

# Aromatherapy Level One Certification



## Aromatherapy Level One Certification Supplies Checklist

The following items will be needed to complete certification.

### Essential Oils

	<i>Basil Essential Oil – Ocimum basilicum ct linalol</i>
	<i>Bergamot Essential Oil – Citrus bergamia</i>
	<i>Cedarwood Essential Oil – Cedrus atlantica</i>
	<i>Clary Sage Essential Oil – Salvia sclarea</i>
	<i>Eucalyptus Essential Oil – Eucalyptus globulus</i>
	<i>Frankincense Essential Oil – Boswellia carterii</i>
	<i>Geranium Essential Oil – Pelargonium graveolens</i>
	<i>Helichrysum Essential Oil – Helichrysum italicum</i>
	<i>Lavender Essential Oil – Lavandula angustifolia</i>
	<i>Lemon Essential Oil – Citrus limon</i>
	<i>Lemongrass Essential Oil – Cymbopogon citratus</i>
	<i>Patchouli Essential Oil – Pogostemon cablin</i>
	<i>Peppermint Essential Oil – Mentha x piperita</i>
	<i>Roman Chamomile Essential Oil – Chamaemelum nobile</i>
	<i>Rosemary Essential Oil – Rosmarinus officinalis</i>
	<i>Sandalwood Essential Oil – Santalum album</i>

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## Essential Oils

	<i>Spikenard Essential Oil – Nardostachys jatamansi</i>
	<i>Sweet Orange Essential Oil – Citrus sinensis</i>
	<i>Tea Tree Essential Oil – Melaleuca alternifolia</i>
	<i>Ylang Ylang Essential Oil – Cananga odorata</i>

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## Supplies

	Book: Therapeutic Blending With Essential Oil
	Measuring Cups
	Labels Sheet
	Glass Stir Rod
	Coffee Beans Tin
	1 – Dead Sea Bath Salts (8 oz)
	1 – Carrier Oil (Fractionated Coconut Oil, Almond Oil, etc.) (8 oz)
	1 – Unscented Lotion (8 oz)
	1 – Rose or Lavender Floral Water (4 oz)
	2 – Glass or Plastic Clear Spray Bottles (2 oz)
	2 – Dark Glass Bottles (5ml)
	4 – Plastic Dark Bottles (1 oz)
	2 – Plastic Tubs (1 oz)
	6 – Plastic Inhalers
	20 – Perfume Strips
	Distilled Water (If not using hydrosol)
	Yellow Highlighter
	Writing Pen and/or Sharpie Pen
	Small Bowls
	Tweezers
	Glass Dropper or Plastic Pipettes