News

from Court Street United Methodist Church

Consecration Convocation

¹⁵ See, I have set before you today life and prosperity, death and adversity. ¹⁶ If you obey the commandments of the LORD your God that I am commanding you today, by loving the LORD your God, walking in his ways, and observing his commandments, decrees, and ordinances, then you shall live and become numerous, and the LORD your God will bless you in the land that you are entering to possess.

Deuteronomy 30:15-16, NRSV

Deuteronomy is presented as a sermon by Moses to the people of Israel as they are camped on the far side of the Jordan River. They anticipate crossing it and entering the Promised Land very soon. The people have never been in Canaan or lived in any settled area. Moses is telling his people – and us as readers of Deuteronomy – that there are moral absolutes in life, where certain things are always right and other things are always wrong. Yes, there are some things about God's ways that are unclear to us, "For my thoughts are not your thoughts, nor are your ways my ways, says the LORD,"1 and we do encounter some problems where the right direction is not altogether obvious. But, there's nothing ambiguous about God's way, compared to our way or the way of the world. There are two words Moses uses here that are keys to the reading. One of them is "obey" and the other is "love," and Moses links them both with "blessing."

October 31st, Consecration Sunday, we consecrated the many ways we intend to serve God through our prayers, presence in worship, service, witness, and our gifts. Consecration is the action of making or declaring something sacred. Meantime, the Holy Spirit moved me to gather the members of faith together and begin dialogue around God's future for Court Street UMC. This gathering will be implemented under the heading of Consecration Convocation, which seeks to define the journey into God's future and in God's way as sacred. The following are four steps that I feel God would be honored with; 1) *Inquire*, 2) *Inventory*, 3) *Invest*, 4) *Inspire*.

- 1. In all your ways acknowledge him, and he will make straight your paths.²
- 2. Search me, O God, and know my heart; test me and know my thoughts.³
- 3. Do not neglect to do well and to share what you have, for such sacrifices are pleasing to God.⁴
- 4. Therefore encourage one another and build up each other, as indeed you are doing.5

Let us follow God's way!

Grace. Pastor Cal

nurturing, serving community of Christ.

The mission of Court Street UMC is to be a welcoming,

¹ Isaiah 55:8, NRSV

² Proverbs 3:6, NRSV

³ Psalm 139:23, NRSV

⁴ Hebrews 13:16, NRSV

The Chimes

Lay Leadership

<u>Lay Delegate</u> to Annual Conference

> Diane Risley David Risley

Alternate Lay Delegate to Annual Conference

Jeanine Wang

<u>Administrative Council Chair</u>

Joan Tunnell

Staff/Parish Relations Chair

Sue Cram

Finance Chair

Mike Davis

Stewardship Chair

Jeanine Wang

<u>Treasurer</u> Gene Ferry

Endowment Chair

Mike Davis

Trustee Chair

DuWayne Stanis

Lay Leader

Georgalee George

Nurture & Outreach

Georgalee George

Worship Chair

Joan Tunnell

Local Missions Chair

Helen Gibbons

Christian Education Chair

Diane Lutmer

Arts Committee Chair

Richard Wang

United Methodist Women

Sue Cram

United Methodist Men

DuWayne Stanis

Jeremiah Ministry Rep

Joan Tunnell

JFON Liaison

Kay Galloway



Thursday, November 11th 6:00 p.m.

All ladies are invited.

To learn the meeting location and reserve your spot in the group, contact Marie Lewis at (815) 885-3916 by noon of the Wednesday before the dinner.



Deborah Circle Wednesday, November 17th 9:30 a.m. @ Stockholm Inn



Saturday, November 13th 8:30 a.m. @ Stockholm Inn

All men are welcome!



Dear Congregation:

Are Christmas shopping thoughts on your mind yet? Don't forget to purchase Scrip cards for your own use or to give as gifts. We have cards from home improvement stores (Lowe's, Menards, and The Home Depot) for the handy person in your life. We have

cards to help you prepare for that hard-to-buy-for person or for charitable giving (Woodman's, Valli, Pinnon, Target, and Walmart) and, of course, a variety of restaurant cards! Gas cards are always available as well as many more that can be ordered for you. Amazon and Starbucks are now both available as cash and carry items.

Scrip cards are available for purchase in the church office during office hours and before and after serices. We hope you will include Scrip in your plans, so that we can give back to the church at year's end.

With thanks for your support, The Scrip Committee

Like us on

Follow us on

See pictures on





www.courtstreetumc.org



Court Street Church Conference

Monday, Nov. 15 @ 6:30 pm (5:45 pm SPRC) Church Sanctuary



Greetings!

There are some great things happening with the music at Court Street! On Sunday, October 3rd Javier Martinez, a fourth grader at Montessori

School, played a piano solo during the service. Then, on October 17th the bell choir played "Alabaré" in church. "Alabaré" is a very challenging bell piece and requires 12 ringers to play all of the parts. We are blessed to have 12 ringers in our bell choir, which allows us to do that. Anyone interested in joining the bell choir should see Jack. We'd love to see you.

Jubellation now has new tables to play on! The ones we have had are getting old and in need of much repair. It is far better to have new tables, particularly when you have such precious bells to hold them up with. Thanks to you, the congregation, who have made it possible for us to purchase the new tables. I have also been planning for musicians for Christmas and will let you know in the next Chimes who those will be.

Peace be with you all!

Jack

Artist B. Maus (Beverly Maus) will be showing her recent creation, "Abstracts," using the acrylic pouring method. These works are on canvas and are of various sizes. Each work is

hese works are on canvas and are of various sizes. Each work is unique and varies in colors and impact.



This display will be at The Norwegian restaurant, beginning November 4th, 5 to 9 p.m.

The Norwegian 1402 N. Main Street Rockford, IL 61103



Ministry Donations for 2020

Pennies for Rosecrance	68.34
Bishop's Appeal (School in Tanzania)	643.00
Blanket Sunday	1,048.47
Waffles & Worship	3,163.00
Student Day Offering	136.00
Peace with Justice Sunday Offering	96.00
World Communion Sunday Offering	242.00
United Voices for Children (5th Sunday Appeal)	688.02
CROP Hunger Walk	1,995.00
Jeremiah Development	3,300.00
61.2% of Our Apportionment is Mission	14,740.36
Monies from Fundraisers for Our Youth	2,021.00
Thanksgiving Dinner Contributions	4,003.00
Human Relations Day Offering	197.00
Angel Tree Ministries	2,015.00
Pastor's Discretionary Fund	745.00
Video Ministries	8,370.00
Communion LOVE Offering	838.00

Grand Total: \$44,309.19

Health & Wellness: From our Parish Nurse

When It's Not Just a Side Effect of Aging

Oh, those pesky aches and pains of getting older. A little more stiff getting out of the chair, perhaps slightly lightheaded when you get out of bed in the morning, and, of course, trying to remember where you left your eyeglasses. Sigh, but what if it is not just aging?

Dr. Kathleen Walsh, a UW Health Internal and Geriatric Medicine physician, explains the symptoms we think are just signs of aging could be caused by interaction of the prescriptions and supplements we take, "As our population ages, it is very common to see an increase of prescription and supplements. And, often times, there is a simultaneous use of multiple drugs to treat a single issue. This is called polypharmacy. Over a third of the elderly population is taking 5 or more medications. When you add in over-the-counter medications (like aspirin) and herbal supplements, it is easy to see how adverse interactions can occur. Unfortunately, increased risk of falls and hospital admissions can be the outcome."

As we get older, it is easy to understand the increase of prescription medications. Couple that with the ever aggressive drug companies advertising on TV, your friends telling you about the latest supplement that has helped them, and it is no wonder we think we can just pop a pill to make us feel younger. Dr. Walsh warns supplements are not strictly regulated and many of our elderly population have complex health needs and require caution with any new medication.



Talking to Ensure Good Outcomes

Conversation is the best medicine. You should be talking with your doctor and your pharmacist any time a new prescription is given or filled. Also, tell them about any supplements you are taking.

Keep a list of all your medication with you in your wallet. It should include:

- The name of the drug/ supplement
- Why you are taking it
- How much you take (dosage)
- The time of day you take them

Don't forget to include any allergies you have on the list.

Part of the conversation might be as to if you really need all these pills.

Medications Older Adults Should Use With Caution

You should always check with your primary care physician if you have questions or concerns about over-the-counter medicine. Common examples of medication adults should use with caution:

• Non-steroidal Anti-inflammatory Drugs (NSAIDS)

Used to reduce pain and inflammation but can increase the risk of bleeding stomach ulcers and increase blood pressure, affect kidney, and worsen heart failure.

Muscle Relaxants

Used to reduce pain but can leave one groggy and confused, can increase risk of falls, cause constipation, dry mouth, and problems urinating.

 Certain Medications for Anxiety and / or Insomnia

Used to reduce anxiety and help sleep but can increase falls, cause confusion, and can linger on in the day.

• Certain Over-the-Counter Products

Medicines used for symptoms of coughs, colds, allergies, and insomnia can cause confusion, blurred vision, constipation, problems urinating, and dry mouth.

• Antipsychotics (if not being treated for Psychosis)

Used to treat behavioral problems in older adults with dementia but can increase the risk of stroke or even death. Can also cause tremors and can increase risk of falls

Again, it can't be stressed enough to make sure your physician is aware of all over-the-counter medications and supplements that you are taking!

If you would like to talk with me about your medications or to help you understand them better, please give me a call. I'm here to help and assist. FYI: I have a few prescription pill boxes; if you would like to set up your medications for the week, then this way I can help.......

Teresa Field, Parish Nurse





Remember to turn your clocks back before you go to bed Saturday, Nov. 6th.

Thanksgiving Winner

THUR., NOVEMBER 25, 2021 11.00 a.m. – 1.00 p.m.

DONATIONS NEEDED

- 1. Prepackaged 4 oz. Applesauce Containers (Need by noon Tuesday, Nov. 23)
- 2. Bottled Water 16 or 20 oz. size (Need by noon Tuesday, Nov. 23)
- 3. Commercially-made Pies (Need by noon Wednesday, Nov. 24)

CASH DONATIONS

To Court Street United Methodist Church [Check Memo: Thanksgiving Dinner]

VOLUNTEERS NEEDED

Tues., November 23 - Fri., November 26

Great Opportunity To Give Back to The Community

To Sign Up, Contact Bert Cromwell at (815) 721
4605



The Chimes

A ngel Tree Ministry is a program designed for children whose parent is in prison. This year we have 60 children. Many of these children live in our church neighborhood. We buy gifts for the children and give them on behalf of the parent who is in prison. Family members of the children will be contacted to determine needs. Each child will receive 2 gifts, one a toy and one a clothing item. You can help us by:

- 1. Volunteering to distribute angels following any worship service
- 2. Buying gifts for the children (\$15-\$25 each Retail) **Do not buy** any gifts until you receive your angel(s)!
- 3. Making a cash donation or a check payable to Court Street United Methodist Church with Angel Tree Ministry on memo line and mailing to Barb or Gene Ferry at 1321 Camp Avenue, Rockford, IL, 61103
- 4. Shopping for gifts
- 5. Organizing and delivering gifts between December 19th and December 23rd
- 6. Praying for the prisoners and their families
- 7. Assisting with the administration of this program

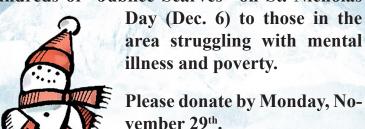
To receive your angel, please look for Barb or Gene Ferry or an Angel Tree representative following the service in the Narthex

starting Nov. 14th. The angels will be on a small green Christmas tree. For questions, contact Barb or Gene Ferry at (815) 965-6518.



Jubilee Scarves

Consider donating some handmade scarves to the Jubilee Center this year. They distribute hundreds of "Jubilee Scarves" on St. Nicholas



Wish to know more about this donation drive? Contact Greg Cox at gcox@aghllaw.com.

CSUMC Book Club 2021

November 21 4:00 PM

My Brilliant
Friend
by Elena Ferrante
Europa Editions



Contact Dorothy Powell for more info at hiogolfer@comcast.net.

Report of 2021 Northern Illinois Conference of the United Methodist Church

The theme of the conference was Jesus Makes a Way. In all the problems of COVID-19, racial injustice, refugees, domestic violence and other issues—Jesus can make a way to justice, peace, hope and joy by His followers taking action, through the power of the Holy Spirit.

Interim Bishop Hopkins gave an analogy (parable?) about a boat, using the following picture:



The mast represents the Cross of Jesus. We come from different cultures, but we are all in the same boat, figuratively. You can't rock the boat and row it at the same time. Pray to God, but row to shore. Turning to God does NOT relieve us of our responsibilities: keep rowing! Jesus makes a way through us.

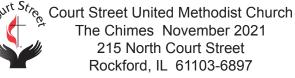
Due to COVID and travel restrictions, the General Conference (with representatives of all UMC worldwide) that was supposed to convene in 2020 still has not been able to meet. One of the big concerns to be addressed when the General Conference can meet is LGBQTAI+ issues. It was expressed in the Annual Conference that we need to be working for God NOW and not be stymied by what may or may not transpire when General Conference does meet and decisions are made.

Some legislative matters that were voted on at Annual Conference were funds to provide resources for refugees and COVID relief: a budget that reflects some savings due to reducing from 6 to 5 districts and a statement from the conference that they will not spend more than they take in: some changes to pension and health benefits for about 10% of retired clergy (we have >300 retired clergy in NIC) to "right size" the benefits.

Some notable notes picked up at conference:

- You can do mission and advocacy without knowing Jesus, BUT, you can't know Jesus and NOT do mission and advocacy.
- Unity is not the same thing as sameness.
- When the bishop assigns a pastor to a congregation, he is also assigning a congregation to the pastor.
- Whatever has your mind, has you.

These are just a few highlights of the Annual Conference. If you would like to learn more, go to umcnic.org.



Return Service Requested

Phone: (815) 962-6061 Fax: (815) 962-9754 www.courtstreetumc.org

Thank you for volunteering!

November 7, 2021

10:00 Ushers: The Sandy Gregory Team

Sound Tech: Ryan Welk Video Tech: Steve Ripley Acolyte: Lili Breson

Liturgist: Volunteer welcome.

November 14, 2021

10:00 Ushers: The Sandy Gregory Team

Sound Tech: Tim Welk Video Tech: Steve Ripley Acolyte: Kaylee Bulliner Liturgist: Volunteer welcome.

November 21, 2021

10:00 Ushers: The Sandy Gregory Team

Sound Tech: Stan Tunnell Video Tech: Steve Ripley Acolyte: Ella Anderson

Liturgist: Volunteer welcome.

November 28, 2021

10:00 Ushers: The Sandy Gregory Team

Sound Tech: Ryan Welk Video Tech: Steve Ripley Acolyte: Natalie Urness

Liturgist: Volunteer welcome.

If you wish to receive <u>The Chimes</u> electronically or to be removed from this mailing, please call the church office at (815) 962-6061 or e-mail Communications@courtstreetumc.org.



Riders, please call drivers for a ride by 6 p.m, on the Saturday before the Sunday you wish to attend.

Riders <u>must wear a mask</u>, <u>be fully vaccinated</u>, and <u>able to</u> show their vaccine card to the driver if requested.

11/07/21	Bruce Shindel	815-397-1479
11/14/21	Tim Gorman	815-636-0514
11/21/21	Jeff Mann	815-742-5444
11/28/21	Dan Boon	815-713-0411
12/05/21	Bruce Shindel	815-397-1479

Please thank these men for making this ministry work!

Court Street United Methodist Church Staff

Rev. Calvin Culpepper	Pastor	ext. 220	cculpepper@courtstreetumc.org
Ryanne Ludington	Director of Christian Education		ludingtonryanne@gmail.com
James L. Crow	Director of Arts Ministries	ext. 209	jlcrow@live.com
Krysta Tilges	Director of Video Ministries		ktilges@gmail.com
Jack Armstrong	Director of Music	ext. 221	gogo234@att.net
Andrew Mertzenich	Organist		andrew.mertzenich@gmail.com
Teresa Field	Parish Nurse		Teresabsf5@yahoo.com
Verlette Gorman	Church Administrator	ext. 202	ChurchAdmin1@courtstreetumc.org
Tiffany Wilken	Publications Secretary	ext. 200	Communications@courtstreetumc.org
Bert Cromwell	Nursery		
Mike Smith	Maintenance Engineer	ext. 295	Maintenance@courtstreetumc.org





November 2021

Birthdays

Name	<u>Date</u>	Name	<u>Date</u>	Name	<u>Date</u>	Name	<u>Date</u>
Culpepper, Gwendolyn	2	Krause, Nancy	9	Stoller, Colleen	19	Ludington, Lydia	23
Smith, Fred	2	Nielsen, Laurie	11	Ciabatti, Michael	20	Zimmerman, Katherine	23
Fisher, Cynthia	3	Anglemire, Helen	12	Druce Jones, JanLynn	20	Kelsey-Powell, Ana	24
Heath, Priscilla	4	Green, Nathan	13	Marlow, Jan	20	Rollins, Theresa	24
Ingrassia, Patty	4	Meyer, JoAnne	14	Baker, Janet	21	Lutmer, Brandon	26
Maus, Beverly	4	Tirado, Lauren	15	Johnson, Martha	21	Lutmer, Justin	26
Cromwell, Bert	6	Sproule, Nancy	16	France, Brianne	22	Bulliner, Brayden	27
Philbrick, Jack	6	George, Georgalee	19	Zimmerman, Robert	22	Kruger, Jeni	30
Barnhart, William	8	Stanis, Jeffrey	19	Ferry, Barbara	23	_	



Anniversaries

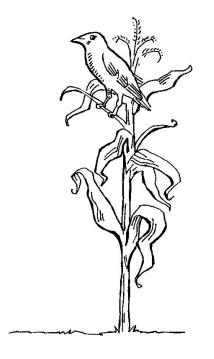
Name	Date	Year	Married
Gunderson, Clement and Barbara	25	1961	60
Culpepper, Calvin and Gwendolyn	29	1975	46
Mehren, Fred and Judy	29	1958	63
Davis, Michael and Patricia	30	1963	58

Our prayers and sympathy go to the family of:

James "Jim" Peter Solchenberger who died September 24, 2021

Leanne Louise Rolfe (Heck) who died October 2, 2021

Dorothy Louise Small who died October 5, 2021



November 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 8:30 AM Beautiful Beginnings 5:00 PM Ad Council	8:30 AM Beautiful Beginnings 9:00 AM History & Archives 9:00 AM Quilters	3 8:30 AM Beautiful Beginnings 9:30 AM Head Start	9:30 AM Head Start	5 8:30 AM Beautiful Beginnings 10:00 AM Head Start 1:30 PM Head Start	6 8:00 AM Rockford Rhythm/Phantom Regiment
7 FILL SHINTS' SUNDAY DAYLIGHT SAVING TIME ENDS 10:00 AM Worship Service 11:30 AM Special Study	8 8:30 AM Beautiful Beginnings	9 8:30 AM Beautiful Beginnings 9:00 AM History & Archives 9:00 AM Quilters 4:00 PM Staff Meeting 5:30 PM Trustees	8:30 AM Beautiful Beginnings 9:30 AM Head Start 4:00 PM Worship Committee	8:30 AM Beautiful Beginnings 9:30 AM Head Start 1:00 PM The Journeymen 6:00 PM Chatterbox Supper Group	12 8:30 AM Beautiful Beginnings 10:00 AM Head Start 1:30 PM Head Start	13 8:00 AM Rockford Rhythm/Phantom Regiment 8:30 AM United Methodist Men Breakfast
14 10:00 AM Worship Service 11:30 AM Special Study	15 CHIMES DEADLINE 8:30 AM Beautiful Beginnings 12:00 PM Nurture & Friends 4:00 PM Finance Committee	16 8:30 AM Beautiful Beginnings 9:00 AM History & Archives 9:00 AM Quilters	17 8:30 AM Beautiful Beginnings 9:30 AM Deborah Circle (Stockholm Inn) 9:30 AM Head Start 5:30 PM No IL Wood Turners	18 8:30 AM Beautiful Beginnings 9:30 AM Head Start 1:00 PM The Journeymen 2:30 PM Head Start	19 8:30 AM Beautiful Beginnings 10:00 AM Head Start 1:30 PM Head Start	20 8:00 AM Rockford Rhythm/Phantom Regiment
Christ the King Sunday 10:00 AM Worship Service 11:30 AM Special Study 4:00 PM CSUMC Book Club	8:30 AM Beautiful Beginnings	23 8:30 AM Beautiful Beginnings 9:00 AM History & Archives 9:00 AM Quilters 6:15 PM Knitting Group	24 8:30 AM Beautiful Beginnings 9:30 AM Head Start	Thanksgiving Dinner CHURCH OFFICE CLOSED 11:00 AM Thanksgiving Dinner	CHURCH OFFICE WILL BE CLOSED	27 8:00 AM Rockford Rhythm/Phantom Regiment
28 10:00 AM Worship Service 11:30 AM Special Study	8:30 AM Beautiful Beginnings	30 8:30 AM Beautiful Beginnings 9:00 AM History & Archives 9:00 AM Quilters				

Dear Congregation:

Christmas is just around the corner, and it is time to think about poinsettias and wreaths. The UMW will be selling these again, but this year you can make one check to the UMW. All the sales from the poinsettias will go to the youth for their camp programs. Money for the wreaths and greens will go to the UMW. New this year are Christmas Cacti on the poinsettia order form and Pots of Greens on the wreath order form. The poinsettias and wreaths can be picked up on Saturday, November 27th at the Chapel Narthex from 1 to 2 p.m. or Sunday, November 28th after church in the Chapel Narthex. If you would like poinsettias or wreaths delivered, please check the box on the order forms. **Please turn order forms into the office by noon on November 18.** Thank you for your continued support.

Sue Cram, P	resid	ent
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Official Use Only: Paid: \$

The United Methodist Women are selling Christmas Wreaths. Please complete the order form attached and include a check made payable to UMW. All orders need to be turned into the church office by Thursday noon, November 18th. Wreaths will be available on Saturday, November 27th, between 1 and 2 p.m., or after church on Sunday or can be scheduled for delivery after 1 p.m. on Saturday.

Grand Total for Order Form

2021

Amount Due \$

All wreaths and pots of greens are made from fresh greens, have white-tipped pine cones, matching ribbons and ornaments. Please choose your ornament color below.

	20 inch	24 inch	36 inch	48 inch	Total per/		
Color	\$25	\$30	\$50	\$75	Color	Name	
			1			Phono	
RED						Phone	
GOLD						Address	
COLD							
SILVER							
		Gra	nd Total fo	r Wreaths			
	•					Delivery? (Circle	One)
			Color	Quantity	Total		
10:	D-+ - t C		RED			Yes	N
(\$28 pe	Pot of Gree	ris	GOLD			163	.,
(720 pc)	. 50,		SILVER				

Grand Total for Pots of Greens

Check No.

2020 Poinsettia (and Christmas Cactus) Sale

Official Use Only: Paid \$

The youth are selling Poinsettias for the Christmas season. The profits from the sale will go towards youth camps in 2022. The plants will be available on Saturday, Nov. 27 from 1 to 2 p.m. in the Chapel narthex or for delivery. The plants will be delivered Saturday afternoon starting at 1 p.m. The poinsettias will have foil over the pot and a clear plastic sleeve around them as a weather covering. The cost for one 6-inch pot (1 plant) is \$12.00, for one 7-inch pot (2 plants) is \$22.00, triple plant pots are \$32.00. Please remember to **include your check, made out to United Methodist Women**, with your order and turn it in to the office by **Thursday, Nov. 18 at noon**. For additional questions please call Sue Cram (779) 200-7192.

		6 inch 1 Plant \$12.00	7 inch 2 Plants \$22.00	8 inch 3 Plants \$32.00	Total
	Red				
	White				
	Pink				
	Burgundy				
	Red & White Jingle Bells				
		Color	Price	Quantity	Total
		White	\$11.00		
	Christmas Cactus	Pink	\$11.00		
		Red	\$11.00		
			Grand	Total	
l will pick uր	o my plant(s) on Satur	⁻ day.	Please deliver m	ny poinsettia(s) to the	address b
ne		A	Address		

Check No.

Amount Due \$

2021