

# The Nervous System and Autism

As children age, they learn and grow so that they can become the best adult versions of themselves that they can be. We want our children to have their best chances in life and have unlimited opportunities. We want to ensure they have all of the tools that they need to unleash their unlimited potential from childhood through adulthood.

A three-year-old girl diagnosed with autism spectrum disorder (ASD) was experiencing significant delays in language, sociability, cognitive awareness, and behavior. She was also non-verbal, walked on her toes and was often off-balance, and exhibited temper tantrums when receiving any human touch. She had completed the Autism Treatment Evaluation Checklist (ATEC) and had scored a 105, considered in the 80th percentile of severity. The girl's mother brought her child for chiropractic care to correct subluxation

(interference of the nervous system from misalignments in the spine) and improve her overall quality of life. Over the course of six weeks, the patient was seen and was adjusted as needed to remove and correct subluxation. At six weeks, the patient was retested on the ATEC, and her score had dropped almost in half down to a 63 (30th percentile)!

The mother reported a reduction in symptoms and opted to continue maintenance care. At seven months of care, the patient's ATEC score dropped even lower, to a 32 (10th percentile)! Her most significant improvements over the course of those seven months were in her sociability.

Through improving the function of the nervous system, the child was able to learn and grow at her greatest potential. She was able to experience a higher quality of life while embracing and interacting with the world around her. Her body was given its best chance to function, and the results showed that when we function at our best, we experience life at our best!

Makela, S. K., DC. (2018). Improvements in a three-year-old girl diagnosed with autism spectrum disorder following a trial of chiropractic care: A case report. *Journal of Clinical Chiropractic Pediatrics*, 17(3), 1480-1484.



**Recently published research describes the chiropractic care of a young girl diagnosed with autism spectrum disorder who saw significant improvements in not only health, but also sensory awareness, communication, and sociability!**



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