Immunizations & Pregnancy

Vaccines help keep you and your baby healthy!



When given during pregnancy, vaccines boost your antibodies, which are then transferred to your baby through the placenta.



Your antibodies protect your baby until they are old enough to get vaccinated.



- Respiratory syncytial virus (RSV) is the leading cause of infant hospitalization in the U.S.
- If you are 32-36 weeks pregnant during RSV season (usually September-January), getting your RSV vaccine protects both you and your baby.

Flu Vaccine

- Pregnant women are at greater risk of severe illness from the flu.
- The flu vaccine is safe for mom and baby and can help protect your baby from the flu until they are old enough to be vaccinated at 6 months of age.



- Pertussis, or whooping cough, can cause serious complications in babies, especially in their first 6 months of life.
- Getting your Tdap vaccine during pregnancy helps protect your baby from developing whooping cough until they are old enough to get vaccinated.

COVID-19 Vaccine

- Pregnant women are more likely to get severely ill with COVID-19 compared to non-pregnant people.
- Any of the available COVID-19 vaccines or boosters can be given at any point during pregnancy.

Talk to your doctor about how immunizations can help protect you and your baby from serious diseases!

