

## April Nowlin BIO

April Nowlin is a certified Life Breakthrough and Christian Coach, specializing in Divorce Recovery and Healthy Dating and Relationships. Her passion is helping ambitious, professional women heal from the devastation of failed relationships and live the abundant life God promises them. As a 3-time divorcee, April shares her experience with weathering the storms of transition and she helps her clients to implement techniques to create a life they love after heartbreak.

April supports her dating and relationship clients by helping them build self-confidence, overcome personal insecurities, and identify unproductive dating patterns that may be holding them back from finding and maintaining a healthy relationship. She shares the down-and-dirty truth about dating through personalized, high-touch coaching that empowers her clients to make healthier life choices.

In 2013 April launched Cultivator Co, a marketing consultancy where she supported numerous solopreneurs, small businesses, and faith-based organizations, in reaching their business growth goals as a Business Coach. In 2020 April launched April Nowlin Coaching, a resource for healing and transformation for professional women offering faith-based and conventional coaching solutions.

April is a published author, inspiring speaker, podcast host, and workshop leader who combines relatable storytelling, humor, and authenticity for people who want to crush the barriers to their success. April's formal education includes Life Breakthrough, Christian and Relationship Coaching, Instructional Design, Marketing, and Biblical Theology. All of which she utilizes while supporting her clients. April resides in Arizona with her daughter and is an avid fan of exciting travel, good food, and great naps.