Debilitating Pain After Accident: Resolved!

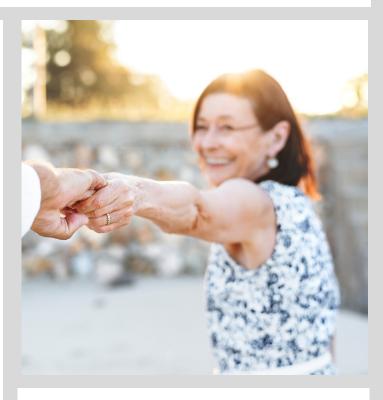Motor vehicle accidents are scary; severe injuries following the accident can last for years. Management of these injuries is crucial and should begin the moment they occur to get to the root cause of the issues. If we locate the cause, we can alleviate the problem at the source!

A 44-year old woman who had been suffering from dizziness, headaches, and neck pain for three years following a motor vehicle accident sought chiropractic care for relief. Her chiropractor analyzed her for vertebral subluxation, misalignments of the spine causing interference in the nervous system, and adjusted her when necessary. Because of the whiplash injury she had sustained three years prior, she had altered the structure of her cervical spine which was causing her body to send improper messages to her brain. After three years of suffering, with chiropractic care focused on corrective nerve interference, she experienced a significant decrease in her whiplash symptoms and an improvement in her vertigo. She went from daily vertigo and debilitating pain to experiencing almost no pain and a substantial reduction in the frequency of her dizziness!

When it comes to problem-solving, it's helpful to consider the problem from all angles to maximize possible solutions. When we have a tool belt full of tools, we want to make sure we utilize all of our options! Chiropractic care is an essential tool in our belt that helps us get our body to the most optimal level of function – making us healthier and happier in the long run!
Think of your friends and family after an accident, and let them know there is hope in chiropractic care!

After three years of suffering from headaches, neck pain, and daily vertigo after an accident, this 44-year-old woman got her life back with chiropractic care.

Coppus, J., DC. (2019). Resolution of Vertigo, Neck Pain & Headaches Following Chiropractic Care: A Case Study & Review of the Literature. A. Vertebral Subluxation Res.,2019(1), 1-9.

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