

Retracing for Progression

Our office is blessed to work with people of all shapes and sizes. One of our greatest joys is helping children live at their fullest potential, especially children who are affected by a host of “alphabet soup” neurological and psychological diagnoses that impact kids today, such as autism, ADHD, OCD, ODD, dyslexia, and more.

I was having a conversation with a parent the other day about chiropractic care and her son. He had seen significant improvements in many areas of his behavior and health, but for the past few weeks it “appeared” as though he was “regressing.”

Much of the healing that our body undergoes when participating in neurologically-based chiropractic care occurs because of changing brain pathways. These pathways can affect our posture, development, pain, and ability to move out of a fight or flight response.

Often times, especially when a symptom is present, the proper neurological pathways either have not adequately developed, or have been altered over years of subluxation and other traumas (physically, chemically, and emotionally).

In her son, “regression” appeared because his brain was actually developing pathways that should have happened years prior – so his body and brain began to act in a more primitive fashion until the connections were made and he could progress.

I’m reminded of the concept of “retracing” that so many of us go through with chiropractic care. As our body changes positions, it is not uncommon for us to feel sore, feel old pains we haven’t felt in years, and feel a release of physical, chemical, and especially emotional trauma.

Especially when we may “appear like we are regressing,” that very regression is actually what makes it possible to experience life-altering results in the future.

So if you’re there now – we’re here with you, and it’s temporary. As your body continues to retrace, heal, and develop these new pathways, you’ll be all the healthier and stronger for it.



Often, the temporary appearance of "regression" is what is necessary for our body to truly heal.



© Intellectual property of ChiroEdge



clearfamilieschiropractic.com

(228) 533-2733