

# **Passwords**

The PeterIT Way



### Do's and Don'ts

Never write your password down

Never tell a stranger your password

Never tell someone on the phone your password

Change your password regularly

Have a <u>different</u> password for <u>each website</u>

#### **Basic How To:**

Phrase (you can write this down to practice)

Add some numbers

Add some characters

Add something unique about the website

Let's practice in 4 easy steps .....

# Let's Practice:

# STEP 1

Phrase - <u>Peter Peter Pumpkin Eater</u> (make up your own)

Take the first letter of each word - <u>pppe</u> (you could use the another letter if you wanted to change it up - <u>eeua</u>)

This forms the core of your password - Don't forget to throw in a capital letter or two randomly.

# **pPpe**

# Let's Practice:

# STEP 2

Add 2 numbers (random number / part of your phone number / the day you got your pet). So now it looks like this

# pPpe18

or could look like this 18pPpe, or this 1pPpe8 or pP18pe

# Let's Practice:

# STEP 3

Add some characters (2 more numbers) and we will use 3 & 4 with the shift key down.

# pPpe18#\$



# Let's Practice:

### STEP 4

Something about the Website (first 3 letters)



# pPpe18#\$ama

or the lasts 3 letters looks like this

pPpe18#\$zon

A few last things.....

Remember your baseline pattern
Practice before you change your password
Remember the Do's and Dont's
Enjoy your new passwords.