News

# from Court Street United Methodist Church

## Too Much!

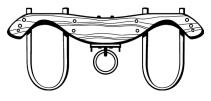
Why, I ask myself, are you so depressed? Why are you so upset inside? Hope in God! Because I will again give him thanks, my saving presence and my God.

Psalm 42:5, 11; 43:5, CEB

"I've been pondering how life can just be too much sometimes."

That was the opening sentence of a blog post from September 1, 2021, by Marlo Schalesky, founder of a California charitable organization that works with at-risk kids. Her post for that day was titled, "Too Much," and Schalesky mentioned some things from the previous week, including some very depressing news on the global level and the surge of the Delta variant of the coronavirus that was then spreading across America and killing people. Also in her community, there was "a double homicide, another attempted homicide, and more." And then, on top of all that, Schalesky had to deal with life-threatening health incidents with two of her children. "It's all too much," Schalesky said. "We were not created to bear the burdens of the world. But these days, the 24/7 news makes it possible to know all the heavy, horrible things going on in the world, to add to the burdens of community and family. It is just too much," she said. "So, I find myself emotionally battered. Weary. Burdened. Exhausted," she wrote.<sup>1</sup>

Do you ever feel like that? The author of Psalms 42 and 43 did. "My soul is cast down within me," the psalmist wrote (42:6), and that feeling was unrelenting, for he also said, "My tears have been my food day and night" (42:3). He also asks, "Why must I walk about mournfully?" (42:9). Whatever was going on, scholars conclude that the psalmist was among those in exile in Babylon; it was all too much. For the psalmist, it's a statement about what he sees as the way forward, and he says it three times: "Hope in God; for I shall again praise him, my help and my God" (42:5, 11; 43:5). The psalmist was claiming a degree of endurance from an understanding that not only do troubles come and go, but also our feelings about our life tend to cycle. Some days, it all seems like too much. But other days, with no change in our circumstances, we feel less overwhelmed. The psalmist relied on the memory of how hope in God had lifted him in the past and declared "for I shall again praise him, my help and my God" ... maybe not right at that moment, but eventually, so don't give up!



The topic, "Too Much" posted by Marlo Schalesky, reminded me of so many life circumstances where we all come to the same conclusion. Jesus invites us to; "Come to me, all you who are weary and are carrying heavy burdens, and I will give you rest. Take

my yoke upon you, and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."2 "Hope in God" transcends all of our weary, burdened, exhausted, and heavy, "Too Much(s)!"

Grace,

Pastor Cal

The mission of Court Street UMC is to be a welcoming, nurturing, serving community of Christ.

<sup>1</sup> https://www.homileticsonline.com/

## The Chimes

Lay Leadership

## <u>Lay Delegate</u> to Annual Conference

Diane Risley David Risley

# Alternate Lay Delegate to Annual Conference

Jeanine Wang

## **Administrative Council Chair**

Joan Tunnell

### **Staff/Parish Relations Chair**

Sue Cram

## Finance Chair

Mike Davis

#### **Stewardship Chair**

Jeanine Wang

## Treasurer

Gene Ferry

## **Endowment Chair**

Mike Davis

#### **Trustee Chair**

DuWayne Stanis

### Lay Leader

Georgalee George

#### Nurture & Outreach

Georgalee George

#### **Worship Chair**

Joan Tunnell

## **Local Missions Chair**

Helen Gibbons

## **Christian Education Chair**

Diane Lutmer

## **Arts Committee Chair**

Richard Wang

## **United Methodist Women**

Sue Cram

#### **United Methodist Men**

DuWayne Stanis

#### Jeremiah Ministry Reps

Kay Galloway Krysta Tilges

### JFON Liaison

Kay Galloway

# Report of the 2022 Northern Illinois Annual Conference of the United Methodist Church June 8-10

By Dave and Diane Risley, Lay Members to Annual Conference

It is always inspiring to have hundreds of UMC Christians gathered together to sing, pray, study the Bible, and hear uplifting reports about all the good that is being done by various committees and organizations within the UMC. There hasn't been an in-person gathering since 2019 due to the pandemic, so it was a joyous occasion.

The theme was *Come to the Water*. We had a time of reaffirming our baptismal vows and remembering that we are connected to Christ and anchored by God in every aspect of our lives.

Some of the legislative issues that were addressed were: immigrant's rights, advocating for rights for Palestinian families living under Israeli military occupation, prayers for peace and reunification in Korea (there are many Korean UM churches within the NIC), grace-filled approach for separation issues for those churches wishing to leave the UMC, elections for delegates to the 2024 General Conference, which has been postponed since 2020 due to COVID, budget, compensation and benefits for pastors, and many other issues.

Even though there are some unsettled issues within the UMC, partly because of the delay in the General Conference that should have convened in 2020, we need to keep doing the work of God and sharing the Gospel for the transformation of the world



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www.courtstreetumc.org



## GARDEN BAZAAR UPDATE

I would like to thank everyone who helped with this year's Garden Bazaar, including all the shoppers. We made a profit of \$1500, which will go towards the new chiller for the church. Hope everyone is enjoying all their flowers and vegetable plants. Looking forward to next year.



Sue Cram









# COURT STREET 2022 CONCERT SERIES



The Olympic Tavern 2327 N. Main Street Rockford, IL

Thursday, July 14th @ 6:00 p.m.

All ladies are invited.

Contact Cindy Fisher at (815) 519-3653 by noon of the Wednesday before the dinner.

# **Professor Steven Wente**

Concordia University Chicago

Organ Recital
Sunday, July 31st
2:00 PM @ Court Street

Free will offerings will benefit Court Street's Organ Restoration Project.

# 170 YEARS OF COURT STREET

Summer...a great time for camping and campfires, swimming, canoeing, outdoor sports, and for study and adventure in God's great out-of-doors.



Canoe Trip — 2007



Camp Reynoldswood — 2013

Traditionally, the summer months have included extra value experiences for children and youth (and adult leaders, young in body, mind, and spirit as teachers, leaders, and facilitators). Some have participated in Conference Camping, often with scholarship help provided by Court Street Church. Work camps have also been led and shared over the years. Vacation Bible/Church School has also been a tradition, and sometimes it has included an Art and Music emphasis.



Vacation Bible School (VBS) — 2014

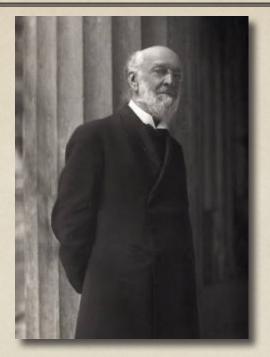


Fine Arts Saturday Troupe (F.A.S.T.) — 2016

Denominational materials have been used in study in the local church. Materials for leadership have been important as well. An early Court Street pastor, John Heyl Vincent, was a noted pioneer developer of Sunday school materials, as well as the process of teacher training for Sunday school.

Rev. Richard A. Wang, History and Archives

John Heyl Vincent was also a founder of the Chautauqua Movement, which began in Chautauqua, NY in 1874 but soon spread nationwide. Rockford once had its own meeting location in Harlem Park.



John Heyl Vincent

Bridwell Library Special
Collections, Southern Methodist
University (SMU)

https://digitalcollections.smu.edu/digital/collection/jhv/id/0







## 1886 Chautauqua Program Booklet

Bridwell Library Special Collections, Southern Methodist University (SMU)

https://digitalcollections.smu.edu/digital/collection/jhv/id/243

## **Health & Wellness: MELANOMA**

Now no one can look at the sun, bright as it is in the skies after the wind has swept them clean. Out of the north he comes in golden splendor; God comes in awesome majesty.

## Job 37:21-22, NIV

We talked about skin cancer last summer, but let's bring up Melanoma.

Melanoma, the most serious type of skin cancer, develops in the cells (melanocytes) that produce melanin — the pigment that gives your skin its color. Melanoma can also form in your eyes, under a nail, or other hidden areas. The first melanoma signs and symptoms often are:

- A change in an existing mole
- The development of a new pigmented or unusual-looking growth on your skin

Melanoma doesn't always begin as a mole. It can also occur on otherwise normal-appearing skin.

## **Causes and Risks of Melanoma**

One easy way to remember common characteristics of melanoma is to think alphabetically – the **ABCDEs of Melanoma**. **ABCDE** stands for asymmetry, border, color, diameter and evolving. These are the characteristics of skin damage that doctors look for when diagnosing and classifying melanomas.

- A is for <u>asymmetrical shape</u>. Look for moles with irregular shapes, such as two very different-looking halves.
- B is for <u>irregular border</u>. Look for moles with irregular, notched or scalloped borders — characteristics of melanomas.
- C is for <u>changes in color</u>. Look for growths that have many colors or an uneven distribution of color.

- **D** is for <u>diameter</u>. Look for new growth in a mole larger than ½ inch (about 6 millimeters).
- E is for <u>evolving</u>. Look for changes over time, such as a mole that grows in size or that changes color or shape. Moles may also evolve to develop new signs and symptoms, such as new itchiness or bleeding.

We recommend doing regular skin checks at home to look for changes in your skin. If you notice any of the signs and symptoms of melanoma or you have a suspicious mole or lesion, make an appointment to see your doctor. You may want to have annual skin checks with a dermatologist as well so you can catch skin cancer before it becomes life threatening.

Skin cancer is common, and when it's caught early, most skin cancer – including melanoma – can be cured. If you see something on your skin, don't panic. Most skin lesions and moles are not cancerous, but it's always best to get checked out to be sure.

If you have additional questions or concerns, contact Teresa Field at (815) 298-8138.





**Don Carter Lanes**4007 E. State Street

Sunday, July 17th

\$11,00/PERSON TO BOWL

12:30 p.m. to 1 p.m. (CHECK-IN)
1 p.m. to 3 p.m. (BOWLING)

Sign up for your team in the Narthex.

Don't bowl? Come buy lunch and watch others perform on the lanes.

Bring your friends too!

The church will be closed on Independence Day.

Monday, July 4th

Domestic Violence



Subcommittee Meeting

Wednesday, June 29, 2022

Library @ 11 AM

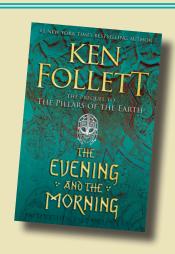
All are welcome to attend.

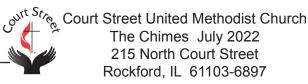
## **CSUMC Book Club**

**Does Not Meet in July and August** 

However, September's title is reportedly over 900 pages long, so you may want to take the summer to make your way through Ken Follett's *The Evening and the Morning* (Viking), which will be discussed on Sunday, September 25<sup>th</sup>.

Contact Diane Risley for more info at rishouse@juno.com.





## **Return Service Requested**

Phone: (815) 962-6061 Fax: (815) 962-9754 www.courtstreetumc.org

## July 3, 2022

10:00 AM Ushers: The Sue Cram Team

Sound Tech: Stan Tunnell Video Tech: Steve Ripley Acolyte: Lili Breson

Liturgist: Volunteer welcome.

## July 10, 2022

10:00 AM Ushers: The Sue Cram Team

Sound Tech: Tim Welk Video Tech: Steve Ripley Acolyte: Kaylee Bulliner Liturgist: Volunteer welcome.

## July 17, 2022

10:00 AM Ushers: The Sue Cram Team

Sound Tech: Ryan Welk Video Tech: Steve Ripley Acolyte: Ella Anderson Liturgist: Volunteer welcome.

## July 24, 2022

10:00 AM Ushers: The Sue Cram Team

Sound Tech: Stan Tunnell Video Tech: Steve Ripley Acolyte: Lili Breson

Liturgist: Volunteer welcome.

## July 31, 2022

10:00 AM Ushers: The Sue Cram Team

Sound Tech: Tim Welk Video Tech: Steve Ripley Acolyte: Kaylee Bulliner Liturgist: Volunteer welcome. If you wish to receive <u>The Chimes</u> electronically or to be removed from this mailing, please call the church office at (815) 962-6061 or e-mail Communications@courtstreetumc.org.



Riders, please call drivers for a ride by 6 p.m, on the Saturday before the Sunday you wish to attend.

Riders <u>must wear a mask</u>, <u>be fully vaccinated</u>, and <u>able to</u> show their vaccine card to the driver if requested.

| 07/03/22 | Bruce Shindel  | 815-397-1479 |
|----------|----------------|--------------|
| 07/10/22 | Curly Thompson | 815-988-2735 |
| 07/17/22 | Jeff Mann      | 815-742-5444 |
| 07/24/22 | Tim Gorman     | 815-636-0514 |
| 07/31/22 | Bruce Shindel  | 815-397-1479 |
|          |                |              |

Please thank these men for making this ministry work!

## Court Street United Methodist Church Staff

| Rev. Calvin Culpepper | Pastor                          | ext. 220 | cculpepper@courtstreetumc.org     |
|-----------------------|---------------------------------|----------|-----------------------------------|
| Ryanne Ludington      | Director of Christian Education |          | ludingtonryanne@gmail.com         |
| James L. Crow         | Director of Arts Ministries     | ext. 209 | jlcrow@live.com                   |
| Krysta Tilges         | Director of Video Ministries    |          | ktilges@gmail.com                 |
| Jack Armstrong        | Director of Music               | ext. 221 | gogo234@att.net                   |
| Andrew Mertzenich     | Organist                        |          | andrew.mertzenich@gmail.com       |
| Teresa Field          | Parish Nurse                    |          | Teresabsf5@yahoo.com              |
| Verlette Gorman       | Church Administrator            | ext. 202 | ChurchAdmin1@courtstreetumc.org   |
| Tiffany Wilken        | Publications Secretary          | ext. 200 | Communications@courtstreetumc.org |
| Bert Cromwell         | Nursery                         |          |                                   |
| Mike Smith            | Maintenance Engineer            | ext. 295 | Maintenance@courtstreetumc.org    |





# **Birthdays**

# Wedding Anniversaries

| Name                      | Date | Name                   | <u>Date</u> | Name                         | Date   | Year   | Married |
|---------------------------|------|------------------------|-------------|------------------------------|--|--------|---------|
| Tilges, Krysta            | 3    | Olderbak, Peggy        | 13          | Doran, William and Betty     | 2  | 1955   | 67      |
| Risley, Michelle          | 5    | Arp, Gabriel           | 14          | Crawford, Douglas and Marcie | 7  | 2001   | 21      |
| Walters, Rae Ann          | 5    | Justice, Sharon        | 14          | Risley, David and Diane      | 10   | 1971   | 51      |
| Grigoletti-Kurokawa, Luke | 6    | Doran, Betty           | 16          | Dienhart, Darlene and Gary   | 27   | 2013   | 9       |
| Lundberg, Dominic         | 6    | Risley, David          | 19          | ,                            |  |        |         |
| Neville, Joyce            | 6    | Dull-Monroe, Charlene  | 21          |                              | dim  | 1525TM |         |
| Bragori, Jeriel           | 7    | Risley, Peter          | 21          |                              |  |        |         |
| Briggs, Austin            | 7    | Sisney, Amanda         | 21          |                              |  |        |         |
| Miller, Jereve            | 7    | Voigt, Jacob           | 21          |                              |  |        |         |
| Rodriguez, Misael         | 7    | Fisher, Mabelann       | 22          |                              |  |        |         |
| Van Alstyne, Gerald       | 7    | Shindel, Bruce         | 22          |                              |  |        |         |
| Makeever, Matthew         | 9    | Druce Jones, Christian | 23          |                              | WHITE HARD   |        |         |
| Willis, Daisy             | 10   | Jordan                 |             |                              | HATTE TO THE PARTY OF THE PARTY | 10 M   |         |
| Zantow, Steven            | 10   | Gunderson, Clement     | 23          | \$3.8°                       | I I IIII EEE   |        |         |
| Wong, Tso Ying            | 11   | Davis, Joyce           | 24          |                              |  | 3      |         |
| Condon, Aiden             | 12   | Froeber, Brittany      | 26          |                              | WHILE HAVE HAVE  | unumu. |         |
| Condon, Thomas            | 12   | Froeber, Kirstie       | 26          |                              |  |        |         |
| Henbest, Melinda          | 12   | Olderbak, Addison      | 26          |                              | MINING S   |        |         |
| Martin, Bruce             | 12   | Lindmark, Craig        | 28          |                              |  |        | ,       |
| Toalson, Noah Ewald       | 12   | Ludington, Erin        | 29          | (179)                        |  |        |         |
| Whelpley, Kenneth         | 12   | Gunderson, Barbara     | 31          |                              |  |        |         |
| Crawford, Delaney         | 13   |                        |             | ,                            |  |        |         |

# Our prayers and sympathy go to the family of:

Charlotte Louise (Johnson) Potter, who died on May 20, 2022 Nicole Dionne Summons (Leta Gerber's daughter), who died on June 5, 2022

## July 2022



| Sunday  | Monday   | Tuesday  | Wednesday   | Thursday   | Friday   | Saturday  |
|---|--|--|---|--|--|---|
|   |  |  |   |  | 1<br>8:30am Beautiful Beginnings                     | 2<br>8:00am Rockford<br>Rhythm/Phantom Regiment   |
| 3  WORSHIP SERVICE  10:00am Worship Service 11:15am Facetime by the Big Bell                    | 4 GOD AMERICA CHURCH CLOSED - INDEPENDENCE DAY   | 5<br>8:30am Beautiful Beginnings<br>9:00am History & Archives<br>9:00am Quilters<br>6:00pm Voice Lessons with Jack<br>Armstrong                              | 6<br>8:30am Beautiful Beginnings                              | 7<br>8:30am Beautiful Beginnings<br>10:00am Stewardship Team<br>1:00pm The Journeymen                    | 8<br>8:30am Beautiful Beginnings                     | 9<br>8:00am Rockford<br>Rhythm/Phantom Regiment<br>8:30am United Methodist<br>Men Breakfast |
| 10:00am Worship Service<br>11:15am Facetime by the Big Bell                                     | 11 METHODIST MONDAY 8:30am Beautiful Beginnings  | 12 8:30am Beautiful Beginnings 9:00am History & Archives 9:00am Quilters 5:30pm Trustees 6:00pm Voice Lessons with Jack Armstrong                            | 13<br>8:30am Beautiful Beginnings<br>4:00pm Worship Committee | 14<br>8:30am Beautiful Beginnings<br>1:00pm The Journeymen<br>6:00pm Chatterbox Supper<br>Group          | 15<br>CHIMES DEADLINE<br>8:30am Beautiful Beginnings | <b>16</b><br>8:00am Rockford<br>Rhythm/Phantom Regiment                                     |
| 17 10:00am Worship Service 11:15am Facetime by the Big Bell 12:30pm Court Street Bowling Social | METHODIST MONDAY  8:30am Beautiful Beginnings 4:00pm Finance Committee 5:00pm Administrative Council | 8:30am Beautiful Beginnings<br>9:00am History & Archives<br>9:00am Quilters<br>6:00pm Voice Lessons with Jack<br>Armstrong                                   | 8:30am Beautiful Beginnings<br>5:30pm No IL Wood Turners      | <b>21</b> 8:30am Beautiful Beginnings 1:00pm The Journeymen  | 8:30am Beautiful Beginnings                          | 23<br>8:00am Rockford<br>Rhythm/Phantom Regiment  |
| 24 10:00am Worship Service 11:15am Facetime by the Big Bell                                     | 25 METHODIST MONDAY 8:30am Beautiful Beginnings  | 26 8:30am Beautiful Beginnings 9:00am History & Archives 9:00am Quilters 4:00pm Staff Meeting 6:00pm Voice Lessons with Jack Armstrong 6:15pm Knitting Group | <b>27</b><br>8:30am Beautiful Beginnings                      | 28 8:30am Beautiful Beginnings 12:00pm Jeremiah Exec. Board 1:00pm Chimes stuffing 1:00pm The Journeymen | 29<br>8:30am Beautiful Beginnings                    | <b>30</b><br>8:00am Rockford<br>Rhythm/Phantom Regiment                                     |
| 10:00am Worship Service 11:15am Facetime by the Big Bell 2:00pm Steven Wente Organ Concert      |  |  |   |  |  |   |