

Sandalwood

SANTALUM ALBUM

Alpha-santalol gives Sandalwood much of its characteristic scent. Research shows that the combination of alpha and beta santalol contributes to the sedative and anti-infectious effects of Sandalwood oil. The Sandalwood tree is cut down, and its wood is distilled. This presents some ecological issues, and the oil should be used with respect. Some studies show that Sandalwood could be an effective preventative agent in skin cancer.

COUNTRY OF ORIGIN

Hawaii, India, Australia

EXTRACTION METHOD

Steam Distillation

PLANT PART

Trunks

BOTANICAL FAMILY

Santalaceae

CHEMICAL FAMILY

Sesquiterpenes, Sesquiterpenols

AROMA

Balsamic, Earthy, Sweet, Warm and Radiant, Woody

NOTE

Base

SAFETY

- Non-toxic
- Non-irritating
- In rare cases, it may cause skin sensitization and should be used topically at 2% dilution

Non-toxic, however, if oxidized it may cause skin irritation or sensitization. Avoid during pregnancy.

THERAPEUTIC PROPERTIES

Sandalwood supports meditation and quiets mental activity. Reduces irritation and aggressive behavior. Provides protection and encourages acceptance emotionally. Works well in creams for skin conditions, great for sore throats, cold sores.

ANTI-INFLAMMATORY	SEDATIVE	DIURETIC
ANTIFUNGAL	COOLING	ANTIBIOTIC
ANTISPASMODIC	DECONGESTANT	ANTI-ALLERGENIC
ANTIVIRAL	SKIN HEALING	ANTITUSSIVE
ASTRINGENT	WOUND HEALING	ANTI-ANXIETY
ANTISEPTIC		

BODY SYSTEMS

CIRCULATORY

RHEUMATISM & ARTHRITIS

INTEGUMENTARY

DRY SKIN & SCALP, SCARS & BLEMISHES

NERVOUS

ALZHEIMER'S DISEASE

RESPIRATORY

SINUS CONGESTION, COLDS & COUGHS



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