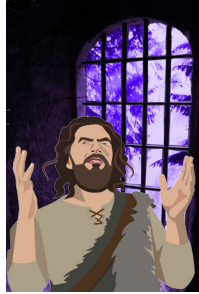


News

from  Court Street United Methodist Church

Expectations



So John summoned two of his disciples ¹⁹ and sent them to the Lord to ask, “Are you the one who is to come, or are we to expect someone else?”

Luke 7:18a-19, NRSV

The story of the incarcerated and doubting prophet John the Baptist reinforces the truth that Jesus failed to meet the expectations of many, even his cousin John. John had been in prison for months, and he knew what Jesus was doing because his own disciples kept him informed. I am sure it was difficult for John, accustomed to a wilderness life, to be confined to a prison. The physical and emotional strain associated with his confinement was real, and the long days of waiting were trying. John decides to send two of his disciples with an amazing question; “*Are you the one who is to come, or are we to expect someone else?*” So unorthodox is Jesus’ kingdom that John had doubts influenced by his expectations of the Messiah. This same John heard the voice of God, which stated; “*This is my Son, the Beloved; with him I am well pleased.*” This is the same John who identified Jesus as; “*Here is the Lamb of God who takes away the sin of the world!*” In his mind the Messiah of the kingdom of God would overcome the Romans by fighting fire with fire. Never could John have dreamed of a kingdom in which the King dies for those he loved. Never in John’s wildest dreams would he expect the fire of hate would be conquered by the living water of love.

²⁰ When the men came to Jesus, they said, “John the Baptist sent us to you to ask, Are you the one who is to come, or should we expect someone else?” ²¹ At that very time Jesus cured many who had diseases, sicknesses and evil spirits, and gave sight to many who were blind. ²² So he replied to the messengers, “Go back and report to John what you have seen and heard: The blind receive sight, the lame walk, those who have leprosy are cleansed, the deaf hear, the dead are raised, and the good news is proclaimed to the poor. ²³ Blessed is anyone who does not stumble on account of me.”¹ Only Jesus would respond with a blessing in reference to John’s doubt. Doubt is a matter of the mind; we cannot understand what God is doing or why God is doing it. “For my thoughts are not your thoughts, neither are your ways my ways,” declares the LORD.² Oswald Chambers states, “Doubt is not always a sign that a person is wrong, it may be a sign that they are thinking.” John was perplexed about God’s plan and his place in God’s plan. Yet, John had the great privilege as God’s messenger of introducing the Messiah to Israel and ultimately the world. Praise God!

I pray this short narrative will remind us that we all have times in ministry with God to doubt due to *our expectations*. And we forget that God is the originator and finisher of all our endeavors in ministry. Our expectations should expect God to complete what God planned not what we expect.

*Grace,
Pastor Cal*

The mission of
Court Street UMC
is to be a
welcoming,
nurturing,
serving
community of Christ.



¹ Luke 7:20-23 NIV ; ² Isaiah 55:8 NIV

The
Chimnes

The Chimes

Lay Leadership

**Lay Delegate
to Annual Conference**

Diane Risley
David Risley

**Alternate Lay Delegate
to Annual Conference**

Jeanine Wang

Administrative Council Chair

Joan Tunnell

Staff/Parish Relations Chair

Sue Cram

Finance Chair

Mike Davis

Stewardship Chair

Jeanine Wang

Treasurer

Gene Ferry

Endowment Chair

Mike Davis

Trustee Chair

Tim Gorman

Lay Leader

Georgalee George

Nurture & Outreach

Georgalee George

Worship Chair

Joan Tunnell

Local Missions Chair

Helen Gibbons

Christian Education Chair

Diane Lutmer

Arts Committee Chair

Richard Wang

United Women in Faith

Sue Cram

United Methodist Men

DuWayne Stanis

Jeremiah Ministry Reps

Kay Galloway
Krysta Tilges

JFON Liaison

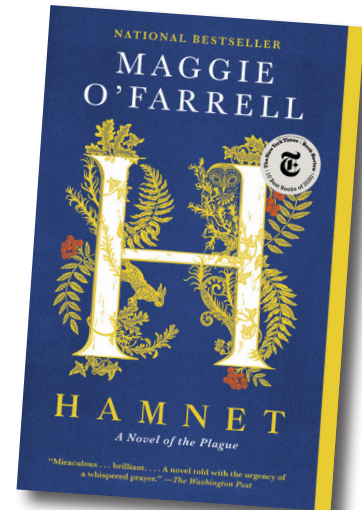
Kay Galloway

CSUMC Book Club

April 23 at 2 p.m.

Hamnet
by Maggie O'Farrell
VINTAGE

Dorothy Powell's Home
4288 Uram Lane



Contact Diane Risley for more info at rishouse@juno.com.

Save the Dates

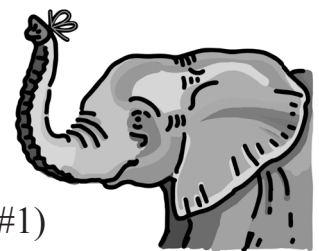
04/08 UMM April Meeting at Stockholm Inn - **Cancelled**

04/11 Domestic Violence Subcommittee Meeting
Church Library at 11 a.m. (All are welcome.)

04/15 Lewis & Claire Zimmerman Wedding
Sanctuary at 4 p.m.

04/20 Dorcas Circle Meeting
JMK Nippon at 11:30 a.m.

04/22 LOVE Rockford 2023 (Event #1)



Like us on

facebook

Follow us on

twitter

See pictures on

www.courtstreetumc.org

PRESERVE THE PAST INVEST IN THE FUTURE

We have an Opportunity! An opportunity to restore, renew, and refresh our beloved church building for years to come.

Many of us have come to realize that the repair work needed years ago has come to a head and can no longer be put off. Our sanctuary heat was gone in December and January. We were fortunate enough to have our chapel available to hold services while it was being repaired. It was a lovely setting many of us enjoyed, but we were unable to stream our services. New boilers for the heating system have had to be installed, and an additional boiler has been ordered. Our roof has had numerous leaks over the years, which has been addressed recently at great cost. Our air-conditioning system died completely this past summer, and a new unit had to be ordered. While we proceeded with this work, we didn't exactly have the money for it. What?! Didn't exactly? What does that mean?

We have been blessed with an endowment fund that has been funded over the years by Court Streeters who enjoyed a rich physical, spiritual, and emotional life and history with Court Street. They looked to our future and left part of their estates to Court Street to help keep us vibrant and alive. These generous contributions have been invested as good stewards and have done well in the market. However, we have had to borrow from the endowment fund for several years to just meet the operating budget of the church.

But this congregation has great spirit! We have always risen to whatever challenge was put before us. We have grown through COVID-19 by reaching out via online media, enabling our growing congregation to worship through YouTube and Live Streaming. We are seeking to follow God's lead by reaching out to our neighborhood through Jeremiah Development, Methodist Mondays, Waffles and Worship, Haskell School, Thanksgiving Dinner, Angel Tree Ministry, Domestic Violence support, Nurture and Outreach, Local Missions, and more.

We are asking everyone to prayerfully consider pledging to our Capital Improvement Fund and investing in our future.

Join us the Sunday after Easter as The Campaign Starts!

The Capital Improvement Campaign Committee





Health & Wellness: *From our Parish Nurse*

One of the National Health Observances for April is IBS (Irritable Bowel Syndrome). IBS is a long term digestive condition. Many people remain undiagnosed and are unaware that their symptoms indicate a medically recognized disorder. What does “irritable” mean? It means that nerve endings in the bowel wall, which control muscle function and affect sensation of the gut, are unusually sensitive. The impact of IBS varies with each person and symptom episodes are often unpredictable. In the United States alone it affects over 30 million people. It can affect male, female, young, and old. This can relate to one in seven to one in ten Americans. The cause of IBS is not completely understood. Many times no structural abnormality that would explain symptoms shows up on tests. There are possible factors like genetics, infections, and trauma that may predispose someone to IBS. Although there is currently no cure for IBS, there are ways to improve symptoms and feel better.

If one’s daily routine is often ruled by intestinal discomfort, you need to seek medical help and obtain a proper diagnosis. IBS is characterized by abdominal pain or discomfort associated with changes in bowel habit (diarrhea and/or constipation), bloating or a sense of gaseousness, along with other symptoms. The pain is often relieved by having a bowel movement and, at times, IBS can be worsened after eating. There can be times when symptoms flare up as well as times of remission when the symptoms can diminish or disappear. IBS may be complex, but there are ways to help manage it.

After a diagnosis, the first line of treatment for IBS includes general measures such as establishing and maintaining an effective patient-doctor relationship and obtaining education about IBS. IBS may not be easy to talk to your doctor about, but it is essential; do not be afraid to talk to your doctor. Good communication during the course of care has been shown to significantly increase patient satisfaction, symptom improvement, daily function, and quality of life. One also needs to make lifestyle changes that may be as-

sociated with symptoms. “Lifestyle” refers to things in your life you have control over. It means to evaluate dietary or stress related factors with your healthcare provider. Stress can often be a culprit with IBS flares. If lifestyle changes do not completely relieve IBS symptoms, a number of medications may be helpful and will need to be discussed.

IBS is often called a brain-gut disorder because it usually involves the large intestine (colon) and small intestine with disturbances of intestinal bowel (gut) motor function (motility) and sensation. These gut related activities are regulated by the brain. When stress hormones are released, they affect the mind and gut simultaneously.

“Stress” is a term doctors use to describe normal response in the body that are needed for health and survival. One way to understand IBS is that there is an increase gastrointestinal response to stress. Stressors are any factors that produce stress. People suffering with IBS have to work with developing a management plan to help decrease symptoms and improve quality of life. Since lifestyle choices and stressors are so individual, plans have to be made individually.

The digestive tract contains trillions of bacteria. Research is currently showing that the composition of these bacteria may affect health & disease. There is now some evidence that certain probiotics may help improve IBS symptoms. There is also a potential role for some “bad” bacteria residing in the gut to be associated with IBS symptoms in some people. Clinical trials have shown that antibiotics, which reduce or alter the bacteria in the gut, may relieve the symptoms of IBS.

Please seek help if needed. The International Foundation for Functional Gastrointestinal Disorders (IFFGD) is a not-profit organization that can offer information and support. Contact IFFGD at 1-888-964-2001, Facebook.com/IFFGD, or visit IBS.org.

Teresa Field
Parish Nurse

CHURCH CLOSED MONDAY, APRIL 10TH



April Greetings from the Scrip Committee!

We would like you to keep our selection of Scrip cards in mind for Easter and other occasions you may have. Chatterbox members, remember that we have cards for the Olympic Tavern, which is where we will meet in April. Please stop by our table, and one of us will be pleased to assist you in purchasing gift cards to meet your needs (groceries, restaurants, gasoline, movies, and more!).



If you have never purchased one of our gift cards, check us out to see what we have. Thank you for helping us help meet the church's needs.

See you on Sunday, or you can stop by the office and order or pick up cards.

UPDATE: CROP HUNGER WALK

Thank you to our 2022 CROP Hunger Walk walkers and donors. Together, the city of Rockford raised \$34,346.22, making our city 39th in the nation. Our local CROP Hunger Walk coordinator, David Jones, reports \$8,586.55 of that money went to the Rockford Pantry Coalition. The bulk of the proceeds benefited CWS, who provides emergency relief nationally and globally. The next Hunger Walk is in October. Starting in late summer/ early autumn, look for information about how you can help make this year's event successful.



**The Olympic Tavern
2327 N. Main Street**

**Thursday, April 13th @ 6:00 p.m.
All ladies are invited.**

**Contact Cindy Fisher at (815) 519-3653
by noon of the Wednesday
before the dinner.**

**REMEMBER: Scrip sells \$10 gift cards
to the Olympic Tavern!**



Waffles & Worship

**Please join us for
fellowship & food.**

**Sunday, April 30th
Dining Room at 8 AM**

EASTER
CANTATA



**"BEHOLD,
YOUR
KING
IS COMING
TO YOU."**
MATTHEW 21:5, ESV

PALM SUNDAY
APRIL 2, 2023
SANCTUARY
10 AM WORSHIP

ANTONIO
VIVALDI'S
GLORIA

PRESENTED BY
CHANCEL
CHOIR
AND GUEST
MUSICIANS

DIRECTED BY
JACK ARMSTRONG



Holy Week Schedule

APR.

02

Palm Sunday

Sanctuary at 10 a.m.

Presentation of the Easter Cantata

APR.

05

Mid-Week Lenten Service

Chapel at 12 p.m.

Wednesday

APR.

06

Maundy Thursday

Chapel at 6 p.m.

APR.

07

Good Friday

Service of Darkness (Tenebrae)

Chapel at 12 p.m.

APR.

09

Easter Sunday

Resurrection Celebration Service

Sanctuary at 10 a.m.



COURT STREET
UNITED METHODIST CHURCH
GARDEN BAZAAR
& BAKE SALE

FRIDAY, MAY 19, 2023
9 AM TO 3 PM
RAIN OR SHINE



UNITED WOMEN
IN FAITH

APRIL LUNCHEON
WEDNESDAY, APRIL 5
12:30 PM
DINING ROOM

SERVING
LASAGNA & SALAD
SURPRISE DESSERT

RSVP BY 4/2/23
DONNA DOW
(815) 963-3020
\$10 PER MEAL

FLOWERS

Order forms due
Friday, April 14th

Orders must be
picked up between 12 p.m. and
2 p.m. on Thursday, May 18th.
Forms available online, at the
office, and in the Narthex.

Don't see a plant you would
like listed? Feel free to make a
special request. Sue Cram will
get back to you regarding
price and availability.



GOODIES

Yay! We're having
another bake sale, and
we need bakers!

Bakery boxes will be
available in the Narthex
after service on April 30th &
May 7th from Bert Cromwell
& Diane Lutmer.

If you have questions,
contact Bert or Diane.

Thanks in advance parishioners!



GUEST SPEAKER

JOAN LODGE
ADMINISTRATOR OF ADULT
COMMUNITY MENTAL HEALTH
ROSECRANCE

SUGGESTED DONATIONS

- CLEANING SUPPLIES
- TOILETRIES (ALL GENDERS)
- JACKETS (ALL SIZES & GENDERS)
- SHOES (ALL SIZES & GENDERS)
- NON-PERISHABLE SNACK ITEMS
- CASH OR CHECK MADE OUT TO ROSECRANCE



Court Street United Methodist Church
 The Chimes April 2023
 215 North Court Street
 Rockford, IL 61103-6897

Return Service Requested

Phone: (815) 962-6061 Fax: (815) 962-9754
 www.courtstreetumc.org

Thank you for volunteering!

April 2, 2023

10:00 AM Ushers: The Sue Cram Team
 Sound Tech: Stan Tunnell
 Video Tech: Steve Ripley
 Acolyte: Lili Breson
 Liturgist: Volunteer welcome.

April 9, 2023

10:00 AM Ushers: The Sue Cram Team
 Sound Tech: Tim Welk
 Video Tech: Steve Ripley
 Acolyte: Ella Anderson

April 16, 2023

10:00 AM Ushers: The Sue Cram Team
 Sound Tech: Ryan Welk
 Video Tech: Steve Ripley
 Acolyte: Kaylee Bulliner
 Liturgist: Karen Brown

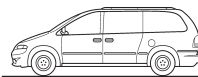
April 23, 2023

10:00 AM Ushers: The Sue Cram Team
 Sound Tech: Stan Tunnell
 Video Tech: Steve Ripley
 Acolyte: Lili Breson
 Liturgist: Volunteer welcome.

April 30, 2023

10:00 AM Ushers: The Sue Cram Team
 Sound Tech: Tim Welk
 Video Tech: Steve Ripley
 Acolyte: Ella Anderson
 Liturgist: Volunteer welcome.

If you wish to receive The Chimes electronically
 or to be removed from this mailing,
 please call the church office at (815) 962-6061
 or e-mail Communications@courtstreetumc.org.



Need a Ride to Church?

Riders, please call drivers for a ride by 6 p.m,
 on the Saturday before the Sunday you wish to attend.

Riders must wear a mask, be fully vaccinated, and able to
 show their vaccine card to the driver if requested.

04/02/23	Tim Gorman	815-636-0514
04/09/23	Curly Thompson	815-988-2735
04/16/23	Bruce Shindel	815-397-1479
04/23/23	Jeff Mann	815-742-5444
04/30/23	Bruce Shindel	815-397-1479
05/07/23	Curly Thompson	815-988-2735

Please thank these men for making this ministry work!

Court Street United Methodist Church Staff

Rev. Calvin Culpepper	Pastor	ext. 220	cculpepper@courtstreetumc.org
Ryanne Ludington	Director of Christian Education		ludingtonryanne@gmail.com
James L. Crow	Director of Arts Ministries	ext. 209	jlcrow@live.com
Krysta Tilges	Director of Video Ministries		ktilges@gmail.com
Jack Armstrong	Director of Music	ext. 221	gogo234@att.net
Andrew Mertenich	Organist		andrew.mertenich@gmail.com
Teresa Field	Parish Nurse		Teresabsf5@yahoo.com
Verlette Gorman	Church Administrator	ext. 202	ChurchAdmin1@courtstreetumc.org
Tiffany Wilken	Publications Secretary	ext. 200	Communications@courtstreetumc.org
Bert Cromwell	Nursery		
Bill Kint	Maintenance Engineer		Maintenance@courtstreetumc.org

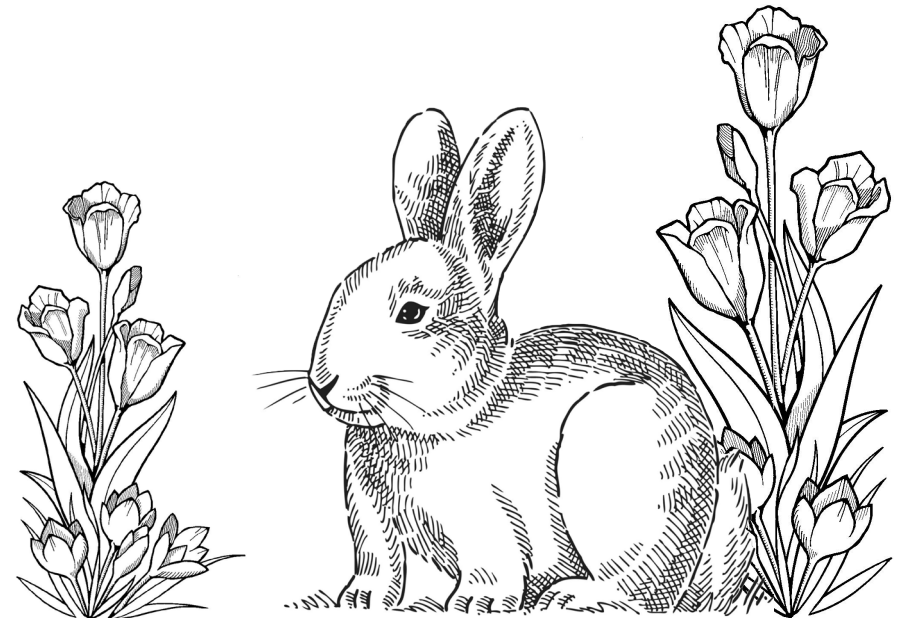
Birthdays

<u>Name</u>	<u>Date</u>	<u>Name</u>	<u>Date</u>
Stanicek, Kathleen	1	Morse, Dillan	20
Toalson, Kirby	1	Crawford, Boden	21
Mertzenich, Andrew	2	Crow, Andrew	22
Woods, Cindy	2	Zantow, Marvin	22
Ryan, Geri	3	Justice, Gordon	24
Smith, Destini	3	Weiss, Donald	24
Culpepper, Cambron	4	Crahan, Caryl	25
Scheffel, Jeremy	5	Swenson, Karen	25
Nelson, Sally	6	Kant, Marie	26
Regnier, Michele	6	King, Brandt	26
Mann, Stephanie	8	Parke, Amanda	26
Armstrong, Eve	9	Bulliner, Kaylee	27
Whitmore, Rachel	9	Diodan, Fernande	27
Powell, Dorothy	12	Mott, Gregory	27
Rodgers, Danielle	12	Fulton, Carrie	28
Miller, Amanda	13	Mott, Sarah Ann	28
Armstrong, Fern	14	Deleon, Melissa	29
Woods, Heidi Ann	15	Ferry, Eugene	29
Froeber, Brianne	16	Johnson, Bruce	29
Jones, Christine	18	Rhoads, Ray	29
Tunnell, Joan	18	Wang, Jeanine	29
Enderly, Steven	19	Palmer, Gregory	30
Pearson, Michael	19		
Shindel, Nancy	19		
Tropp, Jason	19		







Wedding Anniversaries

<u>Name</u>	<u>Date</u>	<u>Year</u>	<u>Married</u>
Rupp, Paul and Ashley	21	2012	11
Justice, Gordon and Julie	27	1957	66

Our prayers and sympathy go to the families of
 Roger R. Ellis who died on February 22, 2023
 Charlene Dull-Monroe who died on March 12, 2023



April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 08:00 AM Rockford Rhythm/Phantom Regiment
2  Palm Sunday 09:00 AM Sunday School 10:00 AM Worship Service 11:15 AM Facetime 11:15 AM Lenten Study Concludes 11:15 AM Youth Activities	3 8:30 AM Beautiful Beginnings	4 8:30 AM Beautiful Beginnings 9:00 AM History & Archives 9:00 AM Quilters 9:30 AM Exercise Class 6:00 PM JuBellation Rehearsal 7:00 PM Chancel Choir Rehearsal	5  08:30 AM Beautiful Beginnings 10:30 AM UWF Leadership Team 12:00 PM Mid-Week Lenten Service 12:30 PM UWF Luncheon – Guest Speaker: Joan Lodge	6  Maundy Thursday 08:30 AM Beautiful Beginnings 10:00 AM Stewardship Team 01:00 PM The Journeymen 06:00 PM Maundy Thursday Service in the Chapel	7  Good Friday 08:30 AM Beautiful Beginnings 12:00 PM Tenebrae Good Friday Service in the Chapel	8 08:00 AM Rockford Rhythm/Phantom Regiment 08:30 AM United Methodist Men Breakfast - CANCELLED
9  Easter Sunday 09:00 AM Sunday School 10:00 AM Worship Service 11:15 AM Youth Activities	10  CHURCH CLOSED EASTER OBSERVANCE	11 08:30 AM Beautiful Beginnings 09:00 AM History & Archives 09:00 AM Quilters 09:30 AM Exercise Class 11:00 AM Domestic Violence Subcommittee 05:30 PM Trustees 06:00 PM JuBellation Rehearsal 07:00 PM Chancel Choir Rehearsal	12 8:30 AM Beautiful Beginnings 4:00 PM Worship Committee	13 8:30 AM Beautiful Beginnings 1:00 PM The Journeymen 6:00 PM Chatterbox Supper Group	14 GARDEN BAZAAR ORDERS DUE 08:30 AM Beautiful Beginnings	15 CHIMES DEADLINE 08:00 AM Rockford Rhythm/Phantom Regiment 04:00 PM Zimmerman Wedding
16 09:00 AM Sunday School 10:00 AM Worship Service 11:15 AM Facetime 11:15 AM Youth Activities	17 8:30 AM Beautiful Beginnings 4:00 PM Finance Committee 5:00 PM Administrative Council	18 8:30 AM Beautiful Beginnings 9:00 AM History & Archives 9:00 AM Quilters 9:30 AM Exercise Class 6:00 PM JuBellation Rehearsal 7:00 PM Chancel Choir Rehearsal	19 8:30 AM Beautiful Beginnings 4:00 PM Staff Meeting 5:30 PM No IL Wood Turners	20 08:30 AM Beautiful Beginnings 11:30 AM Dorcas Circle - JMK Nippon 01:00 PM The Journeymen	21 08:30 AM Beautiful Beginnings	22 LOVE Rockford 08:00 AM Rockford Rhythm/Phantom Regiment
23 09:00 AM Sunday School 10:00 AM Worship Service 11:15 AM Facetime 11:15 AM Youth Activities 02:00 PM CSUMC Book Club	24 8:30 AM Beautiful Beginnings	25 08:30 AM Beautiful Beginnings 09:00 AM History & Archives 09:00 AM Quilters 09:30 AM Exercise Class 12:00 PM Nurture & Outreach 01:00 PM Knitting Group 06:00 PM JuBellation Rehearsal 07:00 PM Chancel Choir Rehearsal	26 8:30 AM Beautiful Beginnings	27 8:30 AM Beautiful Beginnings 1:00 PM The Journeymen	28 08:30 AM Beautiful Beginnings	29 08:00 AM Rockford Rhythm/Phantom Regiment
30 08:00 AM Waffles & Worship 09:00 AM Sunday School 10:00 AM Worship Service 11:15 AM Facetime 11:15 AM Youth Activities						