News from Court Street United Methodist Church

Dynamic Discipleship!

You can tell what they are by what they do.

Matthew 7:16 (CEV)

As we contemplate Hope and Change here at Court Street UMC, it's useful to look at the Depression-era propaganda promoting FDR's vision of economic recovery. This 1934 piece produced by MGM extols the virtues of inflation in accelerating economic activity and recovery. The piece ends with FDR's smiling countenance to a spirited rendition of "Happy Days Are Here Again."

So long sad times, go long bad times, we are rid of you at last. Howdy gay times, cloudy gray times, you are now a thing of the past. Happy days are here again, the skies above are clear again, so let's sing a song of cheer again, happy days are here again. Happy times, happy nights, happy days, are here again! "Happy Days Are Here Again" was copyrighted in 1929 by Milton Ager (music) and Jack Yellen (lyrics).

This reminds me of the context in which we find ourselves in and outside the church. The backdrop is very similar to the Great Depression era. I wanted to use this historical context to stimulate some memories with some of our congregants. Those who are of that generation are known as "Survivors." I am sure God used that challenging experience to help sustain the spiritual struggles of CSUMC over the years.

I don't think we can sing the tune "Happy Days Are Here Again" in full volume, but I know it has the potential to spark a hum here and there in some. I would like to add some emphases to its rise by saying thank you! You ask for what? I want to thank you for your increased presence and generosity in our twelve years together. The increase in both areas attributed to your increase in giving to the ministry of CSUMC. I also noticed an increase in your spiritual growth. These are signs of committed and Dynamic Disciples of Christ living out their covenant of faith publicly.

As I said, we have not arrived, and there is still a tremendous amount of prayerful work to be done. But I am so thankful of the journey we have traveled so far and for the journey we have yet to travel together tomorrow.

Grace, Pastor Cal



JThe The mission of

Court Street UMC

Stree is to be a welcoming, nurturing, serving community of Christ.

ourt Street

The Chimes

Lay Leadership

Lay Delegate to Annual Conference Diane Risley David Risley

Alternate Lay Delegate to Annual Conference Jeanine Wang

Administrative Council Chair Joan Tunnell

<u>Staff/Parish Relations Chair</u> Sue Cram

> Finance Chair Mike Davis

Stewardship Chair Jeanine Wang

> <u>Treasurer</u> Gene Ferry

Endowment Chair Mike Davis

> Trustee Chair Tim Gorman

Lay Leader Georgalee George

Nurture & Outreach Georgalee George

> Worship Chair Joan Tunnell

Local Missions Chair Barb Ferry Sue Zimmerman

Christian Education Chair Diane Lutmer

Arts Committee Chair Richard Wang

United Women in Faith Sue Cram

United Methodist Men DuWayne Stanis

Jeremiah Ministry Reps Kay Galloway Krysta Tilges

> JFON Liaison Kay Galloway



United Women in Faith

Continue to remember those in prison as if you were together with them in prison, and those who are mistreated as if you yourselves were suffering.

Hebrews 13:3, NIV

Luncheon Wednesday, February 7, 2024 12 p.m. in the Dining Room

GUEST SPEAKER LAURA DEVRIES, *SENIOR CHAPLAIN* ROCKFORD REACHOUT JAIL MINISTRY

PLEASE RSVP TO DONNA DOW AT (815) 963-3020 BY 12 NOON OF SUNDAY, <u>FEBRUARY 4</u>TH. \$10 PER MEAL

Court Street United Methodist Church 215 N. Court Street, Rockford, IL 61103

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Alice Gillette's 100th Birthday!

Alice turns 100 on February 27th, and Larry & Annette Gillette would like to invite everyone to a special Facetime on Sunday, February 25th. There will be coffee, yummy cake, and time to celebrate Alice's special birthday with her.





2023 Angel Tree Update:

This year we provided gifts to 48 children in 17 family units. Each child received a toy and a clothing item. Each caregiver received a \$25 Walmart gift card. Thank you to all who purchased and wrapped gifts, helped assemble the gifts by family for delivery, and helped deliver the gifts by Christmas. Also note that the family caregiver received 10 or 20 pounds of potatoes from the Potato Drop by UMM, and they were greatly appreciated.

-Gene and Barb Ferry



The Chinnes



WORSHIP SERVICES FEBRUARY 14, 2024 12 pm & 6 pm Sanctuary

MIDWEEK WORSHIP SERVICES WEDNESDAYS IN LENT SANCTUARY @ 12 pm

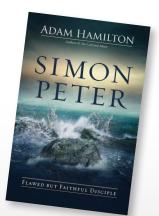
FEBRUARY 21st & 28th

MARCH 6th, 13th, 20th, and 27th

LENTEN STUDY

SIMON PETER: FLAWED BUT FAITHFUL DISCIPLE BY ADAM HAMILTON

STUDY BEGINS SUNDAY, FEB. 18th



PARLOR @ 9 AM (ADULT SUNDAY SCHOOL) & 11 AM (AFTER SERVICE)

Bring cans of soup

(and other pantry items) on or before Super Bowl Sunday.

Place items in donation box or blue bin in the Narthex.



Rock River Valley Pantry

SOUPER BOWL SUNDAY

Four soups will compete for the right to be called this year's champion.

Sunday, February 11, 2024 After Service in the Dining Room

Free-will Offerings Appreciated



Join us Game Day!

You taste. You vote. You select this year's winner.

Gluten-free options also available.

Court Street United Methodist Church

The Chimes



BLANKET SUNDAY

Sunday, February 4th

Donations benefit Church World Service (CWS)



John's Restaurant & Pizzeria 2914 11th Street, Rockford, IL

Thursday, February 8th @ 6:00 p.m.

All ladies are invited. Contact Cindy Fisher at (815) 519-3653 by noon of the Wednesday before the dinner.

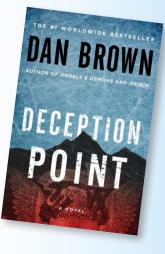


DORCAS CIRCLE



Thursday, February 15 11:30 AM @ JMK NIPPON

2024 CSUMC Book Club



February 25 at 2 p.m.

Deception Point by Dan Brown

Jan Mace's Home 4250 Ahlstrand Drive

Contact Diane Risley for more info at rishouse@juno.com.

Health & Wellness: Respiratory Syncytial Virus (RSV)

Viruses are on the rise, so let me explain what RSV is and what all the encouragement to be vaccinated is about. RSV stands for Respiratory Syncytial Virus, which is a common respiratory virus that causes mild cold-like symptoms. Most people recover in a week or two. Infants and older adults are more likely to develop severe RSV. If you are over 60, a vaccine is available. Talk to your provider to see if it's right for you.

Symptoms: People infected with RSV usually show symptoms within 4 to 6 days after becoming infected. Symptoms of RSV infection usually include:

- Runny Nose
- Decrease in Appetite
- Coughing
- Sneezing
- Fever
- Wheezing

Care: Antiviral medication is NOT routinely recommended to fight this infection. Most RSV infections go away on their own in a week or two. However, RSV can cause severe illness in some people.

- Manage fever and pain with over-the-counter fever reducers and pain relievers, such as acetaminophen (Tylenol) or ibuprofen.
- **Drink enough fluids.** It is important for people with RSV infection to drink enough fluids to prevent dehydration (loss of body fluids). Make sure the color of your urine and frequency is as consistent as when you are feeling well. People can become dehydrated quicker than you think
- Talk to your healthcare provider.

RSV can also cause more severe infections, such as bronchiolitis and pneumonia. Healthy adults and infants infected with RSV do not usually need to be hospitalized. But some people with RSV infections, especially older adults and infants younger than 6 months of age, may need to be hospitalized if they are having trouble breathing or are dehydrated. In the most severe cases, a person may require additional oxygen, breathing treatments, and/or IV fluids.

Reminder: Use Every day Preventative Measures to Limit the Spread of RSV

- Stay at home when sick.
 - Cover your coughs and sneezes with a tissue or your shirt sleeve, not your hands.
 - Wash your hands often with soap and water for at least 20 seconds.
 - Avoid touching your face with unwashed hands.

• Avoid close contact with others, such as shaking hands or sharing cups and eating utensils.

• Clean frequently touched surfaces, such as doorknobs and mobile devices.

Source: National Center for Immunization and Respiratory Diseases (NCIRD), Division of Viral Diseases

Interesting RSV facts: RSV was identified first in 1956. From reporting positive testing for the virus to the Health & Human Services, they are seeing changes. RSV season onset usually ranges from mid-September to mid-November. RSV peak season usually ranges from late December to mid-February. And RSV season offset usually ranges from mid-April to mid-May. However, the patterns of circulation for RSV and other common viruses have been disrupted since the start of COVID-19 in 2020. Beginning in the southern region of the United States, RSV circulation began to rise in the spring months of 2021 and peak in July. It is too soon to predict when the previous seasonal patterns will return. That is one reason why the department of Health & Human Services state that prevention through vaccine development is a high priority. Street United Methodist Church The Chimes February 2024 215 North Court Street Rockford, IL 61103-6897

Return Service Requested

Phone: (815) 962-6061 Fax: (815) 962-9754 www.courtstreetumc.org

Thank you for volunteering!

February 4, 2024

10:00 AM Ushers: The Sandy Gregory Team Sound Tech: Stan Tunnell Video Tech: Steve Ripley Acolyte: Ella Anderson Liturgist: Diane Risley

February 11, 2024

10:00 AM Ushers: The Sandy Gregory Team Sound Tech: Tim Welk Video Tech: Steve Ripley Acolyte: Kaylee Bulliner Liturgist: Volunteer welcome.

February 18, 2024

10:00 AM Ushers: The Sandy Gregory Team Sound Tech: Ryan Welk Video Tech: Steve Ripley Acolyte: Lili Breson Liturgist: Volunteer welcome.

February 25, 2024

10:00 AM Ushers: The Sandy Gregory Team Sound Tech: Stan Tunnell Video Tech: Steve Ripley Acolyte: Ella Anderson Liturgist:Volunteer welcome.

Livestream Techs: Krysta Tilges & Ella Anderson

Deator

If you wish to receive <u>The Chimes</u> electronically or to be removed from this mailing, please call the church office at (815) 962-6061 or e-mail Communications@courtstreetumc.org.

Need a Ride to Church?

Riders, please call drivers for a ride by 6 p.m. on the Saturday before the Sunday you wish to attend.

02/04/24	Jeff Mann	815-742-5444
02/11/24	Tim Gorman	815-636-0514
02/18/24	Curly Thompson	815-988-2735
02/25/24	Tim Gorman	815-636-0514
03/03/24	Jeff Mann	815-742-5444

Please thank these men for making this ministry work!

aulaanar@aaurtatraatuma.ara

Rev. Calvin Culpepper
Ryanne Ludington
James L. Crow
Krysta Tilges
Jack Armstrong
Andrew Mertzenich
Teresa Field
Verlette Gorman
Tiffany Wilken
Bert Cromwell
Bill Kint

Court Street United Methodist Church Staff

Pastor	ext. 220	cculpepper@courtstreetumc.org
Director of Christian Education		ludingtonryanne@gmail.com
Director of Arts Ministries	ext. 209	jlcrow@live.com
Director of Video Ministries		ktilges@gmail.com
Director of Music	ext. 221	gogo234@att.net
Organist		andrew.mertzenich@gmail.com
Parish Nurse		Teresabsf5@yahoo.com
Church Administrator	ext. 202	ChurchAdmin1@courtstreetumc.org
Publications Secretary	ext. 200	Communications@courtstreetumc.org
Nursery		
Maintenance Engineer		Maintenance@courtstreetumc.org

Birthdays

Name	<u>Date</u>	Name	Date
Davis, Michael	1	Justice, Julie	17
Yencsik, Lorraine	1	Adam, Barb	18
Damken, Katy Elizabeth	2	Noltemeier, Louise	19
Hoople, Nathan	2	Zimmer, Matt	20
Mann, Billy	3	McDonald, Okcha	21
Welk, Ashley	3	Armstrong, Tracey	22
Liddell, Patrick	7	Bremner, Nathaniel	22
Allen, Charles	11	Earnest, Joshua	23
Thompson, Stanley Curly 12		Gdowski, Henry	23
Stanis, DuWayne	15	Morse, Bethany	23
Welk, Timothy	15	Ripley, Steven	23
Dyreson-Noble, Doris	16	Mailand, Earle	25
Hagele, Mason	16	Cram, Susan	26

Name	Date
Fibrow, Dana	26
Stein, William	26
Gillette, Alice	27
King, Rob	27
Morgan, David	27
Noltemeier, Karl	27

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Wedding Anniversaries

Name	Date	Year	Married
Noble, Gary and Doris Dyreson-Noble	14	2015	
Condon, Martin and Kelly	25	2012	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 08:30 AM Beautiful Beginnings 10:00 AM Stewardship 01:00 PM The Journeymen	2 GROUNDHOG DAY	3
4 BLANKET SUNDAY 08:30 AM Chancel Choir Rehearsal 09:00 AM Sunday School 10:00 AM Worship Service 11:15 AM Facetime by the Big Bell 11:15 AM Youth Activities	5 8:30 AM Beautiful Beginnings	6 08:30 AM Beautiful Beginnings 09:00 AM History & Archives 09:00 AM Quilters 09:30 AM Exercise Class 12:00 PM Nurture & Outreach 06:00 PM JuBellation Rehearsal		8 8:30 AM Beautiful Beginnings 1:00 PM The Journeymen 6:00 PM Chatterbox Supper Group (John's Restaurant & Pizzeria)	9	10 8:30 AM United Methodist Men Breakfast (Stockholm Inn)
11 SOUPER 08:30 AM Chancel Choir Rehearsal 09:00 AM Sunday School 10:00 AM Worship Service 11:15 AM SOUPer Bowl Sunday	12 8:30 AM Beautiful Beginnings	13 8:30 AM Beautiful Beginnings 9:00 AM History & Archives 9:00 AM Quilters 9:30 AM Exercise Class 5:30 PM Trustees 6:00 PM JuBellation Rehearsal	14 ASH WEDNESDAY 08:30 AM Beautiful Beginnings 12:00 PM Ash Wednesday Service 06:00 PM Ash Wednesday Service	15 Newsletter Deadline CHIMES DEADLINE 08:30 AM Beautiful Beginnings 11:30 AM Dorcas Circle (JMK Nippon) 01:00 PM The Journeymen	16	17
18 NOISY OFFERING 08:30 AM Chancel Choir Rehearsal 09:00 AM Sunday School 10:00 AM Worship Service 11:15 AM Facetime by the Big Bell 11:15 AM Youth Activities 11:15 AM Lenten Study	19 8:30 AM Beautiful Beginnings 4:30 PM Finance Committee 5:00 PM Ad. Council	20 8:30 AM Beautiful Beginnings 9:00 AM History & Archives 9:00 AM Quilters 9:30 AM Exercise Class 6:00 PM JuBellation Rehearsal	21 WICK SERVICE 08:30 AM Beautiful Beginnings 12:00 PM Mid-Week Lenten Service #1 05:30 PM No IL Wood Turners	8:30 AM Beautiful Beginnings 1:00 PM The Journeymen	23	24
 25 08:00 AM Waffles & Worship 08:45 AM Chancel Choir Rehearsal 09:00 AM Sunday School 10:00 AM Worship Service 11:15 AM Facetime (Alice Gillette's 100th Birthday Reception) 11:15 AM Youth Activities 11:15 AM Lenten Study 02:00 PM CSUMC Book Club 		27 8:30 AM Beautiful Beginnings 9:00 AM History & Archives 9:00 AM Quilters 9:30 AM Exercise Class 6:00 PM JuBellation Rehearsal	WID week service	29 LeapDay 08:30 AM Beautiful Beginnings 10:00 AM UWF Leadership 01:00 PM The Journeymen		