

Grapefruit Pink

CITRUS RACEMOSA

A top note with a medium aroma, Grapefruit Pink has a fresh, slightly bitter scent that is very characteristic of the fruit.

COUNTRY OF ORIGIN

Mexico

EXTRACTION METHOD

Cold Pressed

PLANT PART

Peel

BOTANICAL FAMILY

Rutaceae

CHEMICAL FAMILY

Monoterpenes, Aldehydes, Sesquiterpenes

AROMA

Tangy, Sweet

NOTE

Top

SAFETY

- May have phototoxic properties. Avoid exposure to the sun after topical use.
- Dilute well before use.
- Avoid during pregnancy.
- Not for children under 5.
- Possible skin irritant.

Grapefruit essential oil can cause skin irritation if exposed to strong sunlight after application. Besides this, there are no inherent risks to consuming this essential oil, although it should probably be avoided during pregnancy.

THERAPEUTIC PROPERTIES

The chemical components vary dramatically depending on the chemotype. Be sure of the chemical profile and chemotype of the oil you are using. The oil we are studying is linalool chemotype. If the oil contains eugenol, it may cause skin irritation in people with sensitive skin.

ANALGESIC	ANTIVIRAL	APPETITE LOSS
ANTIBACTERIAL	CARMINATIVE	IMMUNE SUPPORT
ANTIDEPRESSANT	CEPHALIC	TONIC
ANTIFUNGAL	DIGESTIVE	LYMPHATIC
ANTIEMETIC	ANTIOXIDANT	DISINFECTANT
ANTISEPTIC	EXPECTORANT	DIURETIC
ANTISPASMODIC	ANTI-INFLAMMATORY	ANTIOXIDANT
PURIFIER	ANTITOXIC	ASTRINGENT

BODY SYSTEMS

CIRCULATORY

LOWER BLOOD PRESSURE & PALPITATIONS

DIGESTIVE

IBS AND CROHN'S DISEASE, ADDICTIONS AND SUGAR CRAVINGS, GALLSTONES, HANGOVER

ENDOCRINE

ADRENAL FATIGUE

INTEGUMENTARY

OILY & DRY SKIN, INSECT BITES & ACNE

LIMBIC

ANXIETY, DEPRESSION & FRIGIDITY



BODY SYSTEMS (CONT.)

LYMPHATIC

WEIGHT LOSS AND CELLULITE, DETOXIFICATION, KIDNEY CLEANSING

MUSCULAR

MUSCLE SPASMS & TENSE MUSCLES

REPRODUCTIVE

PMS AND MOOD SWINGS, BREAST AND UTERINE HEALTH

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