

LabAroma.

Name	Latin Name	Origin
Cedarwood Atlas	Cedrus Atlantica	Morocco
Material Type	Benchmark price per 15ml	Botanical Family
Essential Oils	\$13	
Part of plant	Safety note	Conservation Status
Wood	Non-toxic. Many sources tell us to avoid cedarwood oil during pregnancy. There is no research to support this claim with cedrus atlantica, cedrus deodara or juniperus virginiana. The existing uncertainty may be due in part to the many different types of cedarwood trees.	Endangered Very high risk of extinction in the wild, meets any of criteria A to E for Endangered.

Profile

- Sesquiterpene rich

Therapeutic Properties

- Anti-inflammatory
- Astringent
- Antimicrobial
- Diuretic
- Expectorant
- Insecticide
- Mucolytic
- Tonic
- Antispasmodic
- Reduces pain and inflammation.
- Helps clear lung congestion and promotes clear breathing.
- Emotionally it also has the potential to add confidence and increase self-esteem, especially during trying times.

Synergy

Energetics

Energetics
Embodies spiritual life in the physical plane, deeply connected to earth yet dancing in the sky, Atlas cedar helps us gather the strength needed to walk the spiritual path on earth (Lyree). Mentioned in the bible and used by the ancient Egyptians as an ritual incense it symbolised abundance & fertility (Mojay, 1997, p. 58) , the word Cedrus is derived from the word Kedron meaning power (Battaglia, 2018, p. 210)

References
(Lyree)
(Mojay, 1997, p. 58)
(Battaglia, 2018, p. 210)

Scent Notes	Psychological rankings	Physical rankings
Middle base	Meditative	2 Circulatory/Lymphatic 2
	Balancing	2 Skin 2
	Sensual	1 Urinary 2

Ingredient notes

Chemical families

sesquiterpenes	62.5%
sesquiterpenols	4.12%
others	0.8%

Complete chemical breakdown

sesquiterpenes

b-himachalene	33.96%
α -himachalene	13.63%
γ -himachalene	8.83%
vestitenone	2.67%
α -bisabolene	1.5%
eudesma-2,4,11-triene	0.56%
curcumene	0.43%
sesquiterpene	0.42%
(e)-b-farnesene	0.31%
longifolene	0.19%

others

sesquiterpenone	0.8%
-----------------	------

sesquiterpenols

himachalol	3.31%
allo-himachalol	0.6%
nerolidol	0.21%