

Sweet Orange

CITRUS SINENSIS

Sweet Orange is genuinely uplifting, excellent for stress while calming digestive problems and eliminating toxins.

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| COUNTRY OF ORIGIN | Native to China, and India; now cultivated in the Mediterranean, and in the United States (California and Florida). |
| EXTRACTION METHOD | Cold Pressed |
| PLANT PART | Peel |
| BOTANICAL FAMILY | Rutaceae |
| CHEMICAL FAMILY | Monoterpenes |
| AROMA | Fresh, Citrus, Fruity, Sweet |
| NOTE | Top |

SAFETY

- May cause dermal irritation or sensitization reaction.
- Do not use it in the bath.
- Safe to use during pregnancy, however, use at a 1% dilution or less.
- Safe to use with children, but never in the bath or undiluted.

Non-toxic, however, if oxidized it may cause skin irritation or sensitization.

THERAPEUTIC PROPERTIES

Sweet Orange stimulates the lymphatic system and supports the formation of collagen in the skin. Limonene has an anti-cancer effect, increasing the levels of liver enzymes involved in detoxifying carcinogens.

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| ANALGESIC | SEDATIVE | ASTRINGENT |
| ANTIBACTERIAL | STIMULANT | LIVER SUPPORTER |
| ANTIDEPRESSANT | TONIC | ANTI-INFLAMMATORY |
| ANTIFUNGAL | ANTIOXIDANT | SKIN PENETRATOR |
| ANTISEPTIC | DIURETIC | ANTIVIRAL |
| ANTISPASMODIC | IMMUNOSTIMULANT | DIGESTIVE AID |
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BODY SYSTEMS

DIGESTIVE

HEARTBURN & SLUGGISH BOWELS

INTEGUMENTARY

DRY SKIN & SMOOTH SKIN ISSUES

LIMBIC

ANXIETY & DEPRESSION

LYMPHATIC

DETOX

NERVOUS

INSOMNIA



BODY SYSTEMS (CONT.)

REPRODUCTIVE

PMS & MENOPAUSE

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