

Theresa (Reese) Clark BS, MPH is the CEO of Empress Herbal Products and Principal for the Ecwiti Group.

Empress Herbal Products uses ancient Guyanese herbal remedies to provide consultative services and handcrafted natural holistic products. With a Guyanese heritage, Ms. Clark has been using plants to create natural wellness products for over 40 years. In the Herbalist space, she is not just a consultant, manufacturer, and business woman but she is also a thought leader. As a thought leader, her cultural, herbal, scientific and health background has credentialed her to speak on topics of Self-Care, Guyanese Bush Medicine, Naturally Improving Health and Well-Being, Disparities in Minority Health, The Holistic Uses of Cannabis Topicals, Our Endocannabinoid System, Women's Health etc....

The Ecwiti Group, LLC provides public health consultative services. It was founded upon Ms. Clark's love of diversity, dedication to public health and personal passion for creating opportunities of equality and fairness for minority populations. She believes that creating opportunities of equality and fairness for minority populations cannot be adequately done without assuring that these opportunities realistically address the socioeconomic barriers that routinely prevent minority populations from being holistically healthy. These services focuses on the three core areas of strategic planning, capacity building and evaluation.

Prior to Ms. Clark taking on an entrepreneurship roles, she was an adjunct professor at Long Island University. Before Long Island University, Reese served as a public health program manager with the Office of Minority Health and Refugee Health Program in the Pennsylvania Department of Health, Office of Health Equity (OHE). During her tenure with the OHE, she did many things to bring awareness to and eliminate health disparities among Pennsylvanian minority populations. She also worked to secure quality health assessments for newly arriving Pennsylvanian refugees. Prior to Reese joining the OHE, she was the senior program analyst and lead evaluator with the Division of Cancer Control and Prevention in the Pennsylvania Department of Health. Preceding Reese's role within the Pennsylvania Department of Health, she spent many years coordinating pharmaceutical clinical research in oncology, infectious disease, dermatology and women's health.

Reese received her Bachelor's degree in Biomedical Science from Drexel University and a Master's degree in Public Health with a focus in Health Planning from A.T. Still University.