100 USD



# FUN OUT OF THE WATER

## FUNNY BIKES



\$100 USD per buggy  
(1-2 pax)

Transportation included



\$90 USD per  
ATV (1 pax)

Transportation included

A dirt road into the countryside along sugar cane fields where you can observe local life and drive through mud puddles to Playa Bergantín, where you can take a dip in calm turquoise waters.

## PARAGLIDING

Enjoy paragliding with this unique opportunity to fly and enjoy the impressive landscape of the Jarabacoa Valley, in the heart of the country. While you're in the area, Constanta, the "Switzerland of the Caribbean," is well worth a visit at an altitude of almost 4,256 feet in a picturesque valley.



\$60 USD pp

Transportation 1-6 pax: \$250 USD



# BIKE EXCURSION

Kilometers of dirt roads in the countryside, particularly along the old El Choco highway, and within the protected area Parque Nacional El Choco, make Cabarete the ideal place to practice mountain biking. You will be provided with bikes and safety gear, as well as certified guides who will take you on one of the many trails in the area with varying levels of difficulty, including an intense 30-mile enduro trial. It is always a good time for mountain biking, although the months of June to October are ideal since the roads are more empty.



\$60 USD pp

Transportation 1-6 pax: \$24 USD



# WITH ANIMALS

Get to know Samaná and its most faithful visitors: the humpback whales. They migrate every winter to breed in this area, and you can experience a wonderful show put on by Mother Nature. After this, enjoy lunch in Cayo Levantado with white sand and crystal clear waters.

## WHALE WATCHING



January - March

\$69 USD pp: tour + snacks

\$155 USD pp: transportation, tour, breakfast + lunch (min 4 pax)

Private transportation 1-6 pax: \$230 USD

## HORSEBACK RIDING



\$35 USD pp

Ride your horse directly from Natura Cabana, gallop and accelerate on the beach and in the countryside. It's the best way to soak up the sun and views of the beautiful Atlantic Ocean.



# WITH ANIMALS

## OCEAN WORLD

Live a day full of fun with Ocean World Adventure, which includes: lunch, a dolphin show, a sea lion show, feeding and taking photos with lovebirds, observation of iguanas, sharks & fish in the tropical reef aquariums, games for children and swimming & relaxation in the "Pirate Pool". Also includes use of private dolphin beach with beach chairs, among other things.



\$69 USD pp (adults)

\$45 USD pp (kids until 11 years old)

Private transportation 1-6 pax: \$110 USD



# MIXED ENTHUSIASM

## RANCHO EL CONTENTO

Horseback riding and hiking where we want to show you some things of the Dominican Republic, such as the fantastic mountain landscape with rivers, as well as typical Dominican villages and the life of the locals, and a lonely natural sandy beach or... maybe a waterfall? And all this away from tourism, in the deepest calm, to discover and relax.



\$42 USD pp: 2 hours on río tranquilo - all levels  
(includes soft drinks)

\$52 USD pp: 3 hours on the river and mountain - all levels  
(includes soft drinks)

\$62 USD pp: 3.5 hours through towns and the beach - levels 2+3  
(includes soft drinks)

\$85 USD pp: 5.5-6 hours by the mountain and river - levels 2+3  
(includes soft drinks + sandwich)

\$90 USD pp: 5.5-6 hours by towns, beaches and lunch at La Boca - levels 2+3  
(without lunch: \$75 USD pp)

\$119 USD pp: 8 hours on mountains, towns, rivers, beaches and waterfalls  
(includes soft drinks + sandwich)

*Transportation: \$10 USD pp*



# MIXED ENTHUSIASM

## CABARETE CAVES

In El Choco National Park, these caves show an underground network of millions of years. After going down a few steps is the Cueva de Cristal, a cave that houses a very deep freshwater pool. On the surface, you will find other caves with vast chambers and tunnels full of stalactites and stalagmites.



\$25 USD pp

Transportation 1-6 pax: \$40 USD

## ZIP 'N' SPLASH ADVENTURES



3 in 1: visit the 12 waterfalls of Damajagua followed by a delicious lunch cooked over firewood, pump your adrenaline with 8 zip lines with a length of 2460 feet and then relax while horseback riding in the countryside. The day ends with a walk through a tropical garden and petting zoo.

\$130 USD pp adults | \$100 USD pp kids

Transportation included



If you want to do something that is not on our excursions list, please drop by reception and our staff will help you.



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