

Frankincense

BOSWELLIA CARTERII

Frankincense is highly prized in the aromatherapy industry. It is frequently used in skincare products as it is considered a valuable ingredient is having remarkable anti-aging, rejuvenating, and healing properties.

COUNTRY OF ORIGIN

Egypt, Somalia

EXTRACTION METHOD

Steam Distillation

PLANT PART

Gum Resins

BOTANICAL FAMILY

Burseraceae

CHEMICAL FAMILY

Monoterpenes, Sesquiterpenes, Sesquiterpenols, Monoterpenols

AROMA

Balsamic, Earthy, Resinous, Warm

NOTE

Base

SAFETY

- Can be irritating to the skin if oxidized.

Non-toxic, generally non-irritating.

THERAPEUTIC PROPERTIES

Frankincense is a favorite for quieting the mind and encouraging emotional healing on all levels.

ANALGESIC	SKIN HEALING	CARMINATIVE
ANTI-INFLAMMATORY	HYPOTENSIVE	CYTOPHYLACTIC
CARMINATIVE	TONIC	DIGESTIVE
CICATRISANT	NERVINE	EMENAGOGUE
DIURETIC	ANTISEPTIC	SEDATIVE
EXPECTORANT	DISINFECTANT	UTERINE
IMMUNOSTIMULANT	ASTRINGENT	RESTORATIVE
VULNERARY	ANTIDEPRESSANT	

BODY SYSTEMS

ENDOCRINE

MEDITATION AND PRAYER

IMMUNE

CELLULAR HEALTH

INTEGUMENTARY

SCARS AND STRETCH MARKS

LIMBIC

DEPRESSION

MUSCULAR

MUSCLE SPASMS & TENSION



BODY SYSTEMS (CONT.)

NERVOUS

SEIZURES AND TRAUMA

RESPIRATORY

COUGH AND ALLERGIES

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