News

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The mission of Court Street UMC is to be a welcoming, nurturing, serving community of Christ.

# from Court Street United Methodist Church

## Comforter

<sup>16</sup> And I will make request of the Father, and he shall give you another Comforter, that he may be with you for ever,

John 14:16, ASV

With the season of Pentecost upon us, I thought it would be applicable to remind us of the love and care God has for God's children. This sentiment is so evident in the Gospel of John chapter 14. Jesus, God incarnate, knew His disciples didn't understand what He was saying or what He had to do (give His life so we may live). Chapter 14 is Jesus' farewell discourse, and He knows that the disciples will feel comfortless when He leaves them to complete His mission. In verse 12, Jesus reassures the disciples that the work He has begun they would do and even greater works. Jesus reminds them that there is a bond between love and obedience; "If ye love me, ye will keep my commandments." Then, in light of their discomfort, Jesus promises to send another Comforter. The Greek word *parakletos* is a compound word: para, "beside"; kaleo, "to call." Literally the term means "the one who is called alongside." It means someone who comes alongside you in sorrow to comfort you, thus a comforter.

If you didn't notice Jesus says "another Comforter." Jesus was, is, and will be the original Comforter. Then Jesus says (v. 26); "*But the Comforter, even the Holy Spirit, whom the Father will send in my name, he shall teach you all things, and bring to your remembrance all that I said unto you.*" The Comforter will live in Jesus' followers as the Father lives in Jesus. Jesus will not leave the disciples or any of His followers as orphans, which is "comfortless." The Comforter will come to Jesus' disciples! Jesus and the Holy Spirit are one, as He and the Father are one. Soon, Jesus knew on the day of Pentecost, the disciples would realize that Jesus is in the Father, and that they are in Jesus and He in them (v. 20).

Jesus reassures the disciples (us), that the future we look and hope for is already unfolding. We, like the disciples, also live in the "already-here-not-yet" new creation of God's action. We too are promised the peace that comes by way of the presence of the Comforter. Amen!

> Grace, Pastor Cal

## The Chimes

#### Lay Leadership

Lay Delegate to Annual Conference Diane Risley David Risley

Alternate Lay Delegate to Annual Conference Jeanine Wang

Administrative Council Chair Joan Tunnell

<u>Staff/Parish Relations Chair</u> Sue Cram

> Finance Chair Mike Davis

Stewardship Chair Jeanine Wang

> <u>Treasurer</u> Gene Ferry

Endowment Chair Mike Davis

<u>Trustee Chair</u> DuWayne Stanis

Lay Leader Georgalee George

Nurture & Outreach Georgalee George

> Worship Chair Joan Tunnell

Local Missions Chair Helen Gibbons

<u>Christian Education Chair</u> Diane Lutmer

Arts Committee Chair Richard Wang

United Methodist Women Sue Cram

United Methodist Men DuWayne Stanis

Jeremiah Ministry Reps Kay Galloway Krysta Tilges

> JFON Liaison Kay Galloway

This has been a great year in the music department. The Chancel Choir got back singing for services, the Youth Choir added two new choir members and sang once a month for services, Jubellation played once a month in church, and we did Fauré's *Requiem* in April with a full orchestra!

Thanks to all the members of Jubellation and Chancel Choir for all their hard work. We'll be off for the summer and back in the fall. In June, July, and August, I am planning on having some of our college people back to sing solos and have a few young pianists who will be joining us to play for worship. Amazing to think how quickly the summer has come.

Thanks to all the congregation for your continued support!

God bless, Jack Armstrong, Director of Music

### THANK YOU ♥ THANK YOU ♥ THANK YOU



Like us on

The Nurture Committee would like to Thank these young ladies: Kaylee, Lili and Toni. They helped Bert and Teresa make 80 pretty paper cones for our May Day baskets. Thanks ladies for sharing your time and talents with your church. We hope all enjoyed their May Baskets on Sunday, May 1<sup>st</sup>.

Your Nurture Committee







Follow us on

www.courtstreetumc.org

See pictures on





**Carter Anderson** Winnebago High School



**Alex Ferry Auburn High School** 

Congratulations



**Grace Kaylee Furrey Bachelor of Arts** Hope College (Holland, MI)



**Rachel Mace Bachelor of Science University of Missouri** 



**Mason Shepherd Sunrise Mountain High** School (Peoria, AZ)







Sam Shepherd **Frontier Elementary School** (Peoria, AZ) - 8th Grade



**Michael Schmitt** Law School (Boston, MA)



**Morgan Whitmore Thurgood Marshall Middle** School – 8th Grade

## Health & Wellness: Getting Allergies as an adult and what to do about them

If you are an adult who doesn't suffer from allergies, congratulations! But don't celebrate quite yet. Those lovely pesky symptoms – itchy eyes, runny nose, nasal congestion, sneezing and coughing – might still be in your future.

Allergies can happen at any age, and experiencing them for the first time as an adult can be downright aggravating. There are many reasons you might not develop an allergy until adulthood, but the first is very simple. "You have to have exposure to something to be allergic to it," said Charles Frey, Jr. DO, an allergist with OSF Health Care. For instance, people who live in the Midwest could develop spring allergies to the pollen of the trees that are common in the region, such as elm, oak, and maple, but you may not to queen palm trees which grow in more tropical climates.

Allergies are maddening and not just because of symptoms. They are unpredictable. You could spend years being exposed to certain pollens before experiencing symptoms. Allergies cannot be "caught" like a virus such as COVID-19 or the common cold. The ability to develop allergies is inherited. Dr. Frey says, "Allergies run in families." So if one of your parents has a spring tree allergy, you might develop a ragweed allergy that leaves you sneezing in the fall. And allergies can skip a generation, so even if your parents have no allergy symptoms, you might develop them. "Probably about 80% of adults with inhalant allergies carry them from childhood," Dr. Frey states. But adults can develop allergies at any age. Doctors have seen patients develop new seasonal or perennial allergies in their 50s or 60s.

Seasonal allergies occur only during specific times, especially when certain plants are pollinating. Once the pollination process is completed, allergy symptoms tend to subside. Dr. Frey outlined three main allergy "seasons" in the Midwest.

1. Trees, which pollinate in April & May.

- 2. Grasses, which pollinate in May, June, and early July.
- 3. Ragweed, which pollinates in late August, September, & early October.

One misconception people have about most seasonal allergies is that they are allergic to the trees or grasses themselves. That's not true. The pollen is the allergen. Once the pollen dissipates, it's fine to be around the grasses or the trees. Until next year's pollen season.

Perennial allergies can happen year round. For example, animal dander, dust or dust mites, and indoor mold. Perennial allergies can often times be worse during the winter months due to people being indoors more with windows closed. Also, outdoor mold can trigger allergy symptoms at wetter times during the year.

> If you begin to experience new symptoms, see an allergist. Providers help patients fight allergies in three main ways.

> 1. Environmental controls, such as keeping windows closed during outdoor mold and pollen season, keeping a pet out of sleeping spaces, or limiting time outdoors in pollen season.

2. Allergy medications, including antihistamines and nasal products.

3. Immunotherapy, or allergy shots, to build immunity to the allergen over a period of years.

Not treating allergy symptoms can be a bad idea. A person with allergies may be more prone to secondary infections. Those include sinus infections or asthma that can develop from not taking proper care of yourself with products that are available and not controlling the things we can and know we should.

Unfortunately, there isn't a specific diet, exercise, or supplement to prevent allergies from developing. Try to anticipate allergy season and be prepared, and alleviate as many factors as you can. AGO Pipe Organ Encounter Plus (POE+)

## THREE-ONE-SIX CONCERT SERIES

### **Isabelle Demers**

Sunday, June 5 Holy Family Church 4401 Highcrest Road @ 7:30 PM

### Peter Yardley-Jones & Tyler A. Canonico

Tuesday, June 7 Trinity Lutheran 200 N. First Street @ 7 PM

Dr. Clair Rozier, John E. Wigal, & Dr. Naomi Rowley

> Thursday, June 9 Emmanuel Episcopal 412 N. Church Street @ 7 PM

### No Admission Free-Will Offering



# COURT STREET 2022 concert series



# **ECHO Ringers**

Sunday, June 12<sup>th</sup> 2:30 PM @ Court Street



Professor Steven Wente Concordia University Chicago

Sunday, July 31<sup>st</sup> 2:00 PM @ Court Street

Free will offerings will benefit Court Street's Organ Restoration Project.

## The Chimes



Garrett's Restaurant & Bar 1631 N. Bell School Road Rockford, IL

## Thursday, June 9<sup>th</sup> @ 6:00 p.m.

All ladies are invited.

Contact Cindy Fisher at (815) 519-3653 by noon of the Wednesday before the dinner.

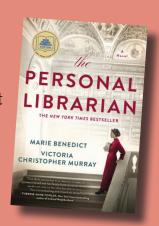
# **CSUMC Book Club**

All are welcome!

## Sunday, June 26<sup>th</sup> @ 2 p.m.

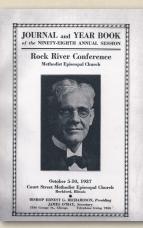
The Personal Librarian

by Marie Benedict & Victoria Christopher Murray Berkley



Contact Diane Risley for more info at rishouse@juno.com.

# 170 YEARS OF COURT STREET



Methodist history in the United States has been from 1884 and The Christmas Conference at Lovely Lane Chapel the result of the efforts of Circuit Riding Preachers, Classes, Class Leaders, Pastors, and People "conferencing" together.

Conference is not just an organization, it is a process. This process that begins locally and extends to a district and an area guided by an organization of people and pastors. Our area of people, The Northern Illinois Conference

(formerly Rock River & Illinois), is geographically the northern third of Illinois. Before 1998, annual conferences were held in the larger churches of this area. In the 183 years of our Confer-



Source: 120<sup>th</sup> Session Booklet – Rock River Annual Conference, June 1959

ence, the annual gathering of the conference has been held at Court Street more than a half dozen times.

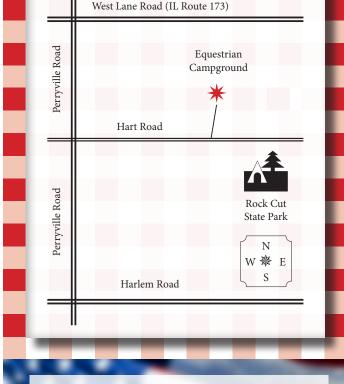
The church library currently has a display of writings on our United Methodist Heritage.

Rev. Richard A. Wang, History and Archives

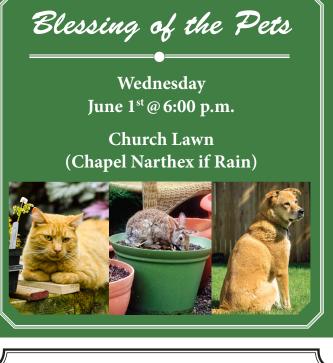
## United Women in Faith Summer Picnic

For those who have RSVP'd:

Date:	Wednesday, June 1 <sup>st</sup>
Time:	12:00 Noon
Lunch:	\$10 - Pay at Event
Location:	Rock Cut State Park
	Equestrian Campground
	-
	Rock Cut State Park Equestrian Campground



The church will be closed on Independence Day. Monday, July 4<sup>th</sup>





*Congratulations* to this year's 50 Year Members

Colleen Gilmore Priscilla 'Perky' Heath Randiann King Truman & Lois Lander Virginia Sisney Sheila Stebbins Lorraine Yencsik Court Street United Methodist Church The Chimes June 2022 215 North Court Street Rockford, IL 61103-6897

**Return Service Requested** 

Phone: (815) 962-6061 Fax: (815) 962-9754 www.courtstreetumc.org

### Thank you for volunteering!

### June 5, 2022

10:00 AM Ushers: The DuWayne Stanis Team Sound Tech: Ryan Welk Video Tech: Steve Ripley Acolyte: Kaylee Bulliner Liturgist: Volunteer welcome.

### June 12, 2022

10:00 AM Ushers: The DuWayne Stanis Team Sound Tech: Stan Tunnell Video Tech: Steve Ripley Acolyte: Lili Breson Liturgist: Volunteer welcome.

### June 19, 2022

10:00 AM Ushers: The DuWayne Stanis Team Sound Tech: Tim Welk Video Tech: Steve Ripley Acolyte: Kaylee Bulliner Liturgist: Volunteer welcome.

### June 26, 2022

10:00 AM Ushers: The DuWayne Stanis Team Sound Tech: Ryan Welk Video Tech: Steve Ripley Acolyte: Ella Anderson Liturgist: Volunteer welcome.

Rev. Calvin Culpepper Ryanne Ludington James L. Crow Krysta Tilges Jack Armstrong Andrew Mertzenich Teresa Field Verlette Gorman Tiffany Wilken Bert Cromwell Mike Smith If you wish to receive <u>The Chimes</u> electronically or to be removed from this mailing, please call the church office at (815) 962-6061 or e-mail Communications@courtstreetumc.org.

# Need a Ride to Church?

Riders, please call drivers for a ride by 6 p.m, on the Saturday before the Sunday you wish to attend.

Riders <u>must wear a mask</u>, <u>be fully vaccinated</u>, and <u>able to</u> <u>show their vaccine card</u> to the driver if requested.

06/05/22	Bruce Shindel	815-397-1479
06/12/22	Jeff Mann	815-742-5444
06/19/22	Curly Thompson	815-988-2735
06/26/22	Tim Gorman	815-636-0514
07/03/22	Bruce Shindel	815-397-1479

Please thank these men for making this ministry work!

### Court Street United Methodist Church Staff

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ext. 202	ChurchAdmin1@courtstreetumc.org
ext. 200	Communications@courtstreetumc.org
ext. 295	Maintenance@courtstreetumc.org
	ext. 209 ext. 221 ext. 202 ext. 200

## Birthdays

Name	Date
Fulton, Ella	2
Manson, Jean	2
Eichelberger, Dennis	3
Adam, Barbara	6
Deleon, Kaiden	6
Kahe, Nathacha	6
Koehn, Bess	7
Livingston, Katelyn	7
Voigt, Dessie	7
Hoople, Erin	9
Ciabatti, Jacob Ryan	12
Groene, Larry	13
Whipple, Robert	14
Wollstadt, Loyd	14
Rodriguez, Manuel	17
Bragori, Emmanuel	18
Hubly, Patricia	18
Miller, June	18

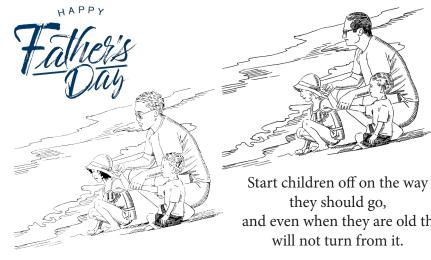
	Name	Date
,	Monroe, Delbert	18
,	Pang, Catherine	18
	Lipphardt, Emma Jean	19
)	Jackson, Tammy	21
)	Scanlon, Hunter	21
)	Doran, Nancy	22
,	Liddell, Karen	22
,	Miller, Nicholaus	23
,	Druce Jones, Dillon	24
)	Thies, Charlie	26
,	Gibbons, Helen	27
	Noble, Gary	27
	Gilmore, Colleen	28
	Galloway, Kay	29
,	Gerber, Nicole	29
	Hardy, Janie	29
	Sernas, Paul	29
	Paulson, Cristina	30

Our prayers and sympathy go to the family of:

Linda D. Green, who died on May 2, 2022

## Wedding Anniversaries

Name	Date	Year	Married
Johnson, Brian and Martha	3	1978	44
Lander, Truman and Lois	4	1949	73
Swansbro, Donald and Charlen	e 4	1964	58
Brown, Sara and Matthew	10	2004	18
Wang, Richard and Jeanine	17	1990	32
Hagele, Carolyn and Eric	22	2013	9
Tunnell, Stanley and Joan	23	1972	50
Stanis, DuWayne and Nancy	25	1960	62
Philbrick, Jack and Jamalynn	28	1959	63
Gibbons, James and Helen	29	1974	48
Lutmer, Robert and Diane	30	1979	43



they should go, and even when they are old they will not turn from it.

**PROVERBS 22:6, NIV** 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Court Street U	nited Metho		1 Picnic THE PART 8:30 AM Beautiful Beginnings 9:30 AM A Matter of Balance (#3) 12:00 PM United Women in Faith Summer Picnic 6:00 PM Blessing of the Pets	2 8:30 AM Beautiful Beginnings 11:30 AM Stewardship Team 1:00 PM The Journeymen	<b>3</b> 8:30 AM Beautiful Beginnings 9:30 AM A Matter of Balance (#4)	4 8:00 AM Rockford Rhythm/Phantom Regiment 10:00 AM LOVE Rockford - Event #2 (Adult Health) at Emmanuel Episcopal
	8:30 AM Beautiful	7 8:30 AM Beautiful Beginnings 9:00 AM History & Archives 9:00 AM Quilters 6:00 PM Voice Lessons with Jack Armstrong	4:00 PM Worship Committee	9 8:30 AM Beautiful Beginnings 1:00 PM The Journeymen 6:00 PM Chatterbox Supper Group	10 8:30 AM Beautiful Beginnings 9:30 AM A Matter of Balance (#6)	<b>11</b> <b>8:00 AM</b> Rockford Rhythm/Phantom Regiment <b>8:30 AM</b> United Methodist Men Breakfast
	8:30 AM Beautiful Beginnings		8:30 AM Beautiful Beginnings	16 8:30 AM Beautiful Beginnings 9:30 AM A Matter of Balance (#8) 1:00 PM The Journeymen	<b>17</b> 8:30 AM Beautiful Beginnings	<b>18</b> 8:00 AM Rockford Rhythm/Phantom Regiment
<sup>19</sup> FA HFR'S	8:30 AM Beautiful	21 8:30 AM Beautiful Beginnings 9:00 AM History & Archives 9:00 AM Quilters 6:00 PM Voice Lessons with Jack Armstrong	8:30 AM Beautiful Beginnings	23 8:30 AM Beautiful Beginnings 12:00 PM Jeremiah Exec. Board 1:00 PM Chimes stuffing 1:00 PM The Journeymen	24 8:30 AM Beautiful Beginnings	<b>25</b> 8:00 AM Rockford Rhythm/Phantom Regiment
26 10:00 AM Worship Service 11:15 AM Facetime by the Big Bell 2:00 PM CSUMC Book Club	8:30 AM Beautiful Beginnings	28 8:30 AM Beautiful Beginnings 9:00 AM History & Archives 9:00 AM Quilters 6:00 PM Voice Lessons with Jack Armstrong 6:15 PM Knitting Group	29 8:30 AM Beautiful Beginnings	30 8:30 AM Beautiful Beginnings 1:00 PM The Journeymen		