

Bio Katrina Edmonds

Katrina N. Edmonds, LMFT has been practicing for over 20 years. She was born and raised in Philadelphia, PA and has historically serviced the Philadelphia & South Jersey areas. Katrina is also a certified life coach and mentor. Katrina has a private practice called Be Set Free Counseling Ministry & Education Center based in Philadelphia, PA. Katrina is wife to Eric and mother to 7-year-old Joshua. She has participated in various ministries over the past 20 years and continues to be active in ministry today.

Katrina has a passion for education and is currently a doctoral student pursuing a PhD in Marriage and Family Therapy at Eastern University. Katrina also serves as a clinical supervisor for Drexel University's Counseling and Family Therapy Program and a nonprofit in Philadelphia called The Black Brain Campaign.

Katrina is a Doctoral Fellow in AAMFT's Minority Fellowship Program (MFP) for the 2023-2024 year. The MFP brings together minority doctoral and masters' students in various stages of their educational journey. Their intention is to add depth and richness to minority and underserved populations from culturally attuned, passionate and committed clinicians. Some of the goals and objectives of the MFP are to increase the number of Black Americans becoming family therapists, increase accessibility to culturally attuned services provided to underserved minority populations, and to increase amount of culturally attuned MFTs. The MFP provides financial support, mentorships, and research opportunities that ultimately benefit the services provided to minority and underserved populations. Katrina will participate in research projects, leadership development, volunteer work and have access to mentors in the field.

Katrina's current interests are in supervision and training for MFT students, supervision and therapeutic resources for clergy populations and therapeutic resources for special needs populations. She is an Approved Supervisor and is passionate about mentoring the next wave of clinicians. Katrina is interested in teaching graduate and doctoral students in the future. Katrina is passionate about supporting and providing educational and therapeutic resources to help support the work of clergy professionals. She intends to contribute to the current body of research, literature and program creation concerning the collaboration between mental health and faith communities. Katrina's own personal experiences accessing services for her son and other family members have highlighted a potential gap in the literature and services provided for the special needs community. She intends to eliminate this gap by bringing attention to and training for clinicians to help meet the challenging emotional needs of this community.

Katrina, over the span of her career, has provided numerous workshops and trainings to both professional and lay people on topics such as parenting, genograms, medical family therapy, family systems, and the impact of incarceration on the family. Katrina is devoted to helping people acknowledge and accept their past so they can inform their present and improve their future.