

News

from  Court Street United Methodist Church

## Thanksgiving

And you will say in that day, “I **thank you, GOD**. You were angry but your anger wasn’t forever. You withdrew your anger and moved in and comforted me. <sup>2</sup> “Yes, indeed—God is my salvation. I trust, I won’t be afraid. GOD—yes GOD!—is my strength and song, best of all, my salvation!” <sup>3-4</sup> Joyfully you’ll pull up buckets of water from the wells of salvation. And as you do it, you’ll say, “Give **thanks to GOD**. Call out his name. Ask him anything! Shout to the nations, tell them what he’s done, spread the news of his great reputation! <sup>5-6</sup> “Sing praise-songs to GOD. He’s done it all! Let the whole earth know what he’s done! Raise the roof! Sing your hearts out, O Zion! The Greatest lives among you: The Holy of Israel.”

**Isaiah 12:1-6, MSG**

We discover a *thankful heart* in this text by the prophet Isaiah. Twice in this passage Isaiah puts words of **thanksgiving** into the mouths of God’s exiled people. And Isaiah is prophesying God’s salvation and liberation of His returning people. “You will say in that day: **I will give thanks to you, O LORD**” (v. 1). “**Give thanks to the LORD**, call upon his name” (v. 4). Our response to God’s saving grace is **thanksgiving**. We remember always what God has done for us, and we “make God’s deeds known among the nations” (v. 4). Indeed, we should make known the deeds God has done in our own hearts and lives, telling others how **thankful** we are for God’s grace, salvation, and strength in pulling us out of sin and into a new life.

So often our prayers are all about what we want God to do. When we spend time **thanking God**, however, we begin to realize that God has already been at work in us long before we knew it. God continues to drill into our hearts with love until we see the light of grace. We offer **thanks to God** because we know we could never have done for ourselves what God has done for us.

This **Thanksgiving** let us make intentional effort to reflect, collect, and savor our God moments and “Sing praise-songs to God.” We all have been blessed, and God is behind the fruition of our blessings. As you feast on whatever meal you prepared or receive, may your heart be in sync with your stomach. I pray you and yours will be taken aback by the Spirit of **Thanksgiving**.

*Grace,  
Pastor Cal*

The  
**Chinnes**

The

The mission of  
Court Street UMC  
is to be a  
welcoming,  
nurturing,  
serving  
community of Christ.



# The Chimes

Lay Leadership

**Lay Delegate  
to Annual Conference**

Diane Risley  
David Risley

**Alternate Lay Delegate  
to Annual Conference**

Jeanine Wang

**Administrative Council Chair**

Joan Tunnell

**Staff/Parish Relations Chair**

Sue Cram

**Finance Chair**

Mike Davis

**Stewardship Chair**

Jeanine Wang

**Treasurer**

Gene Ferry

**Endowment Chair**

Mike Davis

**Trustee Chair**

Tim Gorman

**Lay Leader**

Georgalee George

**Nurture & Outreach**

Georgalee George

**Worship Chair**

Joan Tunnell

**Local Missions Chair**

Helen Gibbons

**Christian Education Chair**

Diane Lutmer

**Arts Committee Chair**

Richard Wang

**United Women in Faith**

Sue Cram

**United Methodist Men**

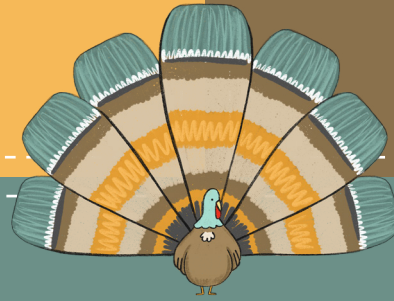
DuWayne Stanis

**Jeremiah Ministry Reps**

Kay Galloway  
Krysta Tilges

**JFON Liaison**

Kay Galloway



## Thanksgiving Dinner

FREE! TURKEY DINNER  
THURSDAY, NOVEMBER 23, 2023  
11.00 a.m. – 1.00 p.m.

SERVED WITH  
MASHED POTATOES AND GRAVY  
DRESSING  
VEGETABLES  
CRANBERRY SAUCE  
ROLL WITH BUTTER  
APPLESAUCE  
SLICE OF PIE  
MILK AND/OR WATER

CARRYOUT  
OR DRIVE-  
THROUGH  
ONLY

LIMIT OF  
2 MEALS  
PER  
PERSON

### HOW CAN YOU HELP?

**VOLUNTEER FOR SHIFTS**

TUE., NOV. 21 – FRI., NOV. 24

CONTACT BERT CROMWELL AT (815) 721-4605

**DONATE MONEY**

**DONATE WINTER WEAR**

HATS, GLOVES, MITTENS, SCARVES, EAR MUFFS, & SOCKS

**DONATE FOODSTUFFS (WEEK OF EVENT)**

BOTTLES OF WATER; FRESH, COMMERCIALY-BAKED PIES;  
3.5 OR 4 OZ. CONTAINERS OF APPLESAUCE

Like us on

facebook

Follow us on

twitter

See pictures on

[www.courtstreetumc.org](http://www.courtstreetumc.org)



Remember to turn your clocks back one hour before you go to bed on Saturday, November 4<sup>th</sup>.

**Thank you for your help in creating the  
DISCOVERERS BOOK SALE AND ART EMPORIUM**

Thanks to Tiffany for creating great publicity pieces; to Sean, Bill, and Jeanine for setting up and taking down tables and packing up all the leftover books; to Kay Galloway, Beverly Maus, and Diane Lutmer. Thanks to all who contributed

books, with a special thanks to DuWayne Stanis for the many states and kinds of books. Proceeds from the sale will be used to update and enhance the church library's resources and make more items available for children and youth.



**PAYING TRIBUTE TO  
OUR VETERANS**

**Sunday, November 12<sup>th</sup>**

We will recognize those men and women in the congregation who have served in the armed forces. Please submit to the office by Tuesday, November 7 a photo of yourself in uniform and another of you doing your job or something of interest that is service related.

We would also like as many details about your service as you wish to share, such as:

- branch
- division
- classification
- rank
- service location
- medals bestowed



**Church Closed**

**Thursday, Nov. 23  
[except during the Thanksgiving Dinner]**

**& Friday, Nov. 24**



## Health & Wellness: Breathing Techniques

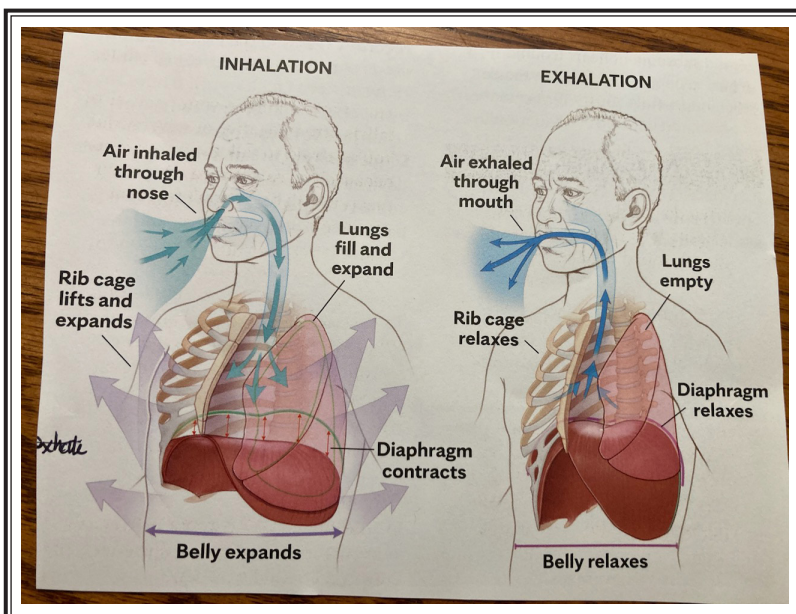
One may think of breathing as automatic. We do it without thinking. But within that fundamental, human act, there's complexity. How we breathe and where those breaths start can be controlled. And doing so by teaching our body and mind to breathe more deeply and with more intention can bring significant health benefits. Best of all, it's free and can be done almost anywhere.

The most powerful muscle of breathing is the diaphragm. It's a dome-shaped muscle located at the bottom of the rib cage, below the lungs. When the diaphragm contracts, the lungs expand, and you inhale. When the lungs relax, you exhale. When it's functioning properly, the diaphragm is responsible for about 75% of the volume of each breath. Next time you're around a baby, pay attention to their breathing. Notice that the stomach expands and contracts with each breath, rather than the chest. In adults, breathing tends to stay focused in the chest cavity, particularly in people who are experiencing stress or chronic pain. Shallow breathing may lead to quick, uneven breaths. But you can learn deep belly breathing on your own. Going to YouTube and typing *abdominal breathing exercises* can be a guide. First, it's important to breathe in through your nose. The nasal passages filter, cleanse, moisten, and warm inhaled air. The resistance to airflow is greater through the nose than the mouth, so inhaling through the nose slows the breathing process and helps maintain an even rhythm.

Better breathing isn't a cure for diseases, but it has many benefits. Research suggests that regularly practicing this promotes health and can ease other symptoms. This includes chronic pain. People in pain tend to breathe shallowly with their nervous system in a "fight or flight" state. Belly breathing relieves pressure on the chest and neck, allowing them to do their intended jobs of supporting the head and torso. Belly breathing also slows the body down, shifting to a healthier "rest and digest" state. This can reduce inflammation. Improved breathing can help people with high blood pressure. Regular belly breathing can modestly improve elevated blood pressure levels. One major study found that belly breathing improves the function of the cells that line blood vessels. For stress and mental health concerns, studies show that people who practice belly breathing have lower levels of cortisol, a hormone key to stress, depression, and anxiety. They also report improved mental health. Belly breathing gently massages and relaxes internal organs near the diaphragm. This has been shown to help gastrointestinal issues. Because belly breathing is so important to good health, consistent practice can make a powerful impact.

**Belly breathing tips & tricks:** If lying down, rest one hand on your abdomen and one hand on your chest. If sitting, place your feet flat on the floor, relax your shoulders and put your hands in the same position as stated or rest them in your lap. Inhale through your nose. Exhale through your mouth. Concentrate on your normal breathing for a minute or two. Then inhale slowly counting to four silently. Expand your abdomen slightly as you inhale. As you breathe in, imagine the air flowing to all parts of your body, leaving you cleansed and energized. Pause, hold the air in your lungs for a few seconds. Exhale to a count of four, as your abdomen contracts. Imagine tension flowing out of you. Repeat, after a brief pause. Repeat this exercise for a few minutes several times a day. If you experience lightheadedness, then shorten the length and depth of your breathing. You should feel calm and relaxed when done.

Teresa Field, *Parish Nurse*





**A**ngel Tree, a Ministry of Prison Fellowship, is a program designed for children whose parent is in prison. This year, we have 50 children. Many of these children live in our church neighborhood. We buy gifts for the children and give them on behalf of the parent who is in prison. Family members of the children will be contacted to determine needs. Each child

will receive 2 gifts: one toy and one clothing item. You can help us by:

1. Volunteering to distribute angels following any worship service
2. Buying gifts for the children (\$15-\$25 each Retail) **Do not buy any gifts until you receive your angel(s)!**
3. Making a cash donation or a check payable to Court Street United Methodist Church with Angel Tree Ministry on the memo line and mailing it to Barb or Gene Ferry at 1321 Camp Avenue, Rockford, IL 61103
4. Shopping for gifts
5. Organizing and delivering gifts between Dec. 17<sup>th</sup> and Dec. 22<sup>nd</sup>
6. Praying for the prisoners and their families
7. Assisting with the administration of this program

To receive your angel, please look for Barb or Gene Ferry or an Angel Tree representative following the service in the Narthex starting Nov. 12<sup>th</sup>. The angels will be on a small green Christmas tree. For questions, contact Barb or Gene Ferry at (815) 965-6518.

## CSUMC Book Club



November 26 at 2 p.m.

*The Hard Parts: A Memoir of Courage and Triumph*  
by Oksana Masters  
SCRIBNER

Diane Risley's Home  
4252 Ahlstrand Drive

Contact Diane Risley for more info  
at [rishouse@juno.com](mailto:rishouse@juno.com).

**Waffles & Worship**

**Last Sunday of the Month  
Dining Room at 8 AM**

A contemporary-styled service filled with food and fellowship.

November Service: Sunday, November 26<sup>th</sup>

**25 CENTS**

Rockford  
NOV 25  
10 AM  
IL

**Hanging of the Greens Saturday, November 25<sup>th</sup> 10 AM**

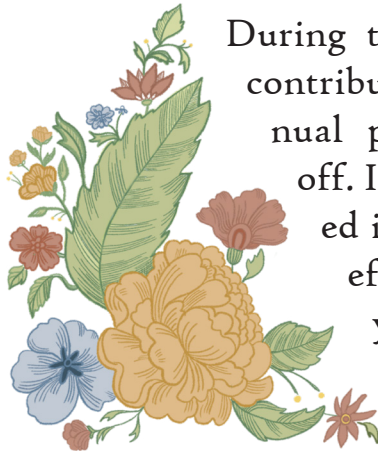


## DORCAS CIRCLE



THURSDAY, NOVEMBER 16  
11:30 AM @  
THE OLIVE GARDEN\*

\* SCRIP SELLS GIFT CARDS FOR THE OLIVE GARDEN



During the summer months contributions to the 2023 annual pledge have slacked off. It would be appreciated if you could make an effort to catch up on your contributions if you have fallen behind.

## Chatterbox Supper Group

### Red Lobster

5827 E. State Street, Rockford, IL

Thursday, November 9<sup>th</sup> @ 6:00 p.m.

All ladies are invited.

Contact Cindy Fisher at (815) 519-3653 by noon of the Wednesday before the dinner.

**PLEASE NOTE:**

SCRIP SELLS \$25 GIFT CARDS FOR RED LOBSTER!

6¢

DONATE  
LOVE



Jeremiah Development has the final LOVE Rockford of the year slated for Saturday, December 2<sup>nd</sup>. It will be held at SecondFirst Church. They would be grateful for winter clothing donations, which you may deposit in the donation box located in the Narthex.

Please make donations by Monday, Nov. 27.

### JUBILEE SCARVES KNITTED ♥ CROCHETED ♥ FELTED HANDMADE SCARVES

Every year, The Jubilee Center distributes hundreds of handmade "Jubilee Scarves" on St. Nicholas Day (December 6) to those in the area struggling with mental illness and poverty.

PLEASE DONATE BY 2 PM, MONDAY, NOV. 20

### Advent Study

*An Unlikely Advent: Extraordinary People of the Christmas Story*  
by Rachel Billups



Sundays 11:15 a.m. - 12:30 p.m.  
study begins November 26<sup>th</sup>

We've covered Advent studies that viewed Christmas through the eyes of Mary (Hamilton's *Not a Silent Night*) and Joseph (Hamilton's *Faithful*), but this time author Rachel Billups helps us to explore Christmas through the eyes of some of the secondary characters of the Bible.

To purchase your copy through the office, **reserve by Friday, November 10**; price TBD but will not exceed \$18 suggested retail price.



**HERE ARE SOME SCRIP IDEAS FOR THE HOLIDAYS.**

RESTAURANT

- Applebee's
- Arby's
- Back Yard Grill & Bar
- Beef-a-Roo
- Chili's
- Chipotle Mexican Grill
- Cracker Barrel
- Culver's
- Denny's
- Olive Garden/ Longhorn Steakhouse
- The Olympic Tavern
- Outback Steakhouse
- Panera Bread
- Papa John's
- Red Lobster
- Red Robin
- Subway
- Texas Roadhouse
- T.G.I. Friday's

GROCERY/GENERAL

- GFS Marketplace
- Meijer
- Pinnon
- Target
- Valli Produce
- Walmart / Sam's Club
- Woodman's

RETAIL

- Amazon
- Barnes & Noble
- Bath & Body Works
- Best Buy
- Dick's Sporting Goods
- Foot Locker
- GameStop
- Hallmark
- JC Penney
- Kohl's
- Lane Bryant
- L.L.Bean
- Macy's
- Marshalls/ T.J. Maxx
- Michael's
- Old Navy/ Gap/ Banana Republic
- PetSmart
- Pottery Barn
- Shoe Carnival
- Talbots
- Ulta Beauty

ENTERTAINMENT

- AMC Theatres
- iTunes

COFFEE

- Dunkin'
- Starbucks

**THESE AND MANY MORE GIFT CARDS ARE AVAILABLE.**



Sunday,  
December 3

**ECHO Ringers  
"Ring We Now of  
Christmas"  
Concert @ 3 PM  
Grace UMC**

Wednesday,  
December 6

**UWF  
Luncheon &  
Carol Sing  
12:30 PM  
Dining Room**

  
**United Women in Faith Luncheon**



**GUEST SPEAKER**  
NANCY BOKERMANN, *PHYSICAL THERAPIST*  
"HOW DO I PREVENT OR RECOVER FROM A FALL?"

**Wednesday, November 1, 2023**  
**12 p.m. in the Dining Room**

**Court Street United Methodist Church**  
215 N. Court Street, Rockford, IL 61103



Court Street United Methodist Church  
 The Chimes November 2023  
 215 North Court Street  
 Rockford, IL 61103-6897

**Return Service Requested**

Phone: (815) 962-6061 Fax: (815) 962-9754  
 www.courtstreetumc.org

**Thank you for volunteering!**

**November 5, 2023**

10:00 AM Ushers: The Sandy Gregory Team  
 Sound Tech: Tim Welk  
 Video Tech: Steve Ripley  
 Acolyte: Kaylee Bulliner  
 Liturgist: Cindy Anderson

**November 12, 2023**

10:00 AM Ushers: The Sandy Gregory Team  
 Sound Tech: Ryan Welk  
 Video Tech: Steve Ripley  
 Acolyte: Ella Anderson  
 Liturgist: Andrew Crow

**November 19, 2023**

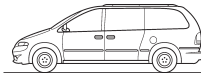
10:00 AM Ushers: The Sandy Gregory Team  
 Sound Tech: Stan Tunnell  
 Video Tech: Steve Ripley  
 Acolyte: Lili Breson  
 Liturgist: Rev. Norma Lee Barnhart

**November 26, 2023**

10:00 AM Ushers: The Sandy Gregory Team  
 Sound Tech: Tim Welk  
 Video Tech: Steve Ripley  
 Acolyte: Kaylee Bulliner  
 Liturgist: Andrew Crow

Livestream Techs: Krysta Tilges &  
 Ella Anderson

If you wish to receive The Chimes electronically  
 or to be removed from this mailing,  
 please call the church office at (815) 962-6061  
 or e-mail [Communications@courtstreetumc.org](mailto:Communications@courtstreetumc.org).



*Need a Ride to Church?*

Riders, please call drivers for a ride by 6 p.m. on the  
 Saturday before the Sunday you wish to attend.

11/05/23	Curly Thompson	815-988-2735
11/12/23	Tim Gorman	815-636-0514
11/19/23	Jeff Mann	815-742-5444
11/26/23	Curly Thompson	815-988-2735
12/03/23	Tim Gorman	815-636-0514
12/10/23	Jeff Mann	815-742-5444

*Please thank these men for making this  
 ministry work!*

**Court Street United Methodist Church Staff**

Rev. Calvin Culpepper	Pastor	ext. 220	<a href="mailto:cculpepper@courtstreetumc.org">cculpepper@courtstreetumc.org</a>
Ryanne Ludington	Director of Christian Education		<a href="mailto:ludingtonryanne@gmail.com">ludingtonryanne@gmail.com</a>
James L. Crow	Director of Arts Ministries	ext. 209	<a href="mailto:jlcrow@live.com">jlcrow@live.com</a>
Krysta Tilges	Director of Video Ministries		<a href="mailto:ktilges@gmail.com">ktilges@gmail.com</a>
Jack Armstrong	Director of Music	ext. 221	<a href="mailto:gogo234@att.net">gogo234@att.net</a>
Andrew Mertenich	Organist		<a href="mailto:andrew.mertenich@gmail.com">andrew.mertenich@gmail.com</a>
Teresa Field	Parish Nurse		<a href="mailto:Teresabsf5@yahoo.com">Teresabsf5@yahoo.com</a>
Verlette Gorman	Church Administrator	ext. 202	<a href="mailto:ChurchAdmin1@courtstreetumc.org">ChurchAdmin1@courtstreetumc.org</a>
Tiffany Wilken	Publications Secretary	ext. 200	<a href="mailto:Communications@courtstreetumc.org">Communications@courtstreetumc.org</a>
Bert Cromwell	Nursery		
Bill Kint	Maintenance Engineer		<a href="mailto:Maintenance@courtstreetumc.org">Maintenance@courtstreetumc.org</a>



*Wedding Anniversaries*

<u>Name</u>	<u>Date</u>	<u>Year</u>	<u>Married</u>
Gunderson, Clement and Barbara	25	1961	62
Culpepper, Calvin and Gwendolyn	29	1975	48
Davis, Michael and Patricia	30	1963	60

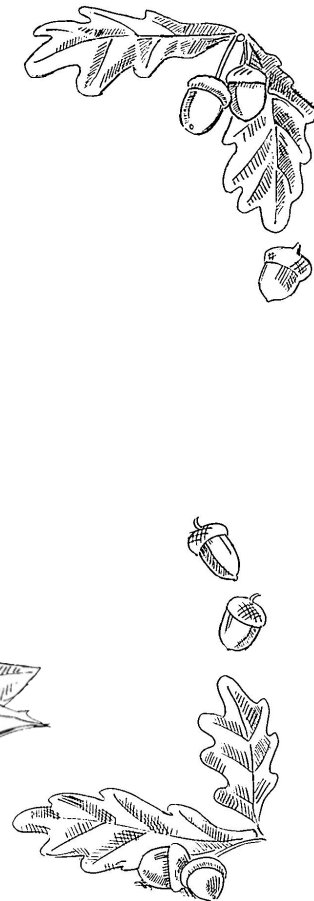
*Birthdays*

<u>Name</u>	<u>Date</u>	<u>Name</u>	<u>Date</u>
Culpepper, Gwendolyn	2	Stoller, Colleen	19
Smith, Fred	2	Ciabatti, Michael	20
Fisher, Cynthia	3	Druce Jones, JanLynn	20
Heath, Priscilla	4	Marlow, Jan	20
Ingrassia, Patty	4	Baker, Janet	21
Maus, Beverly	4	Johnson, Martha	21
Cromwell, Bert	6	France, Brianne	22
Philbrick, Jack	6	Zimmerman, Robert	22
Barnhart, William	8	Ferry, Barbara	23
Krause, Nancy	9	Ludington, Lydia	23
Nielsen, Laurie	11	Zimmerman, Katherine	23
Anglemire, Helen	12	Kelsey-Powell, Ana	24
Green, Nathan	13	Rollins, Theresa	24
Meyer, JoAnne	14	Lutmer, Brandon	26
Tirado, Lauren	15	Lutmer, Justin	26
Sproule, Nancy	16	Bulliner, Brayden	27
George, Georgalee	19	Kruger, Jeni	30
Stanis, Jeffrey	19		

*Psalm 107:8*







**Let them thank the Lord for his steadfast love, for his wonderful works to humankind.**

NRSVUE



*Our prayers and sympathy go to the families of*  
 Gerald "Jerry" Lawrence Ripley who died on August 31, 2023  
 James Rendall Stiles Jr. who died on September 4, 2023  
 Helen Anglemire who died on October 23, 2023

# November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p style="text-align: center;"><b>1</b></p> <p style="text-align: center;"></p> <p><b>08:30 AM</b> Beautiful Beginnings <b>10:30 AM</b> UWF Leadership Team <b>12:00 PM</b> UWF Luncheon</p>	<p style="text-align: center;"><b>2</b></p> <p><b>08:30 AM</b> Beautiful Beginnings <b>10:00 AM</b> Stewardship Team <b>01:00 PM</b> The Journeymen</p>	<p style="text-align: center;"><b>3</b></p>	<p style="text-align: center;"><b>4</b></p> <p><b>08:00 AM</b> Rockford Rhythm/Phantom Regiment</p>
<p style="text-align: center;"><b>5</b></p> <p style="text-align: center;"></p> <p style="text-align: center;"><b>DAYLIGHT SAVING TIME ENDS</b></p> <p><b>08:30 AM</b> Chancel Choir Rehearsal <b>09:00 AM</b> Sunday School <b>10:00 AM</b> Worship Service <b>11:15 AM</b> Facetime by the Big Bell <b>11:15 AM</b> Youth Activities</p>	<p style="text-align: center;"><b>6</b></p> <p><b>8:30 AM</b> Beautiful Beginnings</p>	<p style="text-align: center;"><b>7</b></p> <p><b>8:30 AM</b> Beautiful Beginnings <b>9:00 AM</b> History &amp; Archives <b>9:00 AM</b> Quilters <b>9:30 AM</b> Exercise Class <b>6:00 PM</b> JuBellation Rehearsal</p>	<p style="text-align: center;"><b>8</b></p> <p><b>08:30 AM</b> Beautiful Beginnings <b>03:45 PM</b> Worship Committee</p>	<p style="text-align: center;"><b>9</b></p> <p><b>08:30 AM</b> Beautiful Beginnings <b>01:00 PM</b> The Journeymen <b>06:00 PM</b> Chatterbox Supper Group (Red Lobster)</p>	<p style="text-align: center;"><b>10</b></p> <p style="text-align: center;"><b>REQUESTS FOR ADVENT SPECIAL STUDY BOOK DUE BY 3 PM</b></p>	<p style="text-align: center;"><b>11</b></p> <p><b>08:00 AM</b> Rockford Rhythm/Phantom Regiment <b>08:30 AM</b> United Methodist Men Breakfast (Stockholm Inn)</p>
<p style="text-align: center;"><b>12</b></p> <p><b>08:30 AM</b> Chancel Choir Rehearsal <b>09:00 AM</b> Sunday School <b>10:00 AM</b> Worship Service <b>11:15 AM</b> Facetime by the Big Bell <b>11:15 AM</b> Youth Activities</p>	<p style="text-align: center;"><b>13</b></p> <p><b>8:30 AM</b> Beautiful Beginnings</p>	<p style="text-align: center;"><b>14</b></p> <p><b>8:30 AM</b> Beautiful Beginnings <b>9:00 AM</b> History &amp; Archives <b>9:00 AM</b> Quilters <b>9:30 AM</b> Exercise Class <b>5:30 PM</b> Trustees <b>6:00 PM</b> JuBellation Rehearsal</p>	<p style="text-align: center;"><b>15</b></p> <p style="text-align: center;"></p> <p style="text-align: center;"><b>CHIMES DEADLINE</b></p> <p><b>08:30 AM</b> Beautiful Beginnings <b>04:00 PM</b> Staff Meeting <b>05:30 PM</b> No IL Wood Turners</p>	<p style="text-align: center;"><b>16</b></p> <p><b>08:30 AM</b> Beautiful Beginnings <b>11:30 AM</b> Dorcas Circle (Olive Garden) <b>01:00 PM</b> The Journeymen</p>	<p style="text-align: center;"><b>17</b></p>	<p style="text-align: center;"><b>18</b></p> <p><b>08:00 AM</b> Rockford Rhythm/Phantom Regiment</p>
<p style="text-align: center;"><b>19</b></p> <p style="text-align: center;"><b>NOISY OFFERING</b></p> <p><b>08:30 AM</b> Chancel Choir Rehearsal <b>09:00 AM</b> Sunday School <b>10:00 AM</b> Worship Service <b>11:15 AM</b> Facetime by the Big Bell <b>11:15 AM</b> Youth Activities</p>	<p style="text-align: center;"><b>20</b></p> <p style="text-align: center;"><b>JUBILEE SCARF DONATIONS DUE</b></p> <p><b>8:30 AM</b> Beautiful Beginnings <b>4:30 PM</b> Finance Committee <b>5:00 PM</b> Ad Council</p>	<p style="text-align: center;"><b>21</b></p> <p><b>8:30 AM</b> Beautiful Beginnings <b>9:00 AM</b> History &amp; Archives <b>9:00 AM</b> Quilters <b>9:30 AM</b> Exercise Class <b>6:00 PM</b> JuBellation Rehearsal</p>	<p style="text-align: center;"><b>22</b></p> <p><b>08:30 AM</b> Beautiful Beginnings</p>	<p style="text-align: center;"><b>23</b></p> <p style="text-align: center;"></p> <p style="text-align: center;"><b>CHURCH OFFICE CLOSED</b></p> <p><b>11:00 AM</b> Thanksgiving Dinner</p>	<p style="text-align: center;"><b>24</b></p> <p style="text-align: center;"></p> <p style="text-align: center;"><b>CHURCH CLOSED THANKSGIVING OBSERVANCE</b></p>	<p style="text-align: center;"><b>25</b></p> <p style="text-align: center;"></p> <p><b>08:00 AM</b> Rockford Rhythm/Phantom Regiment <b>10:00 AM</b> Hanging of the Greens</p>
<p style="text-align: center;"><b>26</b></p> <p style="text-align: center;"><b>ADVENT STUDY BEGINS STUDENT SUNDAY</b></p> <p><b>08:00 AM</b> Waffles &amp; Worship <b>08:30 AM</b> Chancel Choir Rehearsal <b>09:00 AM</b> Sunday School <b>10:00 AM</b> Worship Service <b>11:15 AM</b> Facetime by the Big Bell <b>11:15 AM</b> Advent Special Study <b>11:15 AM</b> Facetime by the Big Bell <b>11:15 AM</b> Youth Activities <b>02:00 PM</b> CSUMC Book Club</p>	<p style="text-align: center;"><b>27</b></p> <p style="text-align: center;"><b>LOVE Rockford WINTER CLOTHING DONATIONS DUE</b></p> <p><b>8:30 AM</b> Beautiful Beginnings</p>	<p style="text-align: center;"><b>28</b></p> <p><b>8:30 AM</b> Beautiful Beginnings <b>9:00 AM</b> History &amp; Archives <b>9:00 AM</b> Quilters <b>9:30 AM</b> Exercise Class <b>6:00 PM</b> JuBellation Rehearsal</p>	<p style="text-align: center;"><b>29</b></p> <p><b>08:30 AM</b> Beautiful Beginnings</p>	<p style="text-align: center;"><b>30</b></p> <p style="text-align: center;"><b>WRITTEN CHARGE CONFERENCE REPORTS FROM STAFF &amp; COMMITTEE CHAIRS DUE</b></p> <p><b>08:30 AM</b> Beautiful Beginnings <b>01:00 PM</b> The Journeymen</p>		