## **Aromatherapy Certification Assignments**

**AROMAHUT** 

# ASSIGNMENTS REQUIRED FOR AROMATHERAPY LEVEL ONE CERTIFICATION

The following activities must be submitted to your instructor for grading.

#### Activity: Make A Room Spray

- 1. Aromatic Report Form
- 2. Recipe Report Form
- 3. Picture of final product (jpg)

#### Activity: Make a Diffuser Blend

- 1. Aromatic Report Form
- 2. Recipe Report Form
- 3. Picture of final product (jpg)

#### Activity: Make an Inhaler

- 1. Aromatic Report Form
- 2. Recipe Report Form
- 3. Picture of final product (jpg)

#### Activity: Make Bath Salts

- 1. Therapeutic Report Form
- 2. Recipe Report Form
- 3. Picture of final product (jpg)

#### Activity: Make a Massage Oil

- 1. Therapeutic Report Form
- 2. Recipe Report Form
- 3. Picture of final product (jpg)

#### Activity: Make a Pain Relief Lotion

Therapeutic Report Form
Recipe Report Form
Picture of final product (jpg)

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### **CASE STUDIES**

- 1. Five Therapeutic Report Forms (one for each product made for each case study; in most cases, you will make multiple products for one case study)
- 2. Five Recipe Report Forms (one for each product made for each case study)
- 3. Five Aromatherapy Client Intake Forms (one per client totaling five case studies)
- 4. Five Aromatherapy Clinical Practice Intake Notes (one per client totaling five case studies)