

Ignite Summit 2024 Speaker Proposal

Bio – Dr. Carla J. Cooke

Dr. Carla J. Cooke is affectionately known as a “quiet storm.” The NJ resident is an ordained minister, licensed psychologist, author, and trusted voice in the field of psychology who emphasizes the integration of faith and mental health. She is on the ministerial staff at Bethlehem Judah Christian Fellowship where Bishop Anthony W. Gilyard is the pastor and heads their mental health ministry.

Dr. Carla is also the CEO of Pivotal Shifts which empowers Black women entrepreneurs to take care of the business of self so that they can be more successful in business through practicing mental wealthness principles. She encourages women to move beyond their head and drop into their heart in the active pursuit of self-awareness, emotional freedom, and elevated mental well-being. In her work as a coach, Dr. Carla centers on building essential self-skills for success. She believes that as individuals heal, they are able to extend healing to others and promotes the idea that Healed People Heal People. Her global effort focus on intergenerational healing through encouraging women to tap into their divine capacity to live beyond limitations and step into life more abundantly. Dr. Carla speaks at women's conferences, delivering keynote talks and workshops that address internal barriers hindering women from operating at an elevated level in their purpose. She loves God, values living beyond limitations, and thrives on authentic relationships.