

## **Lakeisa Arrington's Bio**

Lakeisa Arrington, the designer of dreams is The founder of The Experience by LA. A Purpose Pusher brand that teaches women how to design their dream life while growing spiritually, professionally and personally. Lakeisa's spitfire personality, tenacity and zeal has allowed her to transform lives through Empowerment Conferences, Consulting and Inspirational / Empowerment books.

As a faith-based Life & Executive Leadership Coach she has helped hundreds of women Design Dreams based on the desires of their heart and Do what they love for a profit. As a result of working with her women rediscover their identity. Women gain the Clarity, Courage and the Confidence needed to become Unstoppable and own their greatness. Women also learn strategic solutions that allow them to leave an unforgettable footprint on this planet.

Lakeisa has taught leaders of corporations that Maximizing Relationships, Building Trust, and Strategic Solutions is essential for Community & Corporate Growth. She has helped companies such as Target, Aetna, & Bluecross Blueshield just to name a few build teams based on commitment and not just compliance.

Lakeisa firmly believes that it is the Grace of God that keeps her as she blends being a wife to Shawn Arrington, Mother to Sinaya, Mikayla & Zoey, grandmother, minister, keynote speaker, author, designer of dreams, transformation coach, executive leadership trainer, and HR consultant. Lakeisa has 20 plus years of experience in Coaching, Mentoring, Training, Development, and Speaking with individuals as well as groups in Christian and Corporate arenas.

Her desire is to ignite the flame within an individual or corporation and cause them to set everything they touch on fire. Lakeisa's passion and experience surrounding Human Resources, Executive Leadership Training & Human Connectivity has allowed her to transform thousands of lives through inspiration, affirmation & education.