



ABOUT US

Mission Statements

Our mission statements say everything about the ethos at Bearwood House. They are:

To provide an environment that provides dignity and respect for all who live and work within, where choice, involvement and opportunities are the essence of good care practice.

To meet individual needs and aspirations through a person centred and resident involved care process.

To provide a home that is furnished to meet the needs of residents while promoting independence and safety.

To provide support and enable everyone to practice within their chosen faith. We understand the importance of faith and culture in maintaining personal wellbeing and encourage occupants to pursue these activities if they so desire.

To work within the policies and procedures of regulatory bodies with an open and honest approach. We seek to go above and beyond the expectations of the Care Quality Commission to deliver exceptional care that is transparent and sincere.

To have in house Quality Assurance, that provides opportunities to always review our practice and continually work towards excellence. At Bearwood House we have regular checks on staff and processes to ensure that we are always performing to our absolute best.

What We Do

At Bearwood House, a warm and welcoming environment is always enjoyed by our residents. Our attentive staff are on hand night and day, delivering expert individual support to those who have dementia or just require residential care. We pride ourselves on our open and friendly atmosphere, and welcome families who wish to visit their loved ones.

Leaving home for long term residential care is never an easy process. However, our dedicated and compassionate staff will do everything they can in order to make anybody feel comfortable and happy in their new home. We want occupants to enjoy their time with us, and we recognise the need for independence, privacy and dignity. Our holistic approach and key worker system ensures that whatever an individual's needs or aspirations are, these can be met unobtrusively, whilst helping to maximise quality of life.



SERVICES AND TRAINING

Bearwood House is committed to delivering Person Centred Care, and that is why we train all our staff in the methods of this philosophy. By adopting a person centred approach we can ensure that the care provided to our residents is flexible and responsive to their individual needs. Care plans are structured following a personalised assessment of the resident taking into account preferences and desires. This assessment results in a specialised individualised care plan with an emphasis on the wellbeing and desires of the resident.

We employ experienced staff, who are offered continuous training and education. We ensure that our team is always up to date with skills and information, and never lose sight of our purpose. Care assistants working with us receive regular external and in-house education through a comprehensive training package, aimed at the special needs of residents. In addition to this we ensure that staff are capable of offering a multitude of services.

Our facility has an experienced management team that is on hand around the clock to provide the levels of expert care that residents require and deserve.

Staff are also trained in a number of enablement treatments to help clients get the most out of their time at Bearwood House. These treatments range from ambulation and daily living activities, to bowel/bladder training, range of motion and weekly/monthly weight monitoring. We believe that these services are vital, and are just one of the aspects of care at Bearwood House that make our residents feel valued and special when they are with us.

Our staff here at Bearwood House are compassionate and knowledgeable, and are committed to the resident's health and well-being.

Here at Bearwood House we provide a range of skilled services, including:

- Individualised resident care plan assessments and treatment options
- End of Life therapy and care
- Dementia care
- Wound care
- Respite stays
- Enteral feeding program
- Catheter care
- Colostomy Care
- Ileostomy Care
- Nutrition & hydration programs
- Medication management & education
- Diabetic management & education
- Pain management
- Bowel & bladder programs



QUALITY CONTROL

At Bearwood House we take professionalism and training seriously. Our manager is registered with the Care Quality Commission (CQC) to ensure transparency and accountability. We aim to inspect our standards of care annually by an independent assessor. These inspections cover:

- Quality of life for residents
- Choice and control
- Making a positive contribution
- Personal dignity and respect
- Freedom from discrimination and harassment
- · Health and emotional well being
- Leadership and management

These are all aspects of care and administration that we excel in at Bearwood House. We want our prospective residents to feel safe with their decision to choose us.



ACTIVITIES

We provide a multitude of activities at Bearwood House. Our activities staff are dedicated to improving quality of life and are enthusiastic in their creation of active programmes. We ensure that the capabilities of our residents are central to the planning of activities, and in this way we can guarantee inclusiveness and increase enjoyment to all. We value our clients and implore them to recommend any activity that they feel will improve their time with us. Amongst the many activities we organise, here are a few of our most popular:

- Field trips/outings/nature classes
- Musical performances
- Holiday festivities
- Active service user monthly meetings
- BBQs
- Current events update and reading newspapers
- Fitness and stretching activities
- · Singing exercises
- Religious services and classes
- · Hand and foot massages/ hairdressing
- Pet therapy
- Outside entertainment (walks, looking at flowers etc.)
- Games (chess, cards, draughts, etc.)
- Bingo and crosswords
- Trivia and general knowledge guizzes
- · History discussions and lessons
- Arts and crafts
- Birthday parties
- · Baking/ theme days

A weekly schedule is produced in order for residents to be properly informed of the activities that are available during each individual week. There is a designated activity co-ordinator encouraging interaction between residents and providing entertainment. We welcome and are always pleased to include family members or friends of residents in our activities. We believe that good contact with loved ones is key to sound mental and physical health.

FOOD & DIETARY REQUIREMENENTS

The staff who prepare our meals at Bearwood House are proud of their food. Their passion is creating nutritional, tasty and well balanced meals. We have a comfortable and spacious dining room which provide ample light to diners who wish to eat in the company of others. However those who wish to eat in the privacy and convenience of their own room are also catered for



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THE PHYSICAL ENVIRONMENT

We realise the importance of a positive and stimulating atmosphere, with a can-do attitude in the nurturing of personal wellbeing. We have also made sure that the building meets requirements for those with dementia. There are clearly printed signs to avoid confusion, with suitable lighting and smooth floors to enable easier mobility.

Our rooms are pleasantly furnished and spacious, with ample capacity for visitors or staff. Each room is also fitted with a nurse call button for added peace of mind. Other facilities include multiple large lounges, with comfy chairs and books to read or games to play.

The home is perfectly situated in the centre of the village in Winshill. It has good access by public transport and local amenities.

The outdoor patio area is a wonderful place for our residents to spend time and benefits from access to the lounge.



THE NEXT STEPS

At Bearwood House we try to make this process as easy as possible. Our team is available to help with any questions and we are always open for visits. Prospective residents can come along and sample our services as well as taking a tour of the facilities.

A detailed assessment from a member of our admission team is a key part of our admission process, This allows us to guarantee that we can meet the needs of all our new residents both effectively and safely. We tailor our services around the needs of all our individual clients and we recognise that privacy, dignity and independence are absolutely key to the well being of everybody who stays with us.

Contact Us

To arrange a visit or contact us regarding any questions or queries you may have, please feel free to contact us via these details:

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Email: alison@bearwoodhouse.co.uk

Visit our website: http://www.bearwoodhouse.co.uk

Visit our facebook page: http://www.facebook.com/bearwoodhouse



