

# Citronella

CYMBOPOGON WINTERIANUS

Citronella is an antiseptic, deodorant, insecticide, tonic and stimulant oil. It is commonly used for its insecticidal and bug-repellent properties. Citronella is used in soaps and candles and has applications in massage therapy to help with minor infections in combating colds and flu.

## COUNTRY OF ORIGIN

Indonesia

## EXTRACTION METHOD

Steam Distillation

## PLANT PART

Seeds

## BOTANICAL FAMILY

Poaceae

## CHEMICAL FAMILY

Citronellal: 31-40%, Geraniol: 18-25%, Citronellol: 8-14%.

## AROMA

Citrus like, a little fruity, fresh, and sweet.

## NOTE

Top

## SAFETY

- Avoid use during pregnancy
- Sensitive to those with Hay fever.
- Skin sensitivity.

## THERAPEUTIC PROPERTIES

Citronella can be used for excessive perspiration and for conditioning oily skin and hair. This oil's properties include antiseptic, antifungal, antimicrobial, anti-inflammatory, bactericidal, deodorant, diaphoretic, insecticide, anti-parasitic, stimulant and tonic.

ANTISEPTIC	ANTIFUNGAL	ANTIMICROBIAL
ANTI-INFLAMMATORY	BACTERICIDAL	DEODORANT
DIAPHORETIC	INSECTICIDE	ANTI-PARASITIC
STIMULANT		

## BODY SYSTEMS

ENDOCRINE

NERVOUS EXHAUSTION

IMMUNE

COLDS & FLU

INTEGUMENTARY

EXCESSIVE PERSPIRATION, INSECT REPELLANT, OILY SKIN

MUSCULAR

ARTHRITIC & MUSCULAR PAIN



## BODY SYSTEMS CONTINUED

### RESPIRATORY

### VIRAL INFECTIONS AND FEVER

#### REFERENCES:

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