



Aromatherapy Clinical Certification Supplies Checklist

The following items will be needed to complete certification.

Essential Oils

| | |
|--|---------------------------------------------------------------|
| | <i>Aniseed Essential Oil - Pimpinella anisum</i> |
| | <i>Cardamom Essential Oil - Elettaria cardamomum</i> |
| | <i>Cinnamon Bark Essential Oil - Cinnamomum Zeylanicum</i> |
| | <i>Cypress Essential Oil - Cupressus sempervirens</i> |
| | <i>Eucalyptus Essential Oil - Eucalyptus globulus/radiata</i> |
| | <i>Fennel Essential Oil - Foeniculum vulgare dulce</i> |
| | <i>Frankincense Essential Oil - Boswellia carterii</i> |
| | <i>Geranium Essential Oil - Pelargonium graveolens</i> |
| | <i>German Chamomile Essential Oil - Matricaria recutita</i> |
| | <i>Grapefruit Essential Oil - Citrus paradisi</i> |
| | <i>Ginger Essential Oil - Zingiber Officinal</i> |
| | <i>Jasmine Essential Oil - Jasminun grandiflorum</i> |
| | <i>Juniper Berry Essential Oil - Juniperus Communis</i> |
| | <i>Lemon Essential Oil - Citrus limon</i> |
| | <i>Lemongrass Essential Oil - Cymbopogon citratus</i> |
| | <i>Lemon Balm Essential Oil - Melissa officinalis</i> |
| | <i>Lavender Essential Oil - Lavandula angustifolia</i> |
| | <i>Myrrh Essential Oil - Commiphora myrrha</i> |
| | <i>Marjoram Essential Oil - Origanum marjorana</i> |

Aromatherapy Certification Assignments



Essential Oils

| | |
|--|-----------------------------------------------------------------------------|
| | <i>Patchouli Essential Oil - Pogostemon cablin</i> |
| | <i>Peppermint Essential Oil - Mentha x piperita</i> |
| | <i>Petitgrain Essential Oil - Citrus aurantium var. amara fol</i> |
| | <i>Rose Essential Oil - Rosa damascena</i> |
| | <i>Rosemary Essential Oil - Rosmarinus officinalis</i> |
| | <i>Sandalwood Essential Oil - Santalum album</i> |
| | <i>Oregano Essential Oil - Origanum Vulgare</i> |
| | <i>Tea Tree Essential Oil - Melaleuca alternifolia</i> |
| | <i>Thyme Essential Oil - Thymus vulgaris var. linalol</i> |
| | <i>Wintergreen Essential Oil - Gaultheria fragrantissima, G. procumbens</i> |

Aromatherapy Clinical Certification



Supplies

| | |
|--|------------------------------------------------------------------------------------------------------|
| | <i>Book: Therapeutic Blending With Essential Oil</i> |
| | <i>Measuring Cups</i> |
| | <i>Labels Sheet</i> |
| | <i>Glass Stirring Rod</i> |
| | <i>Coffee Beans Tin</i> |
| | <i>Writing Pen and/or Sharpie Pen</i> |
| | <i>Yellow Highlighter</i> |
| | <i>30 – Perfume Strips</i> |
| | <i>Measuring Spoons</i> |
| | <i>Small Bowls</i> |
| | <i>Saucepan</i> |
| | <i>Cloth</i> |
| | <i>24 Ounces Pure Honey</i> |
| | <i>2 Ounces salts (your choice: dead sea salts, pink himalayan, etc.)</i> |
| | <i>8 Ounces Witch Hazel</i> |
| | <i>4 Ounces Hydrosol or Floral water</i> |
| | <i>.16 Ounce Water-Soluble preservative of choice i.e. Germaben II (1%) or Vitamin-E oil capsule</i> |
| | <i>1/2 Ounce Aloe Vera Gel or another moisturizer (1%)</i> |
| | <i>30 ml Liquid Emulsifier</i> |
| | <i>1/2 Ounce Almond Oil</i> |
| | <i>1/2 Ounce Apricot oil</i> |
| | <i>1 Ounce Jojoba oil</i> |

Aromatherapy Clinical Certification



Supplies

| |
|------------------------------------------------------------------------------------------|
| <i>8 Ounce Strong Herbal Tea</i> |
| <i>1/3 cup Tapioca Flour or Arrowroot Flour, or Vitamin C powder, or Ground Cinnamon</i> |
| <i>Candy Thermometer</i> |
| <i>Silicone Cookie sheets or Silicone Cake Pans</i> |
| <i>Wax Paper or Cellophane</i> |
| <i>1/2 Ounce Apple Cider Vinegar</i> |
| <i>Lemon Fruit</i> |
| <i>3 Garlic Cloves</i> |
| <i>1/4 Teaspoon Ginger (ground)</i> |
| <i>1/4 Teaspoon Cinnamon</i> |
| <i>1/8 Teaspoon Cayenne Pepper (ground)</i> |
| <i>1/2 Ounce Beeswax</i> |
| <i>1 1/2 Ounces Cocoa Butter</i> |
| <i>8 Ounce Coconut oil</i> |
| <i>1/2 Ounce Olive oil</i> |
| <i>1 1/2 cups Elderberry Syrup</i> |
| <i>3 Tablespoons Gelatin Powder</i> |
| <i>4 Ounces Fractionated Coconut or Grapeseed Oil</i> |
| <i>2 Teaspoons Castile Soap</i> |
| <i>1/3 cup Epsom salts</i> |
| <i>1/4 Cup Sesame Oil</i> |
| <i>1/4 Cup Calendula Oil</i> |
| <i>1/4 Cup Sesame Oil</i> |
| <i>1/4 Cup Calendula Oil</i> |

Aromatherapy Clinical Certification



Supplies

| |
|------------------------------------------------|
| <i>2 Ounces Bottle</i> |
| <i>2 Ounces (60 ml) PET Plastic Jar or Tub</i> |
| <i>2 Ounces Glass Bottle</i> |
| <i>2 Small Glass Jars</i> |
| <i>1 Ounce Glass Jar</i> |
| <i>"00" Empty Capsules</i> |
| <i>Gummy Silicone Molds</i> |
| <i>Small Glass Jar</i> |
| <i>Plastic Wrap</i> |
| <i>Small Glass Spray Bottle</i> |
| <i>12-inch Cotton Strips or Paper Towels</i> |
| <i>Thick Towel or Bathrobe</i> |
| <i>Tape Measure</i> |