

Petitgrain

CITRUS AURANTIUM VAR. AMARA FOL

Petitgrain comes from the Bitter Orange tree and has a slight floral back note. It is one of the ingredients of eau-de-cologne. Petitgrain helps to reduce pain and spasms, calming the nervous system. Uses include irritable bowel syndrome since it can manage the intestinal tract and wind. It is also suitable for dyspepsia. It is a very uplifting and bright oil and blends well with other citrus oils such as Bergamot, Orange, and Roman Chamomile. This oil helps with insomnia and reducing stress.

COUNTRY OF ORIGIN

Native to Italy, United States, and Paraguay

EXTRACTION METHOD

Steam Distillation

PLANT PART

Leaves

BOTANICAL FAMILY

Rutaceae

CHEMICAL FAMILY

Esters, Monoterpenols

AROMA

Tart, Fresh, Citrusy, Exotic, Sensual

NOTE

Top-Middle

SAFETY

- No known cautions.

THERAPEUTIC PROPERTIES

Petitgrain is a refreshing scent that can help prevent and alleviate depression, assists in fighting germs and infection, relieves spasms and cramps, freshens the air, and acts as a sedative to the nervous system.

ANTIDEPRESSANT	COOLING	ANTIBACTERIAL
ANTISEPTIC	DEODORANT	ANTI-ANXIETY
ANTISPASMODIC	IMMUNE STIMULANT	ANTI-INFLAMMATORY
CALMING		

BODY SYSTEMS

CIRCULATORY

CELLULITE

DIGESTIVE

DIARRHEA & DYSPEPSIA

IMMUNE

COLDS, FLU & INFECTIONS

INTEGUMENTARY

ACNE, ECZEMA, OILY SKIN

LIMBIC

DEPRESSION, ANXIETY & STRESS



BODY SYSTEMS (CONT.)

REPRODUCTIVE

MENOPAUSE & PAINFUL PERIODS

RESPIRATORY

COLDS, COUGHS & SORE THROAT

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