



# Neroli

CITRUS AURANTIUM L.

Neroli increases circulation and stimulates new cell growth. It prevents scarring and stretch marks and is helpful in treating skin conditions linked to emotional stress.

## COUNTRY OF ORIGIN

Egypt, Morocco, Tunisia

## EXTRACTION METHOD

Steam Distillation

## PLANT PART

Flower Blossoms

## BOTANICAL FAMILY

Rutaceae

## CHEMICAL FAMILY

Monoterpenes, Monoterpenols

## AROMA

Exotic and Sensual, Floral

## NOTE

Base

## SAFETY

None.

## THERAPEUTIC PROPERTIES

Neroli is helpful for dry, sensitive, and mature skin as it helps improve elasticity. It is also known to help relieve muscle spasms and heart palpitations. Neroli's therapeutic properties are antidepressant, antiseptic, anti-infectious, antispasmodic, aphrodisiac, bactericidal, carminative, cicatrisant, cytophylactic, cordial, deodorant, digestive, sedative, and tonic. This oil is non-toxic and non-sensitizing.

ANTIDEPRESSANT	ANTISEPTIC	ANTI-INFECTIOUS
APHRODISIAC	ANTISPASMODIC	BACTERICIDAL
CARMINATIVE	CICATRISANT	CYTOPHYLACTIC
CORDIAL	DEODORANT	DIGESTIVE
SEDATIVE	TONIC	ANTI-INFLAMMATORY
COOLING	ANTIBACTERIAL	SKIN REGENERATIVE

## BODY SYSTEMS

### CIRCULATION

LOWER BLOOD PRESSURE & PALPITATIONS

### ENDOCRINE

MOOD SWINGS

### INTEGUMENTARY

OILY & DRY SKIN

### LIMBIC

ANXIETY & DEPRESSION, ADDICTIONS, SPIRITUAL AWAKENESS AND AWARENESS, AUTISM

### REPRODUCTIVE

PMS & MENOPAUSE



## BODY SYSTEMS (CONT.)

### REFERENCES:

1. EVIDENCE-BASED ESSENTIAL OIL THERAPY, DR. SCOTT A. JOHNSON, 2015, SCOTT A. JOHNSON PROFESSIONAL WRITING SERVICES, LLC
2. MODERN ESSENTIALS, A CONTEMPORARY GUIDE TO THE THERAPEUTIC USE OF ESSENTIAL OILS, SEVENTH EDITION 2015, AROMA TOOLS
3. THE ESSENTIAL LIFE, A SIMPLE GUIDE TO LIVING THE WELLNESS LIFESTYLE, 2015, TOTAL WELLNESS PUBLISHING, LLC
4. NAHA [HTTPS://NAHA.ORG/EXPLORE-AROMATHERAPY/SAFETY/GENERAL-SAFETY-GUIDELINES](https://naha.org/explore-aromatherapy/safety/general-safety-guidelines)
5. ESSENTIAL OIL SAFETY, ROBERT TISSERAND AND RODNEY YOUNG, SECOND EDITION 2014, ELSEVIER BOOKS