# **Essential Oil Certification Course Outline**

# ESSENTIAL OIL CERTIFICATION COURSE OUTLINE



Essential Oil Certification is a 100-hour aromatherapy course designed for the beginner user, essential oil distributor, or layperson interested in the therapeutic uses and applications of essential oils. You will be provided with a clear and concise understanding of aromatherapy and how to use essential oils safely and effectively. It includes many aspects of aromatherapy, including essential oil botany, essential oil blending, how to perform a consultation and start an essential oil business.

Course Code: ACP1
Duration: 6 Months
Modules: 7 Modules
Course Tuition: \$697





#### ABOUT THE INSTITUTE

The *Aroma Hut Institute* is a leading industry-recognized educational provider providing accessible, affordable, and quality training in aromatherapy since 2013. Graduates are eligible for registration with the National Association of Holistic Aromatherapy (NAHA).

# WHY STUDY WITH US?

- Full tutorial support is available from fully qualified clinical aromatherapists.
- Study from the comfort of your own home with no need to travel to the Institute.
- All your written course materials are included in the fees outlined. Students will be responsible for lab supplies such as essential oils, bottles, and perfume strips.
- Both theory and interactive practical tasks are included in your assessments.

#### WHAT YOU WILL GAIN FROM OUR CERTIFICATION PROGRAM:

- Confidence in using essential oils in self-care and for natural healing.
- How to launch a new business or career in aromatherapy.
- Enhance and boost your existing career through the use of essential oils.
- Knowledge in how essential oils work so that you can share essential oils with others based on scientific research.
- How to perform private consultations with clients for improving their health by offering guidance on which essential oils to use.
- Discover which essential oils are best for aches and pain, respiratory issues such as allergies, emotional issues, and more.
- Learn blending techniques for making essential oil blends for body care products, such as bath salts, perfume sprays, lip balms, muscle salves, and more.
- Start your own private line of skincare products, how to teach aromatherapy, or start your own school.
- Learn advanced methods that integrate the chemistry for natural products that are safe for children, pregnant, nursing moms, the elderly, or animals.



# **COURSE DETAILS**

**Delivery Method** Online.

**Course Duration** Max 12 months – can be completed sooner.

**Qualification** Professional Certified Aromatherapist

Course Recognition The course is recognized for registration to the National

Association of Holistic Aromatherapy (NAHA).

Entry Requirements Basic computer skills, a willingness to learn, and passion for

Essential oils.

**Computer Requirements** Microsoft Word and Adobe PDF.



# **COURSE OUTLINE**

Complete all seven (7) of these modules:

# **Module One: Introduction**

Orientation, Assignments List, Downloadable Forms, Research Paper Guidelines, and Class Supplies List

# **Module Two: Aromatic Botany**

What is Aromatherapy, History of Aromatherapy, Aromatic Botany, Extraction Methods, Essential Oil Storage and Safety

# **Module Three: Blending Techniques**

Blending Techniques, Methods of Application, and Carrier Oil

# Module Four: Aromas and the Mind

The Limbic System, Stress Physiology, and the Endocrine System

# Module Five: Aromas and Self-Care

The Lymphatic System, and The Muscular System

# **Module Six: Aromatherapy Business**

Performing a Consultation, Product Development, Pricing, Labeling, and FDA Guidelines

# **Module Seven: Case Studies**

Case Study Instructions, Performing a Case Study, Case Study Documentation, and Client Intake Notes

#### **Resource Datasheets:**

Monographs Profiles of essential oils

# **Basic Recipes:**

Generic formulas for every product type



#### HOW DO I ENROLL?

- 1. Enroll via our website or by phoning our friendly staff at 727-688-2115.
- 2. Payment can be made online using a credit card. A payment plan is available for \$99 per month.

#### **UPON ENROLLMENT**

Upon enrollment and payment process, your course will be available under your profile under My Membership. You will have complete access to all course modules at signup. You will find many opportunities to enhance your knowledge of aromatherapy and essential oils. These include self-assessments, do-it-yourself practical activities, and other related exercises to help reinforce your learning. You will also be emailed a welcome letter with instructions for getting started (please read this carefully).

#### ASSESSMENT DEADLINES

To qualify for certification, all assessments must be satisfactorily completed within 12 months of your enrollment date. Refer to the course home page for further information.

#### TUTORIAL SUPPORT

Our tutors are available to offer guidance and support throughout your studies. Should you require tutorial support, we advise that you email your request and query to the institute and a tutor will be in touch.



#### CONDITIONS OF ENROLLMENT

Upon enrollment, you have read and agree to the following terms and conditions. This is a legally binding agreement, and you are liable for all payments, even if you discontinue your studies.

Refund Policy: Should the Institute cancel any course, participants are entitled to a

fullrefund; otherwise, no refund is granted.

Study Deferments: Requests for study deferments must be made in writing to the Institute.

Please get in touch with Aroma Hut Institute for further information.

Study Extension: Requests for study extensions must be made in writing to the college

Principal. Please get in touch with the Institute for further information.

Fees will apply.

**Disclaimer:** Every attempt is made to ensure that information from Aroma

Hut Institute is accurate and that the student has attained the knowledge taught in the course at the point of their assessment. Beyond this point, the graduate is responsible for maintaining their acquired competencies and applying acquired knowledge and skills in a way appropriate to the unique characteristics of each application. Aroma Hut Institute and its staff is released from any liability,

action, and claims of whatever nature, whether directions given during

the course are followed or not.

Copyright: Courses, course notes, and materials are not to be sold, loaned, copied,

or used in any way outside of the pursuit of studying the course by the person who is enrolled in the course; unless permission is sought and

granted in writing by the Institute.



# This course can be credited to the following courses:

- Aromatherapy Certification Level One
- Aromatherapy Certification Level Two
- Clinical Aromatherapy Certification Level Three

For further information, please contact the college on 727-688-2115 - or email us directly at <a href="mailto:info@aromahut.com">info@aromahut.com</a>

