

Name	Latin Name	Origin
Myrrh	Commiphora Myrrha	Somalia
Material Type	Benchmark price per 15ml	Botanical Family
Essential Oils	\$75	
Part of plant	Safety note	Conservation Status
Resin/Gum	Non-toxic, non-irritating. contraindicated for pregnancy and breast-feeding, due to its $\beta$ -Elemene content, which may be fetotoxic	No status of concern Not listed with a conservation status.

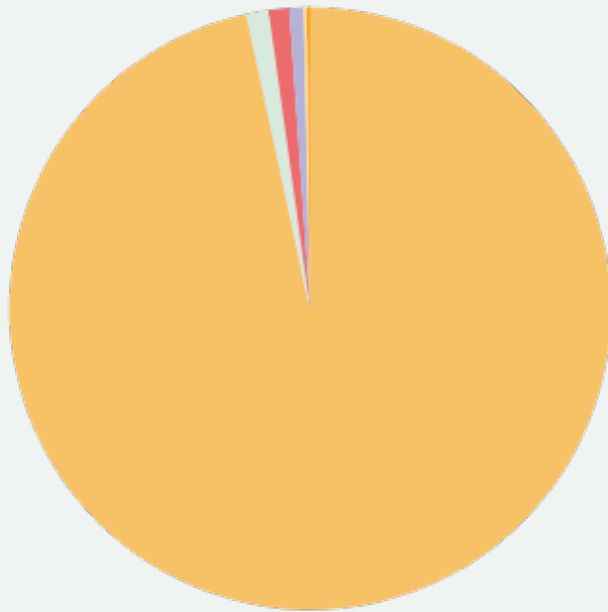
Profile	Therapeutic Properties
<ul style="list-style-type: none"> <li>• Sesquiterpene rich</li> </ul>	<ul style="list-style-type: none"> <li>• Analgesic</li> <li>• Antimicrobial</li> <li>• Anti-inflammatory</li> <li>• Antioxidant</li> <li>• Astringent</li> <li>• Skin cell regenerative</li> <li>• Cold and flu</li> <li>• Reduce tension, congestion and muscle pains</li> <li>• Skin nourishing</li> <li>• Helps maintain healthy skin integrity and relieve painful swollen areas</li> <li>• Provides lung support for healthy respiration</li> <li>• Assist in relieving painful periods by helping to stimulate overall uterine health</li> <li>• Emotionally myrrh essential oil calms the mind and ushers in a sense of tranquility. It can bring inner stillness and help one reconnect to physical surroundings and one's spiritual center. Myrrh essential oil can help with overthinking and stabilize a distracted mind.</li> </ul>

Synergy	Energetics
	<p><b>Energetics</b> Provides the courage needed to examine and facilitate a deep questioning process offering the wisdom needed to forgive &amp; let go of the wounds that no longer serve us allowing the spiritual gifts to rise.</p> <p><b>Energy</b> Neutral to Warm.</p> <p><b>Five Element Affinity</b> Water, Earth, Metal</p>

## References

. (Warner, 2018, p. 137) (Mojay, 1997, p. 98)  
(Holmes, 2019, p. 303)

Scent Notes	Psychological rankings	Physical rankings	
Base	Meditative	3 Muscular/Skeletal	1
		Respiratory	2
		Skin	3
Ingredient notes			



**Chemical families**

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sesquiterpenes	92.02%
ketones	1.14%
sesquiterpenols	1.05%
esters	0.73%
monoterpenes	0.16%
monoterpenols	0.16%

**Complete chemical breakdown**

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**sesquiterpenes**

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furanoeudesmadiene	35.09%
curzerene	27.05%
lindeatrene	10.72%
acetyl-8,12-epoxygermacra-1,4-7-11-tetraene	5.67%
b-elemene	4.39%
germacrene b	0.94%
germacrene d	0.94%
t-cadinol	0.86%
d-elemene	0.83%
α-selinene	0.77%
germacrene a	0.73%

**ketones**

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cis-b-elemenone	1.14%
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furanoedsmadiene isomer mw=216 0.64%

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$\alpha$ -muurolene 0.43%

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b-selinene 0.43%

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b-caryophyllene 0.4%

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$\gamma$ -cadinene 0.36%

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b-bourbonene 0.31%

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d-cadinene 0.25%

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$\alpha$ -humulene 0.24%

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$\alpha$ -bisabolene 0.22%

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e-cadinene 0.22%

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$\gamma$ -muurolene 0.21%

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$\alpha$ -santalene 0.19%

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$\gamma$ -selinene 0.13%

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## sesquiterpenols

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unidentified sesquiterpenol 0.39%

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isopathulenol 0.33%

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muurolol 0.18%

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cadinol 0.15%

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## monoterpenes

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$\gamma$ -terpinene 0.16%

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## esters

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curzerenic ester mw=274 0.73%

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## monoterpenols

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$\gamma$ -terpineol 0.16%

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