



W E D I S P A .


# for beauty

SOLUTIONS GUIDE



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A variety of non-invasive treatments that help improve skin texture, tone,  
and overall appearance.

# SKIN HEALTH

# Hydrafacial

**CLASSIC** 179

PACKAGE X 3 TREATMENTS 490

Experience the rejuvenating power of our Classic Hydrafacial, a revolutionary treatment that cleanses, exfoliates, and hydrates your skin all in one session. Using advanced vortex technology, this non-invasive procedure effectively removes impurities, unclogs pores, and replenishes essential nutrients. Watch as your complexion transforms, revealing a refreshed and radiant glow. The Classic Hydrafacial is the perfect choice for those seeking a quick and effective skin revitalisation.

DURATION	30 MIN
COMFORT	00000
REST TIME	NONE REQUIRED

**DELUXE** 220

PACKAGE X 3 TREATMENTS 600

Take your skincare journey to the next level with our Deluxe Hydrafacial, an elevated experience that combines the benefits of the Classic treatment with added indulgence. In addition to the deep cleansing and hydrating effects, the Deluxe Hydrafacial includes the application of specialised serums tailored to address your specific skin concerns. These powerful serums work in harmony with the Hydrafacial technology to further enhance your results, leaving your skin looking and feeling truly revitalised.

DURATION	45 MIN
COMFORT	00000
REST TIME	NONE REQUIRED

**PLATINUM** 290

PACKAGE X 3 TREATMENTS 790

Indulge in the ultimate luxury with our Platinum Hydrafacial, the pinnacle of skincare perfection. This comprehensive treatment includes all the benefits of the Classic and Deluxe tiers, along with additional advanced treatments and enhancements. Our skilled aestheticians will customize the Platinum Hydrafacial to target your unique skin needs, incorporating specialized boosters, lymphatic drainage massage, and LED light therapy to maximize the rejuvenating effects. Prepare to be amazed as your skin undergoes a transformative journey, unveiling a complexion that radiates health and vibrancy. Elevate your skincare experience with the Platinum Hydrafacial and unlock the full potential of radiant beauty.

DURATION	75 MIN
COMFORT	00000
REST TIME	NONE REQUIRED

# Hydrafacial

## Morpheus8

FROM	800
PACKAGE X 3 TREATMENTS	1800

Morpheus8 is a non-invasive skin tightening treatment that uses radio-frequency energy to stimulate collagen production and tighten loose skin on the face and body. The treatment can improve skin texture and reduce the appearance of wrinkles, fine lines, and stretch marks. Results are visible after just one treatment and continue to improve over time..

DURATION	60 MIN [INCLUDING NUMBING TIME]
COMFORT	000••
REST TIME	1 - 3 DAYS

## 3 Step Face Lift + Morpheus8

FROM	1000
PACKAGE X 3 TREATMENTS	2600

Morpheus8 is a non-invasive skin tightening treatment that uses radio-frequency energy to stimulate collagen production and tighten loose skin on the face and body. The treatment can improve skin texture and reduce the appearance of wrinkles, fine lines, and stretch marks. Results are visible after just one treatment and continue to improve over time.

DURATION	90 MIN [INCLUDING NUMBING TIME]
COMFORT	000••
REST TIME	1 - 3 DAYS



MORPHEUS8

## FORMA Skin Tightening Facial

FROM	350
PACKAGE X 3 TREATMENTS	900
PACKAGE X 6 TREATMENTS	1600

Forma is a non-invasive skin tightening treatment that uses radio-frequency energy to stimulate collagen production and tighten loose skin on the face and body. The treatment can improve skin texture and reduce the appearance of wrinkles, fine lines, and sagging skin. Results are visible after just one treatment and continue to improve over time.

DURATION	30 MIN
COMFORT	00000
REST TIME	NONE REQUIRED

## Mini FX

FROM	350
PACKAGE X 3 TREATMENTS	900
PACKAGE X 6 TREATMENTS	1600

MiniFX is a non-invasive cellulite treatment utilising radio-frequency energy to enhance blood circulation and distribute heat to targeted areas of the body, including the face, neck, arms, and knees. This safe and effective technology ensures uniform and deep heating, leading to volume reduction and contraction, as supported by clinical studies. To achieve optimal results, a series of 6-8 weekly sessions is recommended.

DURATION	30 MIN
COMFORT	00000
REST TIME	NONE REQUIRED

## FORMA RF + Mini FX

FROM	600
PACKAGE X 3 TREATMENTS	1600
PACKAGE X 6 TREATMENTS	3000

A combination treatment of our popular skin tightening technologies. Improve contours and skin appearance through tightening and natural collagen stimulation.

DURATION	60 MIN
COMFORT	00000
REST TIME	NONE REQUIRED



## Lumecca IPL

FULL FACE	300
PACKAGE X 3 TREATMENTS	800
NECK + DECOLLETAGE	400
PACKAGE X 3 TREATMENTS	1000

Lumecca is an IPL (Intense Pulsed Light) treatment that can improve the appearance of pigmentation, sun damage, rosacea, and broken capillaries. The treatment uses a broad spectrum of light to penetrate deep into the skin and stimulate collagen production. Results are visible after just one treatment and continue to improve over time.

DURATION	30 MIN
COMFORT	0000+
REST TIME	1 - 3 DAYS

LUMECCA™



## LED Light Therapy

FROM 70

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PACKAGE X 3 TREATMENTS 180

PACKAGE X 6 TREATMENTS 300

A proven painless, medical-grade therapy for anti-aging skin health. Reduces fine lines; minimises pigmentation and redness; and promotes youthful glow.

DURATION 15 MIN


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COMFORT 00000

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REST TIME NONE REQUIRED

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We use advanced technologies to address a range of intimate health concerns and rejuvenate the area, all while ensuring a safe and comfortable experience tailored to your unique needs and goals.

# WOMEN'S HEALTH

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## FORMA V Feminine Care

FROM	899
PACKAGE X 3 TREATMENTS	2500
PACKAGE X 6 TREATMENTS	4500

### COMING SOON:

An innovative, non-invasive technology that utilises deep tissue heating to improve moisture, muscle tone and pH balance. It can improve sexual dysfunction, vaginal dryness, circulation and urinary incontinence.

DURATION	30 MIN
COMFORT	00000
REST TIME	NONE REQUIRED

Customised facials that use professional-grade products to address individual skin concerns and promote healthy, glowing skin.

# CLINICAL FACIALS

## Dr Murad Facials

### EXPRESS 90

The MURAD Skin Firming Facial is a targeted treatment that focuses on improving skin elasticity and firmness. The treatment uses a combination of advanced ingredients to stimulate collagen production and improve skin texture, leaving the skin looking smoother, firmer, and more youthful.

DURATION 30 MIN

COMFORT 00000

REST TIME NONE REQUIRED

### SKIN CALMING 155

#### ADD ON LED 195

The MURAD Skin Calming Facial is a gentle treatment that is designed to soothe and calm sensitive or irritated skin. The treatment uses a combination of calming ingredients to reduce redness and inflammation, leaving the skin feeling refreshed and rejuvenated.

DURATION 50 MIN / 65 MIN

COMFORT 00000

REST TIME NONE REQUIRED

### SKIN BRIGHTENING [PURE VIT C INFUSION] 160

#### ADD ON LED 200

The MURAD Vitamin C Infusion Facial is a powerful antioxidant treatment that helps to protect the skin against environmental damage and brighten the complexion. The treatment involves a combination of vitamin C and other potent ingredients that work together to stimulate collagen production, improve skin texture, and reduce the appearance of fine lines and wrinkles.

DURATION 60 MIN / 75 MIN

COMFORT 00000

REST TIME NONE REQUIRED

### SKIN FIRMING 160

#### ADD ON LED 200

The MURAD Skin Firming Facial is a targeted treatment that focuses on improving skin elasticity and firmness. The treatment uses a combination of advanced ingredients to stimulate collagen production and improve skin texture, leaving the skin looking smoother, firmer, and more youthful.

DURATION 30 MIN

COMFORT 00000

REST TIME NONE REQUIRED

# Murad®

## Skinceutical Facials

### SKIN FLOODING 245

The Skinceutical signature facial is a customised treatment that is tailored to your skin type and concerns. The treatment uses a combination of advanced ingredients to improve the overall health and appearance of your skin. A high dose infusion of moisture for maximum absorption and minimal transepidermal water loss—perfect for dry skin.

DURATION 75 MIN

COMFORT 00000

REST TIME NONE REQUIRED

## Lunchtime Peels

### RETINOL DUO ANTI-AGING + LED THERAPY 135

PACKAGE X 3 TREATMENTS 375

A deeply revitalising retinol treatment in combination with red light therapy—proven to nourish skin and improve lines and crepiness.

DURATION 30 MIN

COMFORT 0000•

REST TIME 0 - 2 DAYS

### SKINCEUTICAL PEELS + LED THERAPY

AGE-DEFYING PEEL + LED THERAPY 175  
for skin conditions of aging, dehydration, mild discolouration

BRIGHTENING PEEL + LED THERAPY 175  
for skin conditions of aging, moderate discolouration

CLEAR PEEL + LED THERAPY 175  
for acne, aging, discolouration


NOURISH AND HYDRATE PEEL + LED THERAPY 175  
for dehydrated, aging skin

PACKAGE X 3 TREATMENTS + LED THERAPY 475

DURATION 45 MIN

COMFORT 0000•

REST TIME 0 - 2 DAYS



Hands-on techniques that help to relieve muscle tension,  
reduce stress, and promote relaxation.

# MASSAGE THERAPY

**RELAXATION MASSAGE**

30 MIN	65
45 MIN	80
60 MIN	95
90 MIN	125

Our Swedish Massage is a classic relaxation massage that is designed to ease tension and promote relaxation. This massage uses long, smooth strokes, kneading, and circular movements to help improve circulation, reduce stress, and promote overall wellness.

DURATION	VARIABLES
COMFORT	00000
REST TIME	NONE REQUIRED

**DEEP TISSUE MASSAGE**

30 MIN	65
45 MIN	80
60 MIN	95
90 MIN	125

Our Deep Tissue Massage is a therapeutic treatment that is designed to target deep layers of muscle tissue. This massage uses slow, deep pressure to help release tension and relieve chronic pain or discomfort. It is particularly effective for those with muscle tightness or tension in specific areas.

DURATION	VARIABLES
COMFORT	00000
REST TIME	NONE REQUIRED

**PRENATAL MASSAGE**

30 MIN	65
45 MIN	80
60 MIN	95
90 MIN	125

Experience a nurturing and relaxing pre-natal massage tailored to the unique needs of expectant mothers. Our skilled therapists provide gentle techniques and careful positioning to promote relaxation, relieve muscle tension, reduce swelling, and alleviate common pregnancy discomforts. Enjoy a tranquil environment where you can unwind and leave feeling refreshed and nurtured.

DURATION	VARIABLES
COMFORT	00000
REST TIME	NONE REQUIRED

**REFLEXOLOGY MASSAGE**

30 MIN	65
45 MIN	80
60 MIN	95
90 MIN	125

Our Reflexology treatment focuses on pressure points in the hands, feet, and ears, which correspond to specific organs and systems in the body. This massage uses firm pressure to stimulate these pressure points, promoting relaxation, and reducing stress and tension.

DURATION	VARIABLES
COMFORT	00000
REST TIME	NONE REQUIRED



REMEDIAL MASSAGE

30 MIN	75
60 MIN	110
90 MIN	150

Our Remedial Massage is a therapeutic treatment that is designed to help relieve pain, improve mobility and flexibility, and promote overall relaxation. Our trained massage therapists use a combination of techniques to target specific areas of pain or discomfort, including deep tissue massage, trigger point therapy, and myofascial release.

DURATION	VARIABLES
COMFORT	00000
REST TIME	NONE REQUIRED

HOT STONE MASSAGE

60 MIN	119
90 MIN	160

Our Hot Stone Massage is a relaxing and therapeutic treatment that uses smooth, heated stones to help relax muscles and promote overall wellness. The heat from the stones helps to increase blood flow and promote relaxation, while the massage therapist uses long, smooth strokes to ease tension and promote relaxation.

DURATION	VARIABLES
COMFORT	00000
REST TIME	NONE REQUIRED

AROMATHERAPY MASSAGE

60 MIN	119
90 MIN	160

Our Aromatherapy Massage is a gentle, soothing massage that uses essential oils to promote relaxation and improve overall well-being. This massage involves long, smooth strokes and gentle pressure to help calm the mind and body, while the aroma of the essential oils helps to enhance the overall experience.

DURATION	VARIABLES
COMFORT	00000
REST TIME	NONE REQUIRED

COUPLES RETREAT MASSAGE FOR TWO

60 MIN	185
90 MIN	245

Our Couples Massage is a perfect way to unwind and relax with your loved one. Our experienced massage therapists will simultaneously work on both of you in the same room, allowing you to share the experience and bond together. You'll both receive a customised massage tailored to your individual needs, using a variety of techniques to relieve tension, soothe sore muscles, and promote overall relaxation. Our Couples Massage is an intimate and romantic experience that's perfect for special occasions or just because.

DURATION	VARIABLES
COMFORT	00000
REST TIME	NONE REQUIRED



Self-care packages of our most popular treatments.

# SPA PACKAGES

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**DESTRESS TIME**


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**30 MIN FACIAL + 30 MIN MASSAGE** 120

A blissful combination of a rejuvenating facial and a soothing massage, carefully curated to provide the ultimate relaxation experience. Begin with a revitalising facial tailored to your skin's needs, where our skilled aestheticians will cleanse, exfoliate, and nourish your skin, leaving it refreshed and glowing. Then, transition into a tranquil massage that will melt away tension, releasing both physical and mental stress. Immerse yourself in this luxurious package and emerge feeling deeply relaxed, rejuvenated, and ready to face the world with a renewed sense of calm.

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**DURATION**    60 MIN

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**COMFORT**    00000

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**REST TIME**    NONE REQUIRED

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**WELLBEING RITUAL**


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**30 MIN FACIAL + 60 MIN MASSAGE** 170

A sublime journey of relaxation and rejuvenation that will transport you to a state of pure bliss. This indulgent package includes an extended massage session, allowing you to fully unwind and let go of everyday stresses. Our skilled therapists will expertly release tension and restore harmony to your body, using a combination of soothing techniques tailored to your preferences. As the cares of the world melt away under their skilled hands, you will feel a deep sense of tranquillity and renewed energy.

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**DURATION**    90 MIN

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**COMFORT**    00000

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**REST TIME**    NONE REQUIRED

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**COUPLES INDULGENCE FOR TWO**


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**30 MIN FACIAL + 60 MIN MASSAGE** 325

Embark on a truly indulgent journey of relaxation and rejuvenation with our exclusive couples package. Begin your experience with a luxurious and personalised facial designed to address your unique skincare needs. As you bask in the tranquil ambiance, let the cares of the world slip away. Following your revitalising facial, immerse yourselves in the serenity of an extended couples massage, where skilled therapists will expertly release tension and restore harmony to your bodies. Feel the stress melt away as you both drift into a state of pure bliss. This package is the perfect way to enhance your bond, promote overall well-being, and create lasting memories of rejuvenation and togetherness.

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**DURATION**    90 MIN

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**COMFORT**    00000

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**REST TIME**    NONE REQUIRED



Non-invasive treatments that enhance natural beauty.

# BEAUTY TREATMENTS

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**BROW WAX** 25


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A fast and effective way to shape and define your eyebrows. Our experienced aestheticians use gentle wax to remove unwanted hair from your eyebrows, leaving them looking neat and polished.

**BROW TINT** 20


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A quick and easy way to add definition and depth to your eyebrows. We use a safe, semi-permanent dye to enhance the colour of your eyebrows, helping to create a more polished and put-together look.

**BROW TINT + WAX** 40


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A combination treatment to shape and define your brows.

**LASH TINT** 30


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A great way to enhance the natural colour of your eyelashes. We use a safe, semi-permanent dye to add depth and definition to your lashes, creating a more dramatic and eye-catching look.

**LASH LIFT** 85


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A semi-permanent treatment that helps to create a natural-looking lift and curl to your lashes. This treatment involves a special solution to set lashes in place. The result is a more awake and refreshed appearance, without the need for mascara or eyelash curlers.

**LASH LIFT + TINT** 110


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A combination treatment to lift and colour your lashes for a more defined look.

**BROW LAMINATION** 90


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This non-invasive procedure lifts and sets your brow hairs in place, creating a fuller and more uniform appearance. Say goodbye to unruly brows and hello to beautifully shaped brows that last.

**BROW LAMINATION + TINT + WAX** 120


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Elevate your brow game with our comprehensive brow transformation. Experience the ultimate brow makeover as we sculpt, define, and enhance your eyebrows to perfection. Step out with flawlessly shaped and beautifully tinted brows that frame your face and enhance your natural beauty.

**LIP WAX** 20


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Say goodbye to unwanted upper lip hair with our lip waxing service. Embrace a flawless look and enjoy the confidence that comes with it.

**CHIN WAX** 20


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Achieve a flawless and hair-free chin with our professional chin waxing service. Say goodbye to pesky chin hair and hello to a more confident and polished look.

**BROW + LIP + CHIN WAX** 55


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For a total put together look we offer a combination of brow/lip/chin wax.



Non-surgical treatments that enhance facial features and reduce signs of aging.

# COSMETIC INJECTABLES

## Anti-Wrinkle Injectables

Muscle relaxant injections are a popular non-surgical treatment used to temporarily reduce the appearance of fine lines and wrinkles on the face. The injections are made of a purified protein that temporarily relaxes the facial muscles responsible for creating dynamic wrinkles. The treatment is quick and virtually painless, with no downtime required.

### ANTI-WRINKLE PRODUCT A

FROM	12
DURATION	30 MIN
COMFORT	0000•
REST TIME	NONE REQUIRED

### ANTI-WRINKLE PRODUCT B

FROM	4
DURATION	30 MIN
COMFORT	0000•
REST TIME	NONE REQUIRED

## Dermal Fillers

Dermal filler injections are a popular non-surgical treatment used to restore volume and plumpness to the face, lips, and hands. The injections are made of a smooth gel-like substance that is injected under the skin to fill in wrinkles, lines, and hollow areas. The treatment is quick and relatively painless, with results that can last up to a year or more.

### LIP FILLERS

HYDRATE	399
DEFINE	499
VOLUME	599
DURATION	45 - 60 MIN
COMFORT	000••
REST TIME	NONE REQUIRED

### FACIAL FILLERS

1ML	599
2ML	999
3ML	1399
4ML	1799
DURATION	45 - 60 MIN
COMFORT	000••
REST TIME	NONE REQUIRED

## Anti-Wrinkle + Dermal Filler Packages

FRESH ME UP 899

2 AREAS OF ANTI-WRINKLE + 1ML DERMAL FILLER

DURATION 60 MIN

COMFORT 000••

REST TIME NONE REQUIRED

RESTORE AND REFRESH 1299

2 AREAS OF ANTI-WRINKLE + 2ML DERMAL FILLER

DURATION 60 MIN

COMFORT 000••

REST TIME NONE REQUIRED

ULTIMATE COUTURE 1499

3 AREAS OF ANTI-WRINKLE + 2ML DERMAL FILLER

DURATION 60 MIN

COMFORT 000••

REST TIME NONE REQUIRED

## Cosmetic Injections for Skin Rejuvenation

BIO-REMODELLING FILLER FOR FIRMNESS 850

PACKAGE X 2 TREATMENTS 1650

Rediscover firm and youthful skin with our Bioremodelling Filler treatment. This advanced cosmetic injection harnesses the power of bio-stimulating fillers to promote collagen production and improve skin firmness. The carefully selected ingredients work to replenish lost volume, smooth fine lines, and restore a more lifted and sculpted appearance. Experience the rejuvenating effects of Bioremodelling Filler and embrace a firmer, more youthful complexion that radiates confidence.

DURATION 45 - 60 MIN

COMFORT 0000•

REST TIME NONE REQUIRED

GO GLOW SKIN BOOSTER 395

DURATION 45 MIN + 30 MIN NUMBING TIME

COMFORT 0000•

REST TIME 1 DAY

GO GLOW SKIN BOOSTER + PRP 695

DURATION 45 MIN + 30 MIN NUMBING TIME

COMFORT 0000•

REST TIME 1 DAY



**COLLAGEN BOOSTER PDO THREAD 499**

PDO thread lift is a non-surgical facelift treatment that uses dissolvable threads made of polydioxanone (PDO) to lift and tighten sagging skin on the face, neck, and jawline. The threads are inserted into the skin using a thin needle and create a lifting effect that lasts up to two years. The treatment is quick and relatively painless, with minimal downtime required.

DURATION	45 MIN + 30 MIN NUMBING TIME
COMFORT	000••
REST TIME	2 DAYS

**PRP FACIAL REJUVENATION 499**

**PACKAGE X 3 TREATMENTS 1400**

Platelet-rich plasma (PRP) injections use a concentrated serum derived from the patient’s own blood to stimulate collagen production and promote tissue regeneration. The serum is injected into the skin to improve texture, tone, and firmness, and can also be used to reduce the appearance of fine lines and wrinkles. The treatment is quick and virtually painless, with no downtime required.

DURATION	45 MIN + 30 MIN NUMBING TIME
COMFORT	000••
REST TIME	1 - 2 DAYS

**PRP HAIR RESTORATION 499**

**PACKAGE X 3 TREATMENTS 1400**

A cutting-edge treatment that harnesses the healing properties of your own blood to promote hair growth. Through a simple and minimally invasive procedure, we extract platelet-rich plasma (PRP) from your blood and inject it into areas of thinning or receding hair. This natural and effective therapy stimulates hair follicles, increases blood circulation, and encourages the growth of thicker, healthier hair. Reclaim your confidence and restore your locks with PRP Hair Restoration.

DURATION	45 MIN + 30 MIN NUMBING TIME
COMFORT	000••
REST TIME	NONE REQUIRED

**SCULPTRA COLLAGEN REBUILD 850**

Revitalise your skin and restore its youthful appearance with Sculptra Collagen Rebuild. This innovative treatment stimulates collagen production, helping to smooth wrinkles, enhance facial contours, and improve skin texture. With Sculptra, you can achieve natural and long-lasting results that gradually build over time, leaving you with a refreshed and rejuvenated complexion.

DURATION	45 MIN + 30 MIN NUMBING TIME
COMFORT	000••
REST TIME	1 - 3 DAYS



A fast way to deliver the benefits of various proven, modern, health treatments.

# IV THERAPY

## IV Therapy

Intravenous therapy, is a safe and efficient method of delivering essential vitamins, minerals, and hydration directly into the bloodstream. This specialised treatment offers a quick and effective way to replenish nutrients, boost energy levels, support immune function, and promote overall wellness. Whether you're looking to enhance athletic performance, recover from illness, or simply optimise your health, IV therapy can provide the nutrients your body needs for optimal functioning. Experience the benefits of IV therapy and feel revitalised from the inside out.

### SUPER GLOW 299

PACKAGE X 3 TREATMENTS 850

DURATION 45 MIN

COMFORT 0000•

REST TIME NONE REQUIRED

### SUPER DEFENCE 299

PACKAGE X 3 TREATMENTS 850

DURATION 45 MIN

COMFORT 0000•

REST TIME NONE REQUIRED SUPER GLOW 299

### SUPER STRONG 299

PACKAGE X 3 TREATMENTS 850

DURATION 45 MIN

COMFORT 0000•

REST TIME NONE REQUIRED

### SUPER PERFORM 499

PACKAGE X 3 TREATMENTS 1690

DURATION 45 MIN

COMFORT 0000•

REST TIME NONE REQUIRED



MEDISPA.  
la  
beauty