Ignite Conference 2023 BIO – Dr. Carla J. Cooke

Dr. Carla J. Cooke is affectionately known as a "quiet storm." The NJ resident is an ordained minister, licensed psychologist, author, and trusted voice in the field of psychology. Focusing on the importance of mental wellness and the integration of faith and mental health, she has spent her career ensuring that communities have proper tools and resources that aid them in healthy psychological experiences. As a global psychologist, called out of the therapy office and onto the world stage, Dr. Carla is the visionary of the Healed People Heal People Movement where she and her team create healing spaces for mature women to nurture emotional wellness and wholeness within. She is also the founder of Made Whole Ministries which is designed to lift, liberate, and love God's people through providing biblically sound experiential workshops and teaching opportunities that provoke restoration, transformation and living an empowered Christian life to the glory of God. Dr. Carla loves God, lives life out loud, values family and thrives on authentic relationships.