

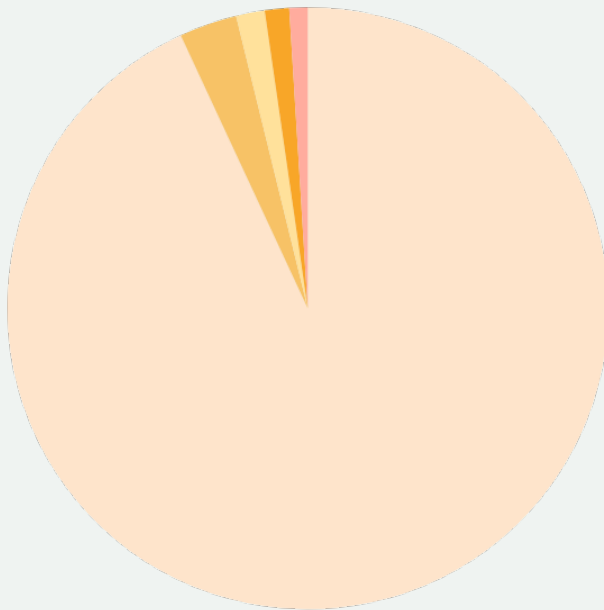


Name	Latin Name	Origin
Aniseed	Pimpinella Anisum L	Egypt
Material Type	Benchmark price per 15ml	Botanical Family
Essential Oils	\$6.69	
Part of plant	Safety note	Conservation Status
Seed	It is stated that trans-anethole has a weak estrogen-like activity and it is contraindicated for pregnancy, breastfeeding, endometriosis, any estrogen-related cancers and children under 5 years of age. May interfere with anticoagulant medications or bleeding disorders. When oxidized, it may be skin sensitizing. For topical applications, Tisserand suggests 2.4% dilution.	No status of concern Not listed with a conservation status.

Profile	Therapeutic Properties
<p>Aniseed is also known as Anise.</p> <ul style="list-style-type: none"> • Ether rich 	<ul style="list-style-type: none"> • Analgesic • antibacterial • anti-fungal • Anti-inflammatory • Antispasmodic • Antithrombotic • Antiviral • Carminative • Digestive aid • Emmenagogue • Expectorant • Helps ease bronchitis, cold and flu. • Said to help promote the production of breast milk and stimulate menstruation. • Helps to ease an upset stomach or resolve other digestive issues • Beneficial to reduce pain and inflammation. • Emotionally, aniseed is uplifting and comforting, helpful when withdrawn or in fear. • Increases mental clarity, provides inner strength, and sparks motivation.
Synergy	Energetics

Middle	Balancing	2 Digestive	3
	Energising	3 Reproductive	1
		Respiratory	2

Ingredient notes



Chemical families

ethers	92.64%
sesquiterpenes	3.09%
monoterpenes	1.54%
monoterpenols	1.3%
others	0.98%

Complete chemical breakdown

ethers

anethole	89.65%
methyl chavicol	2.99%

sesquiterpenes

b-bisabolene	1.19%
α -bergamotene	1.09%
b-caryophyllene	0.31%
α -himachalene	0.24%
b-elemene	0.23%
α -copaene	0.03%

monoterpenes

limonene	0.64%
α -pinene	0.43%
α -phellandrene	0.22%
d-3-carene	0.08%
b-pinene	0.06%

monoterpenols

linalool	1%
terpinen-1-en-4-ol	0.13%
α -terpineol	0.12%
g-terpinene	0.05%

α-myrcene	0.05%
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α-terpinolene	0.03%
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p-cymene	0.03%
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others

foeniculine	0.98%
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