



Name	Latin Name	Origin
Galbanum	Ferula Galbaniflua	Iran
Material Type	Benchmark price per 15ml	Botanical Family
Essential Oils	\$22	
Part of plant	Safety note	Conservation Status
Resin/gum	• May cause skin irritation if oxidized.	No status of concern Not listed with a conservation status.

Profile	Therapeutic Properties
<ul style="list-style-type: none"> <li>• Monoterpene rich</li> </ul>	<ul style="list-style-type: none"> <li>• Analgesic</li> <li>• Antimicrobial</li> <li>• Anti-inflammatory</li> <li>• Antispasmodic</li> <li>• Galbanum is useful for skin disorders involving abscesses and inflammation and is particularly useful to promote the formation of scar tissue.</li> <li>• The oil may be used for muscular stiffness and pain and osteoarthritis.</li> <li>• Galbanum helps with complaints of poor appetite, abdominal pain, and gastrointestinal spasm.</li> <li>• Emotionally galbanum essential oil instills feelings of calm, grounded, and focus. This is due to its ability to smooth the flow of Qi energy and act as a nervine antispasmodic.</li> </ul>

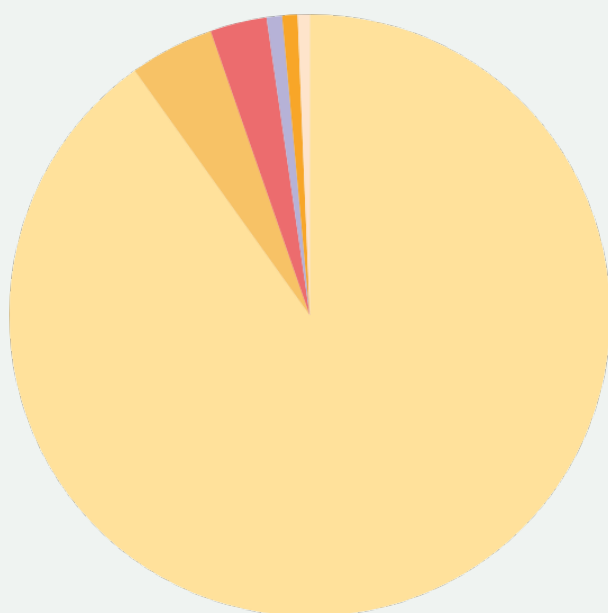
Synergy	Energetics
	<p><b>Energetics</b> With connection to Sirius, the brightest star in the sky and Isis the mother goddess, galbanum can heal residual trauma of the soul.</p>

Scent Notes	Psychological rankings	Physical rankings
Top middle	Meditative	2 Circulatory/Lymphatic 1
	Balancing	2 Respiratory 2
	Sensual	2 Skin 3

**Ingredient notes**

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**Chemical families**

monoterpenes	83.4%
sesquiterpenes	4.21%
sesquiterpenols	2.82%
esters	0.77%
monoterpenols	0.76%
ethers	0.6%

**Complete chemical breakdown**

**monoterpenes**

b-pinene	56.56%
d-3-carene	10.24%
α-pinene	7.83%
β-phellandrene	2.07%
β-myrcene	1.62%
d-limonene	1.58%
α-thuyene	1.02%
p-cymene	0.55%
α-terpinene	0.45%
α-phellandrene	0.43%
terpinolene	0.33%
γ-terpinene	0.24%

**sesquiterpenes**

d-cadinene	1.51%
γ-cadinene	0.56%
6,9-guaiadiene	0.42%
unidentified sesquiterpene	0.4%
β-bisabolene	0.32%
caryophyllene	0.28%
α-copanene	0.19%
germacrene b	0.19%
β-caryophyllene	0.17%
β-elemene	0.17%

trans-b-ocimene	0.2%
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camphene	0.14%
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fenchene	0.14%
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## sesquiterpenols

guaiol	1.04%
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bulnesol	0.81%
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b-eudesmol	0.51%
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spathulenol	0.28%
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$\alpha$ -eudesmol	0.18%
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## monoterpenols

terpinen-4-ol	0.35%
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trans-pinocarveol	0.27%
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myrtenol	0.14%
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## esters

terpinyl acetate	0.36%
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fenchyl ester	0.22%
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guaiol acetate	0.19%
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## ethers

methyl carvacrol	0.6%
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