## From Head Control to **Healthy Adult**

Nature has a particular course of development for our little ones.

We start with very little control of our bodies, unable to really control our head, and can only interact with whatever Mom puts in our face.

As we develop head control, more input reaches the brain because we can look around and choose what we see.

From there, lift our head, sit up, roll over, crawl, walk, run, and eventually get married and have kids!

However, what's important is recognizing that proper head control during infancy is absolutely crucial to normal brain development.

If we have a subluxation during infancy, most commonly from the birthing process, it can not only impact our breastfeeding and cranial shape and development but can also distort the neurological foundation our development is laying!

All children, symptoms or not, should have the opportunity to be checked for subluxation from birth, so they have the best chances of growing into healthy adults!



Proper head control during infancy is crucial for normal neurological development. Chiropractic corrects subluxation, which can cause imbalance during this crucial developmental phase!

