

Vetiver

VETIVERIA ZIZANIOIDES

Vetiver essential oil is deeply relaxing and comforting. It is a base note for perfumery and aromatherapy applications. It is heavily used in the perfume industry, primarily found in men's colognes.

COUNTRY OF ORIGIN

India and Sri Lanka

EXTRACTION METHOD

Steam Distillation

PLANT PART

Roots

BOTANICAL FAMILY

Poaceae (Gramineae)

CHEMICAL FAMILY

Sesquiterpenes

AROMA

Earthy, Woodsy, Balsamic, Spicy

NOTE

Base

SAFETY

We recommend a dermal maximum of 15%, based on 1.3% isoeugenol content with a dermal maximum of 0.2% (SCCNFP 2001a; IFRA 2009). (Essential Oil Safety – Robert Tisserand & Rodney Young). It May contain isoeugenol; Use caution during pregnancy. No counterindications are known at this time.

THERAPEUTIC PROPERTIES

The oil is distilled from the root and has an abundance of therapeutic properties. Vetiver essential oil has a thick, woody aroma that helps with insomnia and helps to balance emotions.

ANTIARTHRITIC	ANTIMICROBIAL	STIMULANT
ANTIOXIDANT	ANTI-RHEUMATIC	ANALGESIC
ANTI-INFLAMMATORY	CIRCULATION	ANTISEPTIC
EXPECTORANT	DECONGESTANT	SUPPORTS IMMUNE
DISINFECTANT	MUCOLYTIC	RESPIRATORY
ANTISPASMODIC	CALMING	RUBEFACIENT
GROUNDING	SEDATIVE	

BODY SYSTEMS

MUSCULAR

HELP WITH SPRAINS, PAIN, MUSCULAR RHEUMATISM.

NERVOUS

WORKS AS A NATURAL TRANQUILIZER AND HELPS TO INDUCE RESTFUL SLEEP. KNOWN TO AFFECT THE PARATHYROID GLAND. HELPS WITH ANOREXIA AND NERVOUSNESS.

REPRODUCTIVE

CAN BE USED TO ENLARGE BREASTS.

LIMBIC

VALUABLE FOR RELIEVING STRESS, ANXIETY, DEPRESSION, AND HELPS PEOPLE RECOVER FROM EMOTIONAL TRAUMA.

INGRUMENTARY

HELPFUL WITH ACNE, CUTS, SKINCARE INCLUDING OILY, AGING, TIRED, IRRITATED SKIN, STRETCH MARKS, AND SCARS.



BODY SYSTEMS (CONT.)

RESPIRATORY

USED FOR COUGHS AND TUBERCULOSIS.

CIRCULATORY

STIMULATES THE CIRCULATORY SYSTEM, PRODUCTION OF RED CORPUSCLES.

ENDOCRINE

HELPS TO MAKE YOU FEEL GROUNDED.

LIMBIC

ADD, ADHD, FOCUS, AND CONCENTRATION

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