

## LabAroma.

Name	Latin Name	Origin
Hyssop	Hyssopus Officinalis	Europe
Material Type	Benchmark price per 15ml	Botanical Family
Essential Oils	\$25	
Part of plant	Safety note	Conservation Status
Flowers	No safety issues specific to this oil	No status of concern Not listed with a conservation status.

Profile	Therapeutic Properties
• Ketones rich	<ul style="list-style-type: none"><li>• Antidepressant</li><li>• Anti-inflammatory</li><li>• Antimicrobial</li><li>• Antioxidant</li><li>• Antitussive</li><li>• Antiviral</li><li>• Bronchodilatory</li><li>• Digestive aid</li><li>• Diuretic</li><li>• Expectorant</li><li>• Mucolytic</li><li>• Hyssop essential oil is brilliant when dealing with menstrual pain and discomfort, fluid retention and the pain of rheumatism.</li><li>• It is also known for healing scars and broken skin.</li><li>• Immune strengthening</li><li>• Emotionally, this oil cleanses and strengthens. It fortifies against negativity, invigorates the mind, helps with mental clarity, and improves concentration. Hyssop essential oil is useful for helping manage situational or seasonal depression. It can also help one strengthen and respect their personal boundaries, which can benefit those that are easily influenced by others' moods and emotions.</li></ul>

Synergy	Energetics	
Scent Notes	Psychological rankings	Physical rankings
Top middle	Energising	2 Neurological 2 Respiratory 3

Ingredient notes

**Chemical families**

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ketones	58.92%
monoterpenes	20.94%
oxides	8.48%
others	2.24%

**Complete chemical breakdown**

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**ketones**

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isopinocampone	47.28%
pinocampone	11.64%

**oxides**

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1,8 cineole	8.48%
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**monoterpenes**

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b-pinene	14.76%
b-phellandrene	3.44%
camphene	2.74%

**others**

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spathuleol	2.24%
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