



Name	Latin Name	Origin
Jasmine	Jasminum Grandiflorum	India
Material Type	Benchmark price per 15ml	Botanical Family
Essential Oils	\$180	
Part of plant	Safety note	Conservation Status
Flowers	It may produce allergic reaction to people with fragrance-sensitive dermatitis. Tisserand suggests maximum dermal use of 0.7%. Jasmine absolute is frequently adulterated, so it's important to know your source well.	No status of concern Not listed with a conservation status.

Profile	Therapeutic Properties
<ul style="list-style-type: none"> <li>• Ester rich</li> </ul>	<ul style="list-style-type: none"> <li>• Analgesic</li> <li>• Antioxidants</li> <li>• Antiseptic</li> <li>• Antibacterial</li> <li>• Antidepressant</li> <li>• Antispasmodic</li> <li>• Skin cell regenerative</li> <li>• Commonly used for its delicious, floral, exotic fragrance.</li> <li>• Known to be used for hoarseness and laryngitis along with stress-related conditions.</li> <li>• Typically used in skin care and is often used for dry, sensitive skin.</li> <li>• Used during labor Jasmine will relieve pain and strengthen contractions.</li> <li>• It is also commonly used for post-natal recovery but it's important to know that its aroma may inhibit breast milk production.</li> <li>• Emotionally, jasmine Absolute is nourishing and balancing. This absolute is especially helpful when working to manage situational anxiety or depression. Jasmine absolute can help increase confidence, improve motivation, release unwanted inhibitions, and promote feelings of optimism.</li> </ul>

Synergy	Energetics
The interaction or cooperation of two or more substances to produce a combined effect greater than the sum of their separate effects. 1st component synergy	Energetics Known as the Queen of the night, Jasmine was offered as a token of love for the divine The sweetness of her scent and brings a feeling of renewal, lightness of

Benzyl acetate, benzyl benzoate (acaricidal – scabies, antibiofilm, antibacterial, antifungal, antispasmodic – bronchial, hypotensive, insecticidal, miticidal - house dust mites).

#### 1st essential oil synergy combinations

golden champaca absolute, jasmine sambac, narcissus absolute, ylang ylang, ylang ylang absolute.

#### 2nd essential oil synergy combinations

benzoin resinoid, carnation absolute, peru balsam, tolu balsam.

#### 2nd component synergy

d-Linalool, indole, cis-jasmone (analgesic, antibacterial, anticonvulsant, antifungal, anti-inflammatory, antinociceptive, antioxidant, antispasmodic, antitumoral, antiviral, anxiolytic, cholinesterase inhibitor, immunostimulant, hypotensive, sedative).

#### 1st essential oil synergy combinations

basil ct linalool, ghandi root, ho leaf ct linalool, lavender, neroli, rosalina, rosewood, thyme ct linalool, white champaca.

#### 2nd essential oil synergy combinations

bergamot, clary sage, ginger lily abs., orange blossom abs., petitgrain bigarade.

#### Potential psychological therapeutic solutions

Low mood, depression, poor self-esteem, lack of confidence: black pepper, carnation abs., combava peel, coriander seed, ginger, ginger lily absolute, golden champaca, grapefruit, lime, orange blossom abs., patchouli, sandalwood, turmeric, ylang ylang

Anxiety: bergamot, carnation leaf abs., clary sage, frankincense, ho leaf, lavender, neroli, petitgrain bigarade, Roman chamomile, rosewood, sweet orange .

#### Potential physical therapeutic solutions

Acne: balsam copaiba, bitter orange, blackcurrant bud, cinnamon leaf, clary sage, combava petitgrain, coriander seed, E. globulus, E. smithii, lemongrass, manuka, neroli, patchouli, plai, rose, rosemary, sandalwood, sweet orange, tea tree, vetiver, white champaca, ylang ylang

Musculoskeletal tension, stress, spasm: black pepper, clary sage, combava peel, coriander seed, ghandi root, ginger, juniperberry, lavender, mandarin, patchouli, rosewood, Roman chamomile, sandalwood, yuzu

Premenstrual syndrome, dysmenorrhea: angelica root, clary sage, fennel, neroli, palmarosa, plai, rose

Scabies: clove bud, tea tree, ylang ylang

Skin damage, ageing: balsam copaiba, blackcurrant bud, cypress, golden champaca, palmarosa, patchouli, poplar bud, rose, rosemary, sandalwood, sweet wormwood, vetiver

#### References

Rhind JP. (2019) Essential Oils 3rd Edition. London: Singing Dragon  
Tisserand R, Young R. (2014) Essential Oil Safety 2nd Edition. Edinburgh: Churchill Livingstone

being and helps one come to terms with residual emotions helping one connect with a more playful aspect of their personality by releasing inhibitions & creating a connection to the sensual .

#### References

(Irani, 2001, p. 114)

(Holmes, Aromatica; A Clinical Guide to Essential Oil Therapeutics, 2016

(Lyree) (Holmes, 2019, p. 407) (Mojay, 1997, p. 84)

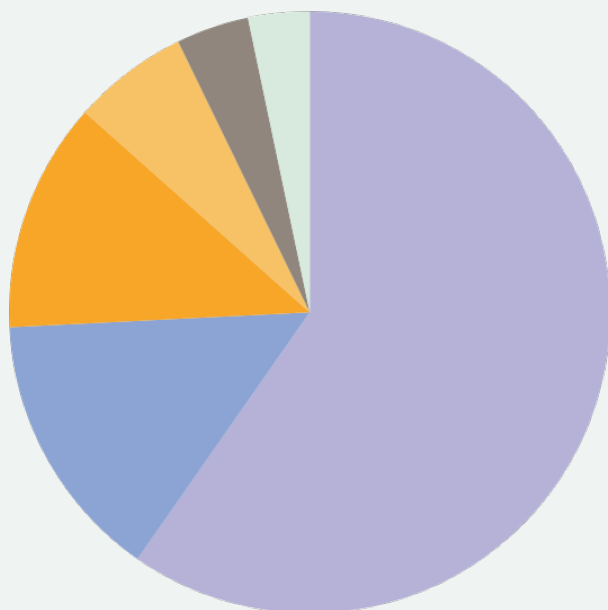
(Battaglia, 2018, p. 347)

(Holmes, 2019, p. 405)

Scent Notes	Psychological rankings	Physical rankings	
Middle base	Sensual	3	Circulatory/Lymphatic 1
	Energising	2	Reproductive 2

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**Ingredient notes**



**Chemical families**

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esters	52.09%
diterpenols	12.64%
monoterpenols	10.78%
sesquiterpenes	5.43%
phenols	3.41%
ketones	2.88%

**Complete chemical breakdown**

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**esters**

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benzyl acetate	21.5%
benzyl benzoate	16.63%
phytyl acetate	5.44%
methyl oleate	2.61%
methyl linolenate	2.13%
methyl palmitate	1.58%
hexenyl benzoate	1.1%
methyl jasmonate	1.1%

**monoterpenols**

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linalool	6.26%
geranyl linalol	2.96%
benzyl alcohol	1.56%

**diterpenols**

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phytol	6.5%
isophytol	6.14%

**sesquiterpenes**

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squalene	4.2%
$\alpha$ -farnesene	1.23%

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## phenols

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eugenol	2.76%
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p-cresol	0.65%
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## ketones

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jasmone	2.88%
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