

Cedarwood

CEDRUS ATLANTICA

Cedarwood has been traditionally used for bronchitis, urinary tract infections, preservatives, and incense. Other varieties of Cedarwood include Virginian Cedarwood (*Juniperus virginiana*), Texas Cedarwood (*Juniperus mexicana*), and Himalayan Cedarwood (*Cedrus deodara*).

COUNTRY OF ORIGIN

Native to the Atlas Mountains of Algeria, produced mainly in Morocco.

EXTRACTION METHOD

Steam Distillation

PLANT PART

Stumps & Sawdust

BOTANICAL FAMILY

Pinaceae, Cupressaceae

CHEMICAL FAMILY

Sesquiterpenes, Sesquiterpenols

AROMA

Woody

NOTE

Base

SAFETY

- Check for allergies with cedar.
- *Cedrus atlantica* is not for children under 5, others are fine.
- Generally, non-toxic, non-irritating, and non-sensitizing.

Cedarwood is non-toxic.

THERAPEUTIC PROPERTIES

APHRODISIAC	ASTRINGENT	MUCOLYTIC
ANTI-INFLAMMATORY	ANTIVIRAL	SEDATIVE
ANTIBACTERIAL	CIRCULATORY STIMULANT	TONIC
ANTIFUNGAL	DIURETIC	VULNERARY
ANTIDEPRESSANT	EXPECTORANT	INSECTICIDE
ANTISEPTIC		

BODY SYSTEMS

CIRCULATORY

STROKE

INTEGUMENTARY

PSORIASIS AND ECZEMA, FUNGAL INFECTIONS AND CUTS, INSECT REPELLENT, HAIR LOSS, MOUTH SORES

LIMBIC

CALMING AND ANXIETY, MENTAL CLARITY

LYMPHATIC

FLUID RETENTION

MUSCULAR

TENSION



BODY SYSTEMS (CONT.)

NERVOUS

ADD AND ADHD

REPRODUCTIVE

VAGINAL INFECTION

RESPIRATORY

COUGH AND SINUS ISSUES

SKELETAL

ARTHRITIS AND RHEUMATISM

URINARY

URINARY TRACT AND BLADDER INFECTION

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