

# Ambrette Seed

ABELMOSCHUS MOSCHATUS

Ambrette Seed is used primarily in phisticated perfumes, but finds its way in the application of therapy for a person's emotional needs by aiding with anxiety, depression and mood swings.

## COUNTRY OF ORIGIN

Peru

## EXTRACTION METHOD

Steam Distillation

## PLANT PART

Seeds

## BOTANICAL FAMILY

Malvaceae

## CHEMICAL FAMILY

Farnesyl acetate, Farnesol, Ambrettolide, Decyl acetate, Dodecyl acetate

## AROMA

Woody, musky, rich floral.

## NOTE

Middle/Base

## SAFETY

- No known precautions.

## THERAPEUTIC PROPERTIES

Ambrette Seed is also beneficial for aches, pains, stiffness, poor circulation, and low blood pressure.

ANTIDEPRESSANT	ANTIVIRAL	HYPOTENSIVE
SEDATIVE	ANTSPASMODIC	NERVINE
ANTI HISTAMINE	ANTIBACTERIAL	ANTIMICROBIAL
TONIC	UTERINE	

## BODY SYSTEMS

### CIRCULATORY

POOR BLOOD CIRCULATION & LOW BLOOD PRESSURE

### ENDOCRINE

ANXIETY, DEPRESSION

### INTEGUMENTARY

ECZEMA

### LIMBIC

DEPRESSION & ANXIETY



## BODY SYSTEMS CONTINUED

### MUSCULAR

ACHES, PAINS, STIFFNESS

#### REFERENCES:

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5. ESSENTIAL OIL SAFETY, ROBERT TISSERAND AND RODNEY YOUNG, SECOND EDITION 2014, ELSEVIER BOOKS