

# Ylang Ylang

CANANGA ODORATA

Ylang Ylang assists with high blood pressure, rapid breathing and heartbeat, nervous conditions, and impotence and frigidity.

## COUNTRY OF ORIGIN

Native to tropical Asia, Philippines, Madagascar, Reunion, and the Comoro Islands

## EXTRACTION METHOD

Fractional Distillation

## PLANT PART

Flowers

## BOTANICAL FAMILY

Annaonacea (Compositae)

## CHEMICAL FAMILY

Monoterpenes, Sesquiterpenes, Sesquiterpenols, Monoterpenols, Esters

## AROMA

Exotic, Sensual, Floral, and Sweet

## NOTE

Base

## SAFETY

- Avoid with low blood pressure.
- Use in moderation and low dilution to avoid light-headedness, headaches, or nausea.
- Safe to use during the entire pregnancy.
- May cause dermal sensitization in some people.

Non-toxic, though it may cause skin irritation or be sensitizing. Use in low dilution when applying to the skin, such as in bath or massage oils. Do not use it on inflamed skin or on dermatitis. Do not use it on children under 2 years of age.

## THERAPEUTIC PROPERTIES

Ylang Ylang oil is best suited for use in the perfumery and skincare industries due to it having a balancing effect on sebum and is helpful for both oily and dry skin types.

ANTIDEPRESSANT	SEDATIVE	ANALGESIC
ANTISEPTIC	TONIC	ANTIFUNGAL
ANTISPASMODIC	ANTI-INFLAMMATORY	CNS SEDATIVE
APHRODISIAC	COOLING	NERVINE
CIRCULATORY STIMULANT	HYPOTENSIVE	SKIN HEALING

## BODY SYSTEMS

### CIRCULATORY

HIGH BLOOD PRESSURE & HEARTBEAT ISSUES

### DIGESTIVE

COLIC & STOMACH ACHE

### INTEGUMENTARY

OILY SKIN, HAIR GROWTH

### LIMBIC

HORMONE IMBALANCE, ANXIETY, STRESS & FEAR,  
EQUILIBRIUM & MENTAL FATIGUE

### MUSCULAR

MUSCLE SPASMS & TENSE MUSCLES



## BODY SYSTEMS (CONT.)

### REPRODUCTIVE

### LOW LIBIDO & IMPOTENCE

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