## St. Mary & St. Mina Coptic Orthodox Church Retreat

## Tivaki Retreat & St. Mary & Pope Kyrillos VI Monastery's Visit

2084 Rte 9W, West Park, NY 12493 March 29 & 30, 2024

## Retreat Schedule and Program

"This *is* the word of the LORD to Zerubbabel: 'Not by might nor by power, but by My Spirit,' Says the LORD of hosts." (Zechariah 4:6)

## *Friday, March* 29, 2024:

9:00 am	Leave from Church
12:30 pm	Arrive at Tivaki Retreat
12:30 – 1:30 pm	Check-in
1:30 – 2:30 pm	Lunch at Tivaki
3:00 – 4:00 pm	Topic 1
4:00 – 5:30 pm	Fellowship and Fun Time
5:45 – 6:00 pm	Agbeya Prayer (11 <sup>th</sup> Hour)
6:00 – 7:00 pm	Dinner at Tivaki
7:00 – 8:00 pm	Topic 2
8:00 – 9:45 pm	Fellowship and Fun Time
9:45 – 10:00 pm	Snack Time
10:00 – 10:15 pm	Agbeya Prayer (Compline)
10:15 – 11:00 pm	Q & A session
11:00 – 12:00 pm	Free Time
Saturday, March 30, 2024:	
9:00 – 11:00 am	Divine Liturgy
11:30 – 12:30 pm	Brunch at Tivaki
1:00 – 2:00 pm	Monastery Visit and meeting with Abouna Makari
2:00 – 4:00 pm	Fellowship and Fun Time
4:00 – 5:00 pm	Topic 3
5:00 – 6:00 pm	Dinner
6:30 pm	Leave to Syracuse