

Double Ear Infections

80% of children experience at least one ear infection before the age of three, while 40% of children experience multiple ear infections by the age of five. What an astonishing amount of ear infections -- and an even more significant amount of pain, disturbed sleep, and irritability for the children who suffer!

Rather than continually relying on medications with harmful side effects, many families are turning to chiropractic care to promote healing from the inside out. For example, a recent study described the chiropractic care of a one-year-old infant suffering from recurring ear infections previously under the prescription of antibiotics. The child expressed high levels of irritability and disturbed sleep. The child's chiropractor analyzed and detected vertebral subluxations, misalignments of the spine that cause tension and damage on the precious nerves it protects, in the child's upper neck. Throughout the next six weeks, the patient was cared for and adjusted to remove subluxation, and the parents were happy to report non-recurrence and resolution of ear infections!

Because our nervous system controls all functions of the body, including both the function of the immune system and tension on the muscles surrounding the tubes of the ears, any interference causes us to function at less than our best. In order for our body to work optimally to keep us healthy, we need to ensure that there is no interference or interruptions to these functions! Through the removal of subluxation under chiropractic care, we give our body its best chance to heal and function and our overall health increases!

Simon, P., DC, & Alcantara, J., DC. (2019). Resolution of Chronic, Recurrent Bilateral Ear Infections Following Chiropractic Care in a One-year-old Infant: A Case Report & Review of the Literature. J. Pediatric, Maternal & Family Health, 2019(1), 1-5.



80% of children will experience an ear infection before the age of three. Many of these families are turning to chiropractic care to help their bodies heal and function at 100% of their best!



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