



Isamilo Canteen Menu



Rec- Year 2 - 2,500/= a day

Year 3-6 - 3,000/= a day

Year 7 - 13 - 3,500/= a day

Pay in advance each week or for the whole half term. Weekly payments must be paid by the Thursday of the previous week

Meat is served 3 times a week with vegetarian options provided daily. Due to seasonal availability, the menu may be subject to change

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Lunch	Beef sausage Veg sandwich (v) <u>Served with:</u> Chips Coleslaw salad Fresh fruit juice	Beans in coconut sauce (v) <u>Served with:</u> Rice Sauteed vegetables Fresh fruit cut	Meat bolognese Lentil bolognese (v) <u>Served with:</u> Spaghetti Steamed vegetables Fresh fruit	Chicken stew Paneer tikka masala (v) <u>Served with:</u> Mashed potato Green vegetables Fresh fruit juice	Chickpeas in curry sauce (v) <u>Served with:</u> Jeera rice Steamed vegetables Fresh fruit cut
Breaktime snacks	Chapati Samosa (meat and veg) Chocolate cake Sweet potato or cassava	Butter bread Beef sausage Sweet kalmatti Egg groundnuts	Chapati Chocolate doughnut Egg sharif Sweet potato or cassava	Butter bread Andazi Boiled Egg Marble Cake	Chapati Pancake Egg chop Sweet potato or cassava
Week 2 Lunch	Fried chicken Grilled paneer tikka (v) <u>Served with:</u> Chips Mixed vegetable salad Fresh fruit juice	Egg fried noodles (v) <u>Served with:</u> Sauteed vegetables Avocado salad Fresh fruit cut	Meatballs in sweet and sour sauce Vegetable curry (v) <u>Served with:</u> Mashed potato Sauteed vegetables Fresh fruit cut	Beans in creamy peanut sauce (v) <u>Served with:</u> Jeera Rice Sauteed vegetables Fresh fruit	Beef biryani Vegetable biryani (v) <u>Served with:</u> Kachumbari salad Fresh fruit juice
Breaktime snacks	Chapati Samosa (meat and veg) Strawberry cake Sweet potato or cassava	Butter bread Sausage roll Chocolate croissant Egg groundnuts	Chapati Vegetable rolls Boiled egg Banana cake Sweet potato or cassava	Butter bread Andazi Pancake Samosa (meat and veg)	Chapati Beef sausage Sweet rolls Egg sharif Sweet potato or cassava



Isamilo Boarding Menu



Breakfast served at 06:45, Lunch served at 13:00, Dinner served at 18:00

Refreshments served at 11:00, 16:00 and 20:00

Due to seasonal availability, the menu is subject to change

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	White bread Weetabix Served with: Blueband / jam Fresh milk & tea Fresh fruit	Chapati Fried cassava Served with: Fresh milk and tea Fresh juice	Egg sharif Served with: Blueband or jam Fresh milk and tea	Spanish omelette Beef sausage Served with: Fresh milk and tea Fresh juice	Pancake Served with: Fresh milk and tea Fresh juice	Scones Fried egg Served with: Fresh milk and tea Fresh juice	Chocolate doughnuts Served with: Fresh milk and tea Fresh fruit
Refreshment snacks 11:00							
Lunch	School Canteen menu					Beef sausage Chips Coleslaw salad	Chickpeas in curry sauce Rice Green vegetables
Refreshment snacks 16:00							
Dinner	Beans in coconut sauce Served with: Rice Sauteed Vegetables	Sausage pizza Served with: Fresh juice	Chips Mayai Served with: Kachumbari Salad	Chicken stew Served with: Butter naan bread	Egg fried spaghetti Served with: Steamed vegetables	Fish in coconut sauce Served with: Mashed potato Ugali	Vegetable pizza Served with: Fresh juice
Refreshment snacks 20:00							