

What do you teach: Qualification and assessment

- **Introduction**

At REACH school we believe that Life skills help students develop the knowledge, skills and qualities they will need to deal with the opportunities, challenges and responsibilities they will face as they grow up.

The variety of topics covered in Life skills lessons – about relationships, money, personal health, social issues and drug awareness – provide students with vital information to live a healthy life. Awareness of these topics is crucial to provide young people with an understanding of the world we live in and how they can stay safe.

Students complete AQA Awards for units of work covered.

Our intent for an ambitious Life skills curriculum

Aims

REACH Life skills will ensure all students:

Respect themselves, accept and shape their identities to understand and accommodate difference and change. To manage emotions and to communicate constructively in a variety of settings.

Employable by encouraging students to be enterprising and supporting them in making effective transitions, positive learning and career choices, and in achieving economic wellbeing.

Are aspirational by developing student's resilience, providing solution-focused conversations and celebrating success - promoting wellbeing for all.

Are courageous by sharing their opinions, fears and dreams and are respectful to those of others.

Are happy because Life skills provide students with vital information to live a healthy life. Awareness of these topics is crucial to provide students with an understanding of the world we live in and how they can stay safe.

Skills and Knowledge

As a school we aim to build on and complement the learning that has already started at home to provide the knowledge, understanding and skills young people need to lead healthy, fulfilling and meaningful lives, both now and in the future.

Real World Experiences

A critical component of Life Skills is providing opportunities for students to reflect on and clarify their own values and attitudes, and explore the complex and sometimes conflicting range of values and attitudes they encounter now and in the future. As a school we encourage children to think about personal and social values, to become aware of, and involved in the life and concerns of their community and society, and so develop their capacity to be active and effective future citizens.

Future pathways

Throughout our programme of study in Life skills, we aim to always make links to careers and the world of work. We will look at and discuss the specific links and reinforce the skills and attitudes that employers say are important in the workplace.

Challenge

All students are encouraged to be able to think independently, feel confident to be able to voice their opinions and ideas in group discussions, showing their understanding of the topics we cover. As a school we encourage students to think about personal and social values, to become aware of, and involved in the life and concerns of their community and society, and so develop their capacity to be active and effective future citizens.

Enriching

Life Skills equips students at REACH School with the knowledge, understanding, skills and strategies required to live healthy, safe, productive, capable, responsible and balanced lives. It encourages them to be enterprising and supports them in making effective transitions, positive learning and career choices, and in achieving economic wellbeing.