

QUICK REFERENCE CHART

METHOD	# DROPS
Body Butter (1-ounce @ 2%)	10 to 12
Cologne (1-ounce @ 3-5%)	18 to 30
Body Spray (1-ounce @ 2-3%)	12 to 18
Room Spray (2-ounce)	30 to 40
Diffuser	6 to 12
Bath Oil	8 to 12
Toning Oil	12 to 14
Sitz Bath	6 to 12
Body Lotion (1-ounce @ 1-2%)	6 to 12
Nerve Compress	5 to 10
Massage Oil (1-ounce @ 2%)	10 to 12
Detox Wrap (4-ounce)	65 to 75
Balm Ointment (4-ounce)	18 to 24
Lip Balm (1-ounce @ .5-1%)	3 to 6
Facial Toner (12-ounce @ .2-1.5%)	10 to 108
Pain Relief (4-ounce @ 3%-5%)	24-30
Joint Compress	20 to 24
Personal Inhaler	12 to 15
Roll-On Blend (10ml @ 2-3%)	4 to 6
Bath Salts (2-ounce @ 2%)	10 to 12