



<b>Name</b>	<b>Latin Name</b>	<b>Origin</b>
Carrot Seed	Daucus Carota	India
<b>Material Type</b>	<b>Benchmark price per 15ml</b>	<b>Botanical Family</b>
Essential Oils	\$20	
<b>Part of plant</b>	<b>Safety note</b>	<b>Conservation Status</b>
Seeds	Avoid during pregnancy	No status of concern Not listed with a conservation status.

<b>Profile</b>	<b>Therapeutic Properties</b>
<ul style="list-style-type: none"> <li>• Rich in sesquiterpenols</li> </ul>	<ul style="list-style-type: none"> <li>• Diuretic</li> <li>• Antibacterial</li> <li>• Antifungal</li> <li>• Anti-inflammatory</li> <li>• Antioxidant</li> <li>• Skin rejuvenating and skin tonic.</li> <li>• Known for its skin-healing abilities.</li> <li>• Useful in skin blends for eczema, psoriasis, skin ulcers, skin infections or for healthy skin to restore tone and to moisturize. Highly recommended for mature skin.</li> <li>• It helps support a healthy digestive system.</li> <li>• Useful in a blend for menstrual pain.</li> <li>• Rejuvenating effect on the liver.</li> <li>• Use carrot seed essential oil in vaporizers to relieve worry, promote relaxation before sleep.</li> <li>• Emotionally, is supportive towards personal growth and helping to release blocked and stagnant energy.</li> </ul>

<b>Synergy</b>	<b>Energetics</b>
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<b>Scent Notes</b>	<b>Psychological rankings</b>	<b>Physical rankings</b>	
Middle	Meditative	2 Circulatory/Lymphatic	
	Balancing	2 Digestive	
		Skin	3
		Urinary	2

<b>Ingredient notes</b>
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**Chemical families**

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sesquiterpenols	77.3%
sesquiterpenes	16.86%
monoterpenes	3.64%
ketones	0.15%

**Complete chemical breakdown**

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**sesquiterpenols**

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carotol	67.73%
d-cadinol	5.9%
$\alpha$ -bisabolol	1.73%
spathulenol	0.91%
b-eudesmol	0.53%
viridiflorol	0.3%
$\alpha$ -cadinol	0.2%

**sesquiterpenes**

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daucene	5.14%
b-bisabolene	3.4%
sesquisabinene	2.98%
$\alpha$ -cis-bergamotene	0.98%
$\alpha$ -selinene	0.98%
isoitalicene	0.73%
b-caryophyllene	0.65%
calarene	0.65%
$\alpha$ -isocomene	0.6%
$\alpha$ -curcumene	0.28%
$\alpha$ -himachalene	0.25%
t-cadinol	0.22%

## monoterpenes

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<b><math>\alpha</math>-pinene</b>	<b>1.72%</b>
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<b>d-limonene</b>	<b>0.73%</b>
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<b><math>\beta</math>-pinene</b>	<b>0.65%</b>
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<b><math>\beta</math>-myrcene</b>	<b>0.54%</b>
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## ketones

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<b>carvone</b>	<b>0.15%</b>
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